

GHAZANFAR HUSSAIN

STUDENT NUMBER 2513364

MODULE NUMBER LCHS4001

ACADEMIC AND EMPLOYMENTABILITY SKILLS

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SUMMITTED 18/11/2025

I CHOSE TO BECOME A SOCIAL WORKER BECAUSE THE PROFESSION IS DEDICATED TO HELPING INDIVIDUALS FAMILIES AND COMMUNITIES OVERCOME CHALLENGES AND IMPROVE THEIR QUALITIES OF LIFE THIS ROLE IS MORE IMPORTANT AS IT PROMOTES SOCIAL JUSTICES EQUALITY AND HUMAN RIGHTS WHILE SUPPORTING PEOPLE IN TIME OF NEED SOCIAL WORKERS PLAY VITAL PART IN ISSUES SUCH AS POVERTY ABUSE AND MENTAL HEALTH ISSUE.ITS CORE RESPONSIBILITY ESSENTIALS SKILLS AND ETHICAL VALUES AS WELL AS THE SIGNIFICANT IMPACT SOCIAL WORKERS HAVE ON INDIVIDUALS AND SOCIETY BY SUPPORTING VULNERABLE PEOPLE. THE PROFESSION OPERATES ACROSS DIVERSE SETTING INCLUDING HEALTHCARE CHILD PROTECTION EDUCATION AND COMMUNITY SUPPORTS PROGRAM.SOCIAL WORKERS ARE UNIQUELY POSITIONED TO ADDRESS COMPLEX SOCIAL ISSUE FROM POVERTY AND DOMESTIC VIOLENCE TO MENTAL HEALTH DIFFICULTIES AND SUBSTANCE ABUSE.THE WORK IS GUIDED BY PRINCIPLE OF COMPASSION RESPECT EMPOWERMENT AND PRACTICE MAKE THE ROLE BOTH CHALLENGING REWARDS.

SOCIAL WORKERS MUST BUILD TRUST IN RELATIONSHIP WITH SERVICE USERS UNDERSTAND THEIR NEEDS AND PROVIDE SUPPORT THAT PROMOTES INDEPENDENCE AND WELL BEING THIS REQUIRES A PROFESSIONAL KNOWLEDGE PRACTICAL SKILLS AND PERSONAL ATTRIBUTION OF HELPING OTHERS TO SOLVE THE ISSUE THIS ROLE IS VITAL ENSURING THAT EVERYONE HAS ACCESS TO THE CARE UNDERSTANDING AND RESPECT THEY DESERVE TO HAVE.I CAN PROVIDE BOTH EMOTIONAL AND PRACTICAL SUPPORT TO FAMILIES AND THEIR WELL BEING.I CAN HELP CREATE POSITIVE CHANGE INDIVIDUAL LIVES BUT ALSO IN COMMUNITIES MAKING SOCIAL CARE AS ESSENTIALS DEEPLY PROFESSION. ANOTHER KEY SKILL IS EMPATHY TO ABILITY TO UNDERSTAND AND SHARE ANOTHER PERSONS FEELING ALLOWS SOCIAL CARE WORKERS TO CONNECT ON HUMAN LEVEL OFFERING EMOTIONAL SUPPORT AND COMPASSION WHICH CAN SIGNIFICANTLY IMPROVE THEIR CONFIDENCE AND WILLINGNESS TO SUPPORT PLANS. PROBLEM SOLVING AND THINKING ARE ALSO VITAL SKILLS THAT IS REQUIRED PRACTICAL SOLUTION AND QUICK THINKING OF MAKING DECISION. THE SKILLS ARE ONLY NOT HELPING TO MEET THE DIVERSE NEED OF SERVICES BUT CONTRIBUTE TO BUILD A

COMPASSIONATE AND EFFECTIVE SOCIAL CARE SYSTEMS. IMPROVING SKILLS AS A SOCIAL WORKER IS ESSENTIAL FOR PROVIDING THE HIGH STANDARD OF CARE AND MAINTAINING PROFESSIONAL GROWTH THE STRATEGIES THAT CAN HELP ME AND OTHERS STRENGTHEN THESE SKILLS ARE REFLECTIVE PRACTICE PROFESSIONAL DEVELOPE AND EFFECTIVE SUPERVISION AND FEEDBACK.

