

DS 1 Template

My Screenshots/Photos

- Please add 4–6 screenshots or photos of your digital life.
- You can use your phone or laptop.
- For each screenshot, write one or two sentences explaining what it shows.

Screenshot/Photo 1

[Insert Photo/Screenshot below]

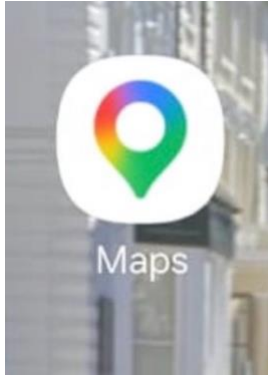


WhatsApp- Communication

This shows how I use WhatsApp to send messages, make calls, and share photos with my family and friends. It helps me stay connected with people in my daily life.

Screenshot/Photo 2

[Insert Photo/Screenshot below]

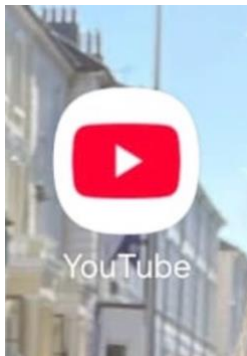


Google Maps- Navigation

This shows how I use google maps to find places, check directions, and plan journeys. It helps me travel more easily and find places I have never visited before.

Screenshot/Photo 3

[Insert Photo/Screenshot below]

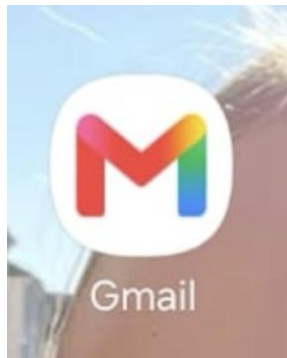


YouTube- learning and entertainment

This shows how I use YouTube to watch videos, learn new skills, and find information about different topics. It helps learn new things in my free time.

Screenshot/Photo 4

[Insert Photo/Screenshot below]



Gmail- Emails

This shows how I use Gmail to send and receive emails and keep important messages organised. It helps me communicate with my tutors, friends, and other people.

Screenshot/Photo 5

[Insert Photo/Screenshot below]

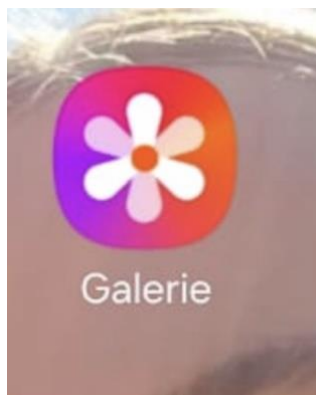


Photo Gallery- photos and memories

This shows how I use my gallery to store, organise and look back at my pictures and videos. It helps me keep my memories safe and organised.

Screenshot/Photo 6

[Insert Photo/Screenshot below]



Calendar- planning and organisation

This shows how I use my calendar to organise my daily activities, remember important dates and plan my study time. It helps me manage my time and remember appointments.

My Short Reflection

- Write 5–8 simple sentences about your digital life.
- You can use the sentence starters below if helpful.

I use digital tools everyday for communication, learning, travelling and organising my daily life. I use WhatsApp to communicate, Google Maps to find directions and YouTube to watch videos and learn new things. I also use Gmail to check my emails, Photo Gallery to store pictures and Calendar to organise my activities. I would like to improve my skills in Microsoft Word and Excel because they are useful for my studies and future career. I also want to learn how to use new digital tools safely and efficiently. I feel confident using my phone, sending messages, searching for information and using different apps. These digital tools make my day to day life easier because they help me communicate with others, find places and organise my time. Digital skills are important to me because technology is part of everyday life. Improving my digital skills will help me become more independent and confident in my studies and future work.

Sentence starters

- I use digital tools to ...
- I feel confident when I ...
- I want to improve ...

- I often use these tools: ...
- I sometimes feel nervous about ...
- I hope this module will help me ...
- Digital skills are important for me because ...

You can write more if you want.

Submission Checklist

Before you submit, please check:

- ☐ I added 4–6 screenshots
- ☐ I wrote short sentences for each screenshot
- ☐ I wrote my short reflection
- ☐ My work is my own
- ☐ My file opens correctly
- ☐ My file opens correctly