

PESS approach to Teaching Dance - Key Stage 2

Lesson 6

Outcomes Lesson 6

- Create and perform a dance in pairs that demonstrates unison and a variety of dance actions
- Describe what they have included in their dance using key words
- Increase the amount of time over which they can sustain activity

Recap

Recap all the phrases learned so far: 'Going to the party' Phrase, 'Pass the parcel' phrase, 'musical statues' phrase and 'hokey-cokey' phrase. Use key words to help pupils remember each phrase and the mood/qualities of each phrase.

Explore

Explore joining the phrases together so they link smoothly together. Try different orders for the games phrases.

Create

Create a paired Birthday party dance using a move cube to decide in which order the party games phrases should be danced. Or pupils could decide in which order they dance them. Allow time for pupils to practice so that each section flows together smoothly. Keep reminding the pupils of the key words associated with each section of the dance. Pupils should demonstrate unison in their dance.

Intervene

Discuss unison - what is it? Highlight pupils performing effective unison. What are they doing to create this effective unison? Highlight pupils who have linked the phrases together smoothly. Ask pupils to describe what they are seeing and doing using key words. Ask them what is happening to their bodies as they dance for longer. What do they need to do in order to be able to keep dancing for longer? What might happen to the end of the dance? They might go wrong or lose timing or unison, etc - how can they stop this happening?

Perform

Each pair performs to another pair.

Evaluation

Pupils self-evaluate using evaluation sheet 3.