IN HEALTH AND SOCIAL CARE SKILLS ARE USED DIFFERENTLY DEPENDING ON THE SPECIFIC ROLE A NURSE USES A CLINICAL SKILLS TO CHECK VITAL SIGNS GIVING MEDICATION AND MONITOR A PATIENTS CONDITION. A CARER RELIES ON PRATICAL COMMUNICATION SKILLS TO SUPPORT DAILY ACTIVITIES SUCH AS WASHING DRESSING AND FEEDING WHILE KEEPING INDIVIDUALS SAFE AND COMFORTABLE. A SUPPORT WORKER USE INTERPERSONAL AND OBSERVATION SKILLS TO UNDERSTAND BEHAVIOR PROMOTE INDEPENDENCE. ALL ROLES USE TEAMWORK AND PROBLEM SOLVING SKILLS TO NEEDS EFFECTIVELY THESE SKILLS HELP ALL STAFF DELIVER SAFE PEOPLE CARE AND IMPROVE OVERALL WELLBEING FOR ALL SERVICES .

THE FIRST STRATEGY REFLECTS PRACTICE INVOLVED REGULARLY THINKING ABOUT ONE EXPERIENCE ACTION AND MAKING DECISION IN ORDER TO LEARN FROM THEM IT ENCOURAGES SOCIAL WORKERS TO ACCESS WHAT WENT WELL WHAT COULD HAVE BEEN DONE DIFFERENTLY AND HOW SITUATIONS CAN BE HANDLED BETTER IN THE FUTURE. REFLECTIONS PROMOTES SELF AWARENESS HELPS WORKERS TO UNDERSTAND THEIR STRENGTH WEAKNESS EMOTIONAL RESPONCE THIS PROCESS HELPS SOLVE PROBLEMS AND DECISION MAKING SKILLS LEADING TO MORE THOUGHTFUL AND EFFECTIVE PRACTICE

THE SECOND STRATEGY CONTINUES FOCUSING ON LIFELONG LEARNING THROUGH FORMAL AND INFORMAL TRAINING SOCIAL CARE IS A CHANGING FIELD AND STAY UPTO DATE WITH NEW LAWS POLICY AND BEST PRACTICE IS ESSENTIALS ATTEND WORKSHOPS COURSES AND ONLINE SEMIMNAR ALLOWS WORKERS TO GAIN NEW KNOWLEDGE AND PRACTICAL SKILLS THAT CAN HELP BUILD TO SUPPORT CLIENTS ALSO BOOSTS CONFIDENCE AND MOTIVATION AS WORKER FEELS MORE EQUIPPED TO HANDLE THE SITUATIONS LEARNING FROM CASES AND SHADOWING EXPERIENCED CAN PROVIDE VALUABLE INSIGHT INTO DIFFERENT APPROACH AND TECHNIQUES USED IN REAL LIFE.

THE THIRD STRATEGY EFFECTIVE SUPERVISON FEEDBACK IS A KEY TO PROFESSION GROWTH SUPERVISION PROVIDES A SAFE SUPPORTIVE SPACE TO DISCUSS CASES SEEK GUIDANCE AND REFLECT ON PERFORMANCE FEEDBACK FROM SUPERVISORS HELPS TO INDENTIFY AREA. FOR IMPROVEMENT WHILE REINFORCING GOOD PRACTICE ENSURES ACCOUNTABILTY SUPPORT AND PROFFESIONAL BOUNDARIES REDUCING STRESS IT COURAGE OPEN COMMUNICATION HELPS SOCIAL CARE WORKERS FEEL VALUED AND SUPPORTED WITH THE TEAM USING REFLECTIVE

PRACTICE CONTINUE PROFESSIONAL DEVELOPMENT AND EFFECTIVE SUPERVISION. AS STRATEGIES CAN IMPROVE THE SKILLS OF SOCIAL CARE THESE APPROACH PROMOTE LEARNING SELF AWARENESS AND RESILIENCE ENSURING THE WORKER CONTINUE TO GROW PROFESSIONALLY DELIVERING COMPASSIONATE PERSON WHO NEED CARE TO THOSE WHO NEEDED IT THE MOST.

