

Academic Skills : (LCLM4001_LON)

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Contents

Contents.....	2
Introduction	3
Description of experience	4
Analysis and personal reflection	5
Conclusion	6
Reference list	7

Introduction

This report and account is a basis for what we have gone through during the course, which includes, course overview, approach, reflection and analysis, different methods, personal development and personal reflections such as what I have learned and what will be useful for me, in my future education and development path and profession.

I also go through what has been good and bad about the course, different challenges and my personal development curve such as what went well and badly personally for me and what I could have done better.

Description of experiences

One of the strongest experiences and activities that I have from the course is Note-taking which was a very useful task and educational for me as this has always been difficult for me. For example, when I listen to a text or lecture, I easily lose focus. But thanks to these different approaches and systems it is really something I will take with me for future studies.

The different methods were

Diagrams/charts

Linear notes

Table notes

Connell notes

The assignment was Activity 1- Taking notes

Listen to a conversation about personal motivation (we listen to the first 7 minutes and 30 seconds). Take notes on the most important facts or opinions that you hear. for Diagrams/charts tic .

I like to draw the diagram in a system and it suits my focus, and becomes very structured, with a diagrammatic method, so you note the topic in the middle and then you can draw the diagram as, for example, a tree where the topic in the middle is the tree trunk I would describe it as and branches as main point, to each branch at the far end are leaves which are different subpoints.

For me it was a new tool and something that I wish had been available in my previous student life, but definitely something that I will take with me in future studies and professional life.

Analysis and personal reflection

I am very happy with how I have gone through the first part of this course, with what it includes management planning, structure, and time-wise, getting everything together from a full-time job from Monday to Friday and planning the weekend to get to London, but I think I made the best of the situation, unfortunately I got a 3-week cold which was very difficult and I was stressed out by it as I am normally never sick, and I feel like I lost a bit there but tried to follow online and got good help from other course students.

As I mentioned earlier, it is important for me that there is a quiet and focused atmosphere in the classroom, and since my previous education is only from Sweden, which is an extremely strict classroom, this was something new for me to speak out loud, with that said, I mean that it is a fantastic and very colorful class with many different individuals and we all come from different countries and different experiences of how it should be in a classroom, however, what is a disadvantage for me when everyone speaks out loud, it becomes very messy in my focus and I have difficulty focusing, so this was something new for me and negative as I became a little withdrawn and did not dare to express myself, which I usually have very easy time doing.

My strength during this time has been my management and planning, that I am very structured and plan the time well to be able to get to school, with all the obstacles that means both with trains and traffic.

I feel that I have developed as a student and am much more structured on the course and more interested than I was several years ago when I last studied. I have a significantly greater interest in being a student and I would say that it is related to the quality of the school and the education. Above all, I think that I am very satisfied with the teacher's arrangements and capturing the class's interest. It is also something I find difficult to sit and listen to, for example, a lecture that does not have an arrangement, and something that I am incredibly satisfied with is that the teacher of this class keeps the time. For me, it costs both time and money to be in London to study and then I believe that the schedule should be kept, both with start and end times, and I think that has really made this course so I am very grateful for it.

Conclusion

To evaluate these first 10 weeks, it has been a challenge, and the excitement as I was a little unsure if I would be able to get everyday life together and what exactly it means to be a student in the UK since I only have experience of the Swedish school.

I am grateful that I have been able to learn new ways of learning, and how to organize my studies which I will really use for future student life and professions.

It has also been inspiring to meet the class that comes from other countries to hear their journey and development, I think it is extra inspiring and useful to get a very new perspective on life when you hear other people's stories. .

I have also had the opportunity to encounter a completely new part of London as I have never been to Canary Wharf before, and also that we have the opportunity to have a fantastic, inspiring and fun teacher.

I think the rest of this education will be easier because now I know how it works, how it is structured, and got to know the class and the school. So I would say that I will be more relevant to the course of the education when the nervousness has subsided and I know everything. and I also think that it is very good to have a break now between studies to reflect and capture all the information, get a little break and more social life, recharge the batteries and feel that I will come back with focus and arrangements for the next part of the course.

Reference list

BBC (2019) *The Psychology of Motivation and Procrastination* [podcast] Available at:
<https://www.bbc.co.uk/sounds/play/m0005t4x> (Accessed 13.09.2021)