

Study Plan for BMHP5019_BIRM – Component 1

Time Frame: Three Weeks

Goal:	To complete the research proposal while maintaining quality and meeting all requirements	
Week 1 Topic Selection and Initial Research	Day 1	Understand Requirements and Brainstorm Topics - Review the task brief to fully understand requirements. - Brainstorm potential topics related to health, social care, and/or digital health professions. - Shortlist 2–3 topics of interest.
	Day 2	Finalise Topic and Draft Review Question - Select a topic from the shortlist based on feasibility and relevance. - Draft a clear review question (e.g., "What is the evidence regarding [specific topic] in [specific population/context]?"). - Define the objectives of the review.
	Day 3-4	Conduct Preliminary Literature Search - Search academic databases (e.g., PubMed, Scopus, UWTSD Library) for peer-reviewed primary and secondary studies on the topic. - Save articles and organize them into folders. - Summarise findings from 5–10 initial studies to support the topic's importance.
	Day 5-6	Develop the Proposal Outline - Create a detailed outline with sections for: - Introduction: Topic, review question, and objectives. - Rationale: Importance of the topic. - Methods: Scoping review methodology. Thematic analysis. - Ethical Considerations: Ethical issues in secondary research.

	Day 7	Expand on the Rationale Section - Justify the relevance of the topic using peer-reviewed literature. - Highlight its importance to health, social care, and/or digital health professions. - Cite all sources using the University's Harvard referencing style.

Week 2: Write the Proposal Draft	Day 1-2	Write the Introduction and Rationale - Write the Introduction, clearly stating the topic, review question, and objectives. - Expand on the Rationale using evidence from the literature.
	Day 3-4	Write the Methods Section Outline the scoping review methodology: - Databases to search and search terms. - Inclusion/exclusion criteria. - Approach for analysing and summarising findings.
	Day 5	Write the Ethical Considerations Section Address ethical issues related to secondary research: - Transparency in reporting. - Intellectual property considerations. - No use of identifiable patient data.
	Day 6-7	Combine Sections and Review for Coherence - Merge all sections into a single document. - Ensure logical flow between sections. - Add headings, subheadings, and ensure adherence to formatting guidelines (Arial, size 11, 1.5 line spacing).

Week 3: Edit, Revise, and Finalise	Day 1-2	Review and Edit for Clarity • Check for coherence and eliminate redundant or unclear sentences. • Ensure each section aligns with the task requirements.
	Day 3	Proofread and Format • Proofread for grammar, spelling, and punctuation errors. • Ensure the document follows submission requirements, including cover page and headings.
	Day 4-5	Compile the Reference List • Create a reference list of all cited sources using the University's Harvard referencing style. • Double-check citations for accuracy and consistency
	Day 6	Perform a Final Review • Read through the proposal one last time to ensure quality and adherence to guidelines.
	Day 7	Submit the Component 1 Research Proposal • Submit the final component 1 research proposal via the designated portal (e.g., Turnitin).