

Basic Digital Safety

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Introduction

Digital safety is all about looking out for your well-being in the online world. It's the art of keeping your digital identity, data, and personal information safe from potential threats like cyberattacks, identity theft, online harassment, and privacy breaches. This includes using strong, unique passwords, keeping your software and antivirus tools up to date, being cautious about sharing personal information online, and staying informed about the risks that come with the digital territory. (Easy Llama 2023)



Online Digital Safety Tips



3 metrics for Digital Safety

1. Categorization of Metrics: The paper proposes grouping digital safety metrics into three categories: Impact Metrics: These measure the effects of digital safety interventions on individuals and provide insights into patterns of lived experiences. Risk Metrics: These enable the detection and mitigation of potential harms. Process Metrics: These cover the approach, implementation, and outcomes of systems relating to digital safety.
2. Practical Application: The paper emphasizes the importance of practical application of these metrics to assess current safety measures, guide future improvements, and ensure accountability for digital services.
3. Data Access and Collaboration: The document highlights the significance of diverse datasets in digital safety and encourages stakeholders to collaborate on data access while addressing privacy and security concerns.
4. Continuous Improvement and Accountability: The paper stresses the need for continuous improvements in safety measures and increased accountability for digital safety to promote a safer online environment. (Ami Kumar 2024)

Reflection on Digital Safety

We must be protected from extremist content, scams and predators among other things. In today's age, where technology connects us instantly, ensuring we can navigate the online world safely is crucially important for everyone, especially young people like me.

Conclusion

In conclusion anytime I have go to on website I need to make sure to page web I'm in to are save or secure also my internet broadband are safe. However I look forward to increasing in my knowledge of internet safety in the future.

References

Easy Llama(2023) definition to Digital Safety Easy Llama Inc(Google)

Ami Kumar(2024) tips for Digital Safety online published by Social and Media Matters on (Linkedin, Google)