



Prifysgol Cymru
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SHSS6067

Sports Trauma Management Introduction to the Module

*Trawsnewid Addysg; Trawsnewid Bywydau
Transforming Education; Transforming Lives*



www.uwtsd.ac.uk

Learning outcomes

Upon completion of this module, you should be able to demonstrate the ability to apply the principles of initial assessment in Immediate Care in Sport to the injured/ill athlete.

- Identify the need to ensure the safety of the medical team before approaching and assessing an injured/ill player. •
- Identify the correct sequence of priorities for assessment of an injured/ill player.
- Apply the principles in the primary and secondary evaluation surveys to the assessment of an injured/ill player.
- Apply guidelines and approved techniques in the initial resuscitation of the injured/ill player.
- Explain how the player's medical history and the mechanism of injury contribute to the identification of conditions.
- Understand the importance of re-evaluation of the injured/ill player.
- Identify the role of the secondary survey understanding when this is applicable and the process.
- Identify how to correctly prepare an injured/ill player for transfer to definitive care understanding the importance of documentation and communication with the receiving hospital.

Sports Trauma Management requires a calm, systematic evaluation of the injured player

Algorithms

- SAFE Approach
- Primary Survey (with Resuscitation as required)
- Secondary Survey
- Definitive Care (onward referral)

Rescuer Safety

Your safety is the priority! Protect yourself

- Are you wearing:
 - Gloves on BOTH hands?
 - Appropriate clothing inc. Hi Vis Bib?
- Do you have the appropriate vaccinations (Hep B?)
- Covid Vaccinations

Rescuer Safety

S – Shout for help (let colleagues know you are entering the field of play!)

A – Assess the Scene

F – is it Free from Danger?

E – if so, Evaluate the Player

Rescuer Safety

Also consider the medical room environment

- Disposal of contaminated waste
 - Sharps bins
 - Clinical waste bags



SAFE APPROACH?

https://www.youtube.com/watch?v=tp7aVbu5_8

<https://www.coventrytelegraph.net/sport/rugby/broadstreet-physio-tackles-worthing-player-14404470>

What makes you an effective pitchside practitioner?

Summary

- Algorithm led approach
- Starts with SAFE approach
- **S** – **S**hout for help
- **A** – **A**ssess the Scene
- **F** – **F**ree from Danger
- **E** – **E**valuate Player
- Being Effective & Professional as a Pitchside Pratitioner