



Reflective Report

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In this report I will be writing about my experience what its all about learning about the academic skills and what are the advantages of learning and being to use the tactics in my daily life work wise and my personal life.

From my perspective as I use my computer nearly every day learning easier ways to use such time management which since I've joined university and attended classes, I've managed to get a lot of things coordinated right and managing my time very wisely and relaxing as from my own experience not managing time properly can create a very stressful life. I have also learned a very critical thing is to communicate in my times where I need to communicate as I am very a shy and quiet person and never asked for help when I needed it which now I have improved to ask for help in times of needs thanks to being showed that asking for help is a very human thing to do. Daniel had a lot of change into the way that I learned by showing us different perspectives of time management, critical thinking etc and in this way he myself and my classmates pick up new skills because I like to think that every person learns and understands certain things in different ways and by Daniel showing us different methods such videos, examples and class activities which nobody left his class without some important

My positive points what I have gathered from my classes is that I have picked up a lot of confidence not only in my academic skills but my every day life such as critical thinking which has gained me a lot of positivity to think for my actions and to use my mindset right and to extend my options and not only in my academic life but my every day life. Daniel made me extend my mindset in a way that my life has gone through a very big transformation academic and personally and has guided me to open my brain to wide range of ideas and goals to set in my life. The thing that I didn't quite understand which made me struggle is the techniques and different formalities of texts and digital literacy as it's very difficult to find the truth on browser about any topic of research. Research is a very important and critical criteria of my academic year and my daily knowledge so I've Putten a lot of effort into being able to perfect my skills into research as its one of the most important tasks that I found that helped a lot when it came to my academic career and following towards my business and many more. I have also took a very big learning step into my critical thinking as it boosted my confidence to widen my area of knowledge and implement into my life which has made dramas tic change and a lot of ease which since I started my academic career I didn't know about such subjects and now I have eased my business loads of my shoulders and my university and I feel like I got a balance and a stabilisation