

The Therapeutic Process (Level 5)

This reading list is a starting point. At level 5 you are expected to widen your reading and look for source material beyond the recommended reading.

Remember to use the Harvard style of referencing for your work.

Module Code	
Module Title	
Classification	Reading List entry
Essential	Charura, D., and Paul, S., eds. (2014) <i>The therapeutic relationship handbook: theory and practice</i> . Berkshire, England: Open University Press/McGraw-Hill Education.
Essential	Cooper, M. (2003) <i>Existential therapies</i> . London: Sage.
Essential	Elliott, R., Watson, J.C., Goldman R.N. and Greenberg L.S. (2004) <i>Learning Emotion-focused therapy: the process-experiential approach to change</i> . Washington DC: American Psychological Association.
Essential	Joyce, P. and Sills, C. (2014) <i>Skills in Gestalt Counselling</i> . London: Sage
Essential	Mearns, D. and Thorne, D. (2013) <i>Person-Centred Counselling in Action</i> . London: Sage.
Essential	Moodley, R., Epp, L. and Yusuf, H. eds. (2012) <i>Counseling across the cultural divide: The Clemmont E. Vontress Reader</i> . Ross-on-Wye: PCCS Books.
Essential	Richards, C., and Barker, Meg J., 2015. <i>The Palgrave handbook of the psychology of sexuality and gender</i> . Palgrave.
Further	Bozarth, J., and Wilkins, P., eds., (2001) <i>Unconditional positive regard. Rogers' therapeutic conditions: evolution, therapy and practice</i> . Ross-on-Wye, Herefordshire: PCCS Books.
Further	Coplan, A., and Goldie, P., eds. (2014) <i>Empathy: philosophical and psychological perspectives</i> . Oxford: Oxford University Press.
Further	Douglas, B. and James, P. (2014) <i>Common presenting issues in Counselling and Psychotherapy</i> . London: Sage.

Further	Gregg, M. and Seigworth, G. J. (2010) <i>The Affect theory reader</i> . London: University of Duke Press.
Further	Greenberg, L. (2011) <i>Emotion-Focused therapy</i> . Washington D.C.: American Psychological Association.
Further	Haugh, S. and Merry, T. 2001. <i>Empathy (Rogers therapeutic conditions evolution theory and practice)</i> Ross-on-Wye, Herefordshire: PCCS Books. Howe, D. (2012) <i>Empathy: what it is and why it matters</i> . Basingstoke, Hampshire: Palgrave Macmillan.
Further	Nelson-Jones, R. (2011) <i>Six key approaches to Counselling and therapy</i> . 3 rd ed. London: Sage.
Further	Mearns, D. and Cooper, M. (2005) <i>Working at relational depth in Counselling and Psychotherapy</i> . London: Sage.
Further	Moon, L., <i>Counselling ideologies: queer challenges to heteronormativity</i> . Farnham, Surrey, England: Ashgate Publishing Company.
Further	Reeves, A. (2013) <i>An Introduction to Counselling and Psychotherapy: From Theory to Practice</i> . London: Sage
Further	Watson, C. J., Goldman, R., N., & Greenberg, L.S. (2007) <i>Case studies in Emotion-Focused: treatment of depression: a comparison of good and poor outcome</i> . Washington, DC: American Psychological Association.
Further	Wetherell, M. (2012) <i>Affect and emotion: a new social science understanding</i> . London: Sage.
Further	Wyatt, G., ed. (2001) <i>Congruence (Rogers' therapeutic condition, evolution theory and practice, volume 1)</i> . Ross-On-Wye, Herefordshire: PCCS Books.
Further	Reeves, A. (2013) <i>An Introduction to Counselling and Psychotherapy: From Theory to Practice</i> . London: Sage