



HEALTH AND SAFETY IN THE HOUSEKEEPING DEPARTMENT

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BMIH4006

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EQUIPMENT

- Make sure you are using a good working cleaning trolley
- Use rubber gloves and glass when cleaning with any bleach or heavy chemicals (The QHotels)
- Before using an abrasive scrubber make sure is not faulty and you've got proper training
- Be careful when using chemicals
- Use a sign about wet floors when mopping (The Qhotels)



MANUAL HANDLING

- Before starting handling, check the weight of the moved load, and how far needs to be moved. (HSE, 2016)
- Take good posture before start moving a staff. Bend your knee before picking it up, and keep the item close to your body. (Holistic Bodyworks)
- Avoid heavy loads
- Ask for help when needed
- Do not lift anything heavier than you can (GOV)



CLEANING CHEMICALS

- Read the carefully labels, and follow the instructions on it
- Do not mix any chemicals – that can be dangerous, for example, ammonia and chlorine bleach can create a highly toxic gas (HSE,2016)
- When using specific chemicals – personal protective should be used like goggles, gloves, apron (Cassado M., 2012)
- Chemicals should be used in well-ventilated areas (HSE)



SLIP, TRIP AND FALLS

Use a caution sign when mopping the floor or any spills on the floor to make awareness of slippery floors people (Suitelife)

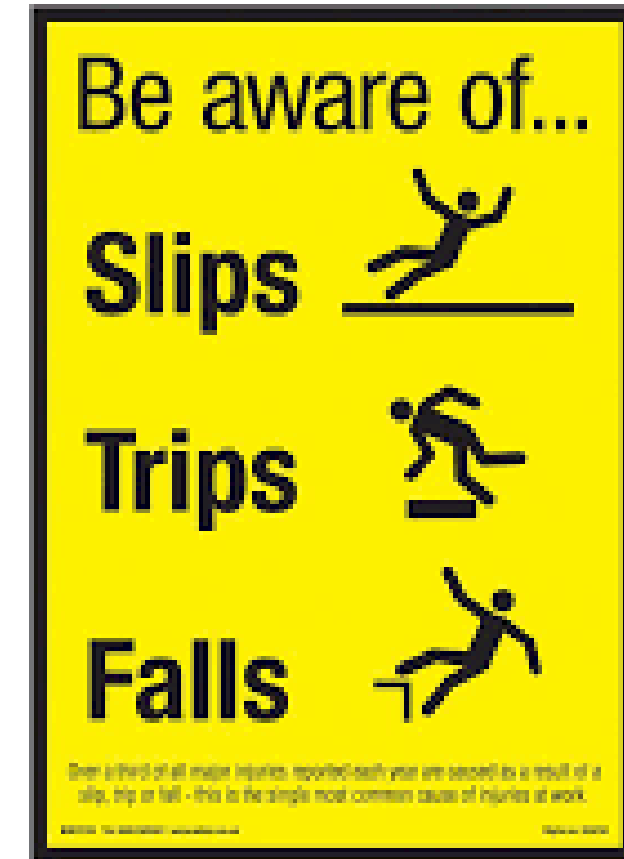
Use the right cleaning method and the right amount of detergent

Remove any obstacles from the floor to prevent trips

Cords and cables not should be on the walking path

Never pull a cleaning trolley because that can obstacle your view

Report immediately any hazards to the manager



FIRE SAFETY

- Never block any fire exit
- If you notice any fire – raise the alarm and leave the building by the nearest emergency exit to the assembly point
- Learn the location of the fire extinguisher and the escape route.
- Learn an emergency fire plan (Chad Conor, 2021)
- Make sure there is an evacuation plan in each room.



INFECTION CONTROL



- Wash your hands regularly, use hand sanitizer
- You must wear plastic aprons and waterproof protective gloves when cleaning infected areas (HSC)
- Clean with strong detergent high-touched areas like bathrooms
- Follow the protocol of handling waste



PERSONAL HYGIENE

- Always have a clean uniform
- Wash your hands regularly
- When you are sick – try to avoid coming to work
- Have all cuts covered by blue dressing
- Cover mouth with tissue when sneezing or coughing, dispose after immediately to bin (NEA



COSHH

- Rules of chemical storage need to be followed
- Should know what product is used and how it reacts
- Follow procedures in emergencies or accidents
- Never mix chemical substances
- Protective equipment needs to be worn when using chemical



Health and Safety in the housekeeping department should be prioritized.

Health and Safety should be followed to achieve cleanliness in a safe environment for workers and our guests. If we follow all safety protocols, that can protect us and our guests from incidents and accidents, and protect our reputation.

Together we can keep on high level health and safety standards.

Thank You !



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