



APPLICATION FOR ETHICAL APPROVAL – BA level

CAIS AM GYMERADWYAETH MOESEGOL – Lefel BA

Mae'r ffurflen hon i'w chwblhau gan bob BA myfyrwr. Rhaid i bob ffurflen gael ei ystyried gan diwtor y modiwl. Dylai un copi o'r ffurflen yn cael ei roi ar y ffeiliau Gyfadran ac un copi cadw ar y ffeil myfyrwr.

This form is to be completed by all BA students conducting research, projects or productions. This form should be completed by the student. All forms must be considered by the Module tutor. A copy of the form must be kept centrally and on the student file.

ADRAN 1 – MANYLION MYFYRIWR

SECTION 1 - STUDENT DETAILS

Enw Llawn Full Name	Christian Mort		
Ysgol/Cyfadrn/ School/Faculty	UWTSD	Rhif Myfyriwr Student Number	1707526
Cydlynnydd prosiect / Tiwtor Module Tutor/ Programme Co-ordinator	James Prosser	Enw'r Gradd Name of Degree	Sport Management

Teitl dangosol yr Traethawd Hir:

Indicative Title of Dissertation:

A critical review of the mental health promotion in a Pre Youth Training Scheme – Case Study

**ADRAN 2 – MANYLION CYFRANOGWYR /
CYNULLEIDFA**

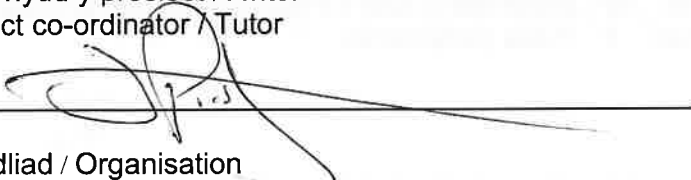
**SECTION 2 - PARTICIPANT / AUDIENCE
DETAILS**

Pwy yw'r cyfranogwyr arfaethedig?	Who are the intended participants?	Ydw / Yes	Na / No
Myfyrwyr / staff Y Drindod Dewi Sant	Students / staff of Trinity Saint David		
Oedolion (dros oed 16 ac yn gymwys i gydsynio)	Adults (over the age of 16 and competent to give consent)		
Plant a phobl ifanc dan oed	Children / legal minors	✓	
Cleifion neu gleientiaid gweithwyr proffesiynol	Patients or clients of professionals		

6.	A fyddwch yn cael cydsyniad gwybodus ysgrifenedig gan eich cyfranogwyr?	Will you obtain written informed consent from your participants?		
			Ydw / Yes	Na / No
A	Os na fyddwch, pam hynny?	If no, why not?	✓	
B	Os byddwch, sut byddwch yn sicrhau cydsyniad gwybodus?	If yes, how will you secure informed consent?	Sign	
Rhowch eglurhad / Please explain:				
Cynhwyswch gopi o'r ffurflen gydsynio os ydych yn defnyddio un.			Please include a copy of the consent form if you are using one.	

ADRAN 4	SECTION 4
CEFNOGWYD /APPROVED	NIS CEFNOGWYD/ NOT SUPPORTED
Datganiad Mae'r wybodaeth a gynhwysir yma yn gywir, hyd eithaf fy ngwybodaeth a'm cred. Rwyf wedi ceisio dynodi unrhyw risgiau a phroblemau sy'n gysylltiedig â'r prosiect / ymchwil neu gynhyrchiad ac rwyf yn cydnabod f'ymrwymadau innau a hawliau'r cyfranogwyr.	Declaration The information contained herein is, to the best of my knowledge and belief, accurate. I have attempted to identify any risks and issues related to the project/research or production and acknowledge my obligations and the rights of the participants.

Llofnodau Dylai'r ffurflen hon gael ei chwblhau a'i llofnodi gan y myfyriwr a'r Cydlynnydd y prosiect /Twitor	Signatures This form should be completed and signed by the student and the Module tutor/Programme Co-ordinator.
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Myfyriwr / Student <i>chrismort</i>	Dyddiad: / Date: 30/1/2020
Cydlynnydd y prosiect /Twitor Project co-ordinator / Tutor 	Dyddiad: / Date: 30/1/2020
Sefydliad / Organisation 	Dyddiad: / Date:



PRIFYSGOL CYMRU

Y Drindod Dewi Sant

UNIVERSITY OF WALES

Trinity Saint David

Cyfranogwr Rhif Adnabod:
Participant Identification Number:

CWESTIYNAU CYFWELIAD SAMPL

SAMPLE INTERVIEW/ SURVEY QUESTIONS

TEITL Y PROSIECT: / PROJECT TITLE: A critical review of the mental health promotion in a Pre Youth Training Scheme – Case Study

1	Are you aware of the mental health increasing diagnosis within UK sport?
2	How many symptoms can you name within the mental health approval form?
3	Would you know if you yourself were struggling with mental health issues?
4	If your answer to question 3 was yes, please explain how you would know?
5	What actions would you take if a fellow teammate was struggling with mental health issues?
6	Do you think having mental health issues would affect your social life?
8	In your opinion, do you think mental health would affect for your football?
9	Do you know of anything in place at your club that treats players suffering with mental health?
10	Is there a history of mental health issues within your family that you know of.

ENW A CHYFEIRIAD YR YMCHWILYDD

NAME & ADDRESS OF RESEARCHER

Christian Mort. 96 Cwm Level Road Swansea



Cyfranogwr Rhif Adnabod:
Participant Identification Number:

FFURFLEN GANIATÂD CYFRANOGIAD

SAMPLE PARTICIPANT INFORMATION SHEET

TEITL Y PROSIECT: / PROJECT TITLE:

Dear Participant:

My name is Christian Mort and I am studying in the University of Wales Trinity Saint David.

I would like to invite you to participate in my research project. This project will be based on Assessing the Mental Health Promotion in a professional football clubs pre-youth training scheme. *Attached to this letter is a short questionnaire developed by myself which will assess the coach and participants at the club. I believe your opinions will be extremely helpful to me.

Through your participation in the questionnaire and interviews, I hope to identify the key triggers to mental health in young football academy players. I will also be looking for information on how much the young footballers at your academy know about mental health and the different types of mental health disorders that can occur within males. This will help me to look at how vulnerable these boys could be to mental health issues.

All questionnaires will be kept strictly confidential to the researchers involved and at NO time will individual questionnaires be released to the general public. This gives you a chance to express your views on your programme a confidential and anonymous forum and still be able to make a difference. Your participation in this study is completely voluntary so you can withdraw from the questionnaire at any stage. Our questionnaire should take about 5-10 minutes to complete, but there is no time constraint. There are also no right or wrong answers.

The results of this questionnaire will hopefully enhance my understanding of how mental health is a growing concern within football clubs along with the knowledge that we should be putting into these young players. The results of the research will be fed back to lectures and the sport department at University of Wales Trinity Saint David. We thank you in advance for your time and participation. If any questions do arise, feel free to contact me at your convenience.

Thank you

Christian Mort (UWTSD Student)