IF YOU DONT HAVE THE SKILLS OF SOCIAL WORKER THERE ARE SEVERAL WAYS TO DEVELOP THEM IT CAN LEAD TO POOR QUALITY CARE AND INCREASED RISKS FOR SERVICES USERS THEY MAY FAIL TO COMMUNICATE EFFECTIVELY RECONISES NEEDS OR RESPOND SAFELY IN CHALLENGING SITUATION THIS CAN HARM AND REDUCE TRUST AND AFFECT CLIENTS WELL BEING ITS ALSO IMPACTS ON THE TEAM AS COLLEAGUES MAY NEED TO CORRECT MISTAKES OR TAKE ON EXTRA WORK LEADING TO STRESS AND CONFLICT THE ORGANISATION MAY FACE COMPLAINTS LEGAL ISSUE OR A BAD REPUTATION FOR THE SOCIAL WORKER THEMSELVE A LACK OF SKILLS CAN CAUSE LOW CONFIDENCE AND LIMITED CARREER OPPORTUNITIES.

HAVING STRONG SKILLS HELPS NURSES CARERS AND SUPPORTER WORKERS DO THEIR JOBS MORE EFFECTIVELY AND SAFELY EXCELLENT COMMUNICATION SKILLS ALLOWS THEM TO UNDERSTAND PATIENTS NEEDS. GIVE CLEAR INSTRUCTIONS AND BUILD TRUST PRACTICAL AND CLINICAL SKILLS THAT CAN PROVIDE THE CORRECT SKILLS SUCH AS MANAGING MEDICATION ASSISTING WITH DAILY ACTIVITIES SOLVING AND DECISIONS MAKING SKILLS HELPS THEM RESPOND TO EMERGENCIES AND MAKE THE RIGHT CHOICE INTERPERSONAL SKILLS IMPROVES RELATIONSHIPS AND EMOTIONAL SUPPORT TIME MANAGEMENT SKILLS ALLOW STAFFS TO ORGANISE TASKS AND REDUCES STRESS ALTOGETHER. THESE SKILLS IMPROVE THE QUALITY OF CARE AND PROTECT SERVICES AND CREATE A MORE EFFICENT CONFIDENT WORK.

CONCLUSION

A SOCIAL WORKER PLAYS A VITAL ROLE IN PROMOTING SOCIAL JUSTICES ADVOCATING FOR VULNERABLE POPULATION AND FOSTERING COMMUNITIES WELL BEING THE WORK REQUIRES COMPASSION RESILIENCE AND A COMMITMENT TO INDIVIDUAL AND FAMILIES TO OVERCOME CHALLENGES. THROUGH COUNSELING RESOURCES COORDINATIONS AND POLICY ADVOCACY.SOCIAL WORKERS BRIDGE THE GAPS BETWEEN SOCIETY AND THOSE IN NEED ENSURING TO SERVICES AND SUPPORT.THE EFFORTS. NOT ONLY ADDRESS TO CONCERN BUT CONTRUBUTE TO LONG TERM POSITIVE CHANGE BY UNDERSTANDING DIVERSE PERSPECTIVES AND PROMOTING INCLUSIVE SOCIAL WORKER REMAINS IN BUILDING STRONGER HEALTHIER AND MORE EQUITABLE COMMUNITIES FOR EVERYONE.

REFERENCE

O HARE T 2022 ESSENTIAL SKILLS OF SOCIAL WORK PRACTICE ASSESSMENT
INTERVENTION AND EVALUATION OXFORD UNIVERSITY OFTEN USED AS CURRENT
SKILLS BASED RESEARCH.

VALUE THE SOCIAL WORKER COMPETENCIES ADD TO HEALTH SOCIAL CARE REVIEW
2020 RELEVANT FOR COMPETENCES DISCUSSION HEALTH SOCIAL CARE IN THE
COMMUNITY.

SOCIAL WORKER ENGLAND PUBLIC PERCEPTION OF SOCIAL WORK IMPACT OF ROLE
WWW.SOCIALWORKENGLAND.ORG.UK

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE (NICE) 2024 GUIDELINE
FOR HEALTH WELLBEING AND SOCIAL CARE WWW.NICE.ORG.UK

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NHS CAREER SERVICES ROLES OF SOCIAL HEALTH CARE SKILLS