

Menu Engineering

Name: Jusna Khanom
Student ID number: 2218814
The module title: Food & Beverage Operations:
(BMIH4002)
Lecturer's name: Rohan Dubrey
Date: 17th February 2023

Hotel Trinity

Valentine's Day

Prix Fixe Menu

Starters

Prosciutto-Wrapped Scallops with Red Pepper Coulis
Smoked Salmon and Avocado Salad with Lime and Chive Dressing
Caramelised Onion and Goats Cheese Tart with Mixed Salad Leaves (V)

Entrees

Grilled Rib-Eye Steak with Peppercorn Sauce and Roasted Potato Wedges
Pan-Seared Sea Bass with Lemon Butter Sauce and Sautéed Green Beans
Stuffed Bell Peppers with Rice, Quinoa, and Mixed Vegetables (VE)

Desserts

Dark Chocolate and Raspberry Tart with Whipped Coconut Cream (VE)
Sticky Toffee Pudding with Vanilla Ice Cream and Caramel Sauce (V)
Strawberry and Champagne Sorbet with Fresh Berries and Mint Leaves (VE)

Beverages

A glass of sparkling wine or non-alcoholic beverage to toast the occasion
Coffee or Tea service to finish the meal

Price: £69.00 per person.

50% deposit to be paid at the time of booking.

An optional 12.5% service charge will be added to your bill.

The food and drinks served may come into contact with allergens during preparation, and the menu may not list all ingredients. Customers should inform staff of any allergies or intolerances before ordering to ensure their safety.



(V) = Vegetarian, (VE) = Vegan

Reference List:

Delicious Everyday (2011) *Strawberry Sorbet*. Nicole. Available at: <https://www.deliciouseveryday.com/strawberry-sorbet/> (Accessed: 12 February 2023)

Dubrey, R. (2023) *Menu Engineering*. UWTSD class slides week 4. Available at: https://moodle.uwtsd.ac.uk/pluginfile.php/675818/mod_resource/content/1/Week%204%20Menu%20Planning%20Spring%2023.pdf (Accessed: 12 February 2023)

Fox News (2020) *The best Valentine's Day restaurant specials this year*. Available at: <https://www.foxnews.com/food-drink/best-valentines-day-restaurant-specials> (Accessed: 12 February 2023)

Hollywood, P. (2022) *Dark Chocolate and Raspberry Tart*. Bake. My Best Ever Recipes for the Classics. Bloomsbury Publishing.

Hokkanen, S. (2022) *Guide for Creating a Prix Fixe Menu*. TouchBistro. Available at: <https://www.touchbistro.com/blog/pocket-guide-for-creating-a-prix-fixe-menu/> (Accessed: 12 February 2023)

Hopkinson, S. (220) *Sticky Toffee Pudding*. BBC Food: The Good Cook. Available at: https://www.bbc.co.uk/food/recipes/sticky_toffee_pudding_50947 (Accessed: 12 February 2023)

Flay, B. (2008) *Grilled Ribeye Steak*. Food Network [video]. Available at: <https://www.youtube.com/watch?v=02xyskuNJ1o> (Accessed: 12 February 2023)

Krieger, E. (2022) *Stuffed Bell Peppers with Rice, Quinoa, and Vegetables*. The Food You Crave. Available at: <https://www.mindful.sodexo.com/hero-food-stuffed-pepper/> (Accessed: 12 February 2023)

Laurentiis, Giada De, (2022) *Prosciutto-Wrapped Scallops Recipe*. Food Network UK. Available at: <https://foodnetwork.co.uk/recipes/prosciutto-wrapped-scallops> (Accessed: 12 February 2023)

Legislation Gov Uk (2011) *Regulation (EU) No 1169/2011 of the European Parliament and of the Council*. Available at: <https://www.legislation.gov.uk/eur/2011/1169/contents> (Accessed: 12 February 2023)

Oliver, J. (2015) *Smoked salmon salad recipe*: Jamie fish recipes. Available at: <https://www.jamieoliver.com/recipes/fish-recipes/smoked-salmon-and-avocado-salad/> (Accessed: 12 February 2023)

Palasca, S. (2020) *How to Write Delicious Restaurant Menu Descriptions That Sell More Food*. Gloria Food. Available at: <https://www.restaurant-website-builder.com/restaurant-menu-descriptions> (Accessed: 12 February 2023)

The Food Nut (2016) *Baked White Fish Fillet Recipe with Herbs - How to Cook Healthy Fish in Oven & Foil*. [video]. Available at: [Baked White Fish Fillet Recipe With Herbs - How To Cook Healthy Fish In Oven & Foil | The Food Nut](#) (Accessed: 12 February 2023)

The Food Standard Agency (2022) *Food allergy and intolerance*. Available at: <https://www.food.gov.uk/safety-hygiene/food-allergy-and-intolerance> (Accessed: 12 February 2023)

The Wavendon Arms (2023) *Valentine's Day 2023 at The Wavendon Arms*. Available at: <https://www.thewavendonarms.co.uk/valentinesmenu#/> (Accessed: 12 February 2023)

Town Square (2020) *The Ultimate Guide to Menu Pricing, 2020*. Beambox. Available at: <https://beambox.com/townsquare/the-ultimate-guide-to-menu-pricing> (Accessed: 12 February 2023)

UK Shop (2023) *Mark How To Create A Restaurant Menu: The Complete Guide*. Available at: <https://www.allianceonline.co.uk/blog/2016/11/how-to-design-a-menu-that-does-your-dishes-justice/> (Accessed: 12 February 2023)

Wine Folly (2023) *Learn about Wine*. Available at: <https://winefolly.com/> (Accessed: 12 February 2023)

Zutshi, A. (2019) *How to develop well-informed and assured teams to embed*. - SAGE Journals. Available at: <https://journals.sagepub.com/doi/10.1177/1757913919872783> (Accessed: 12 February 2023)