

About Me

I am a loving, caring and committed midwife. I am very passionate about what I do, particularly focusing more on mothers who are expecting along with their families. The best part of my job is showing lots of support to women who expect, go through postpartum recovery as well as labor. I like to make sure their emotional, mental and physical health comes first as my patients well-being is just as important. I am dedicated to help these women and give useful information for them to have an easy birth and look forward to it.

I studied for 4 years in University of Wales. I graduated with a bachelor of midwifery. During my time there, I gained many skills and hands on experience such as, introduction to labor support, breastfeeding and prenatal care. I believe I have a strong ability to build great connections with patients and earn their trust, including coming together as a team in the healthcare department to ensure we deliver extra care to our patients individually.

Additionally, I am very excited and eager to share my knowledge as well as my skills and show support to many women along with babies in the local community.

Reference

Available upon request

MINA AFZALI

MIDWIFE

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Address

Cardiff

Experience

Midwife

Heath hospital

Cardiff

2020 - Present

I am a professional midwife with 4 years of experience. I have worked with a number of patients with dedication and motivation to provide gentle, empathetic and loving care during the childbirth procedure. Supplying my patients with prenatal care, including labor and postpartum monthly. I would be involved in deliveries, help them with birthing techniques and guarantee patients well-being, reassuring them with comfort. With my skills and knowledge, I taught my new patients to prepare for breastfeeding, labor and how to take care of a newborn. I ran laboratory tests and assisted physical examinations as well as helping the health team to develop individualised care plans.

Skills

- Great communication and employability skills
- Knowledgeable in treating pain and giving out information on birthing techniques
- Outstanding time management skills
- Great organisational skills
- Able to remain calm in difficult situations, specially under pressure.
- Baby monitoring

Education

2016 - 2020

Bachelor Of Midwifery

University Of wales

I graduated with a Bachelors degree in midwifery where I gained a lot of knowledge, skills and hands on experience, including clinical skills, all about newborn health and how to manage maternal patients.