

Reference List

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Disability Friendly Play Scheme



(turning-point-rehab, n.d)

Some of the activities within the service

Hydrotherapy

Hydrotherapy is a form of exercise but in a specialised pool as the temperature is higher than a standard pool. These pools are in a few special schools as well as the hospitals (versus-arthritis, 2018).

Art



The art activities can be altered to meet the needs of the main-stream as well as children with additional needs.

(abilities.com, 2019)

Sensory room

The sensory room is a soft play based room which has lots of different lights and effects as well as objects for the children to hold. This room is suitable for a majority of the children as the resources used can be altered depending on the needs of the child in the room.

Contact Information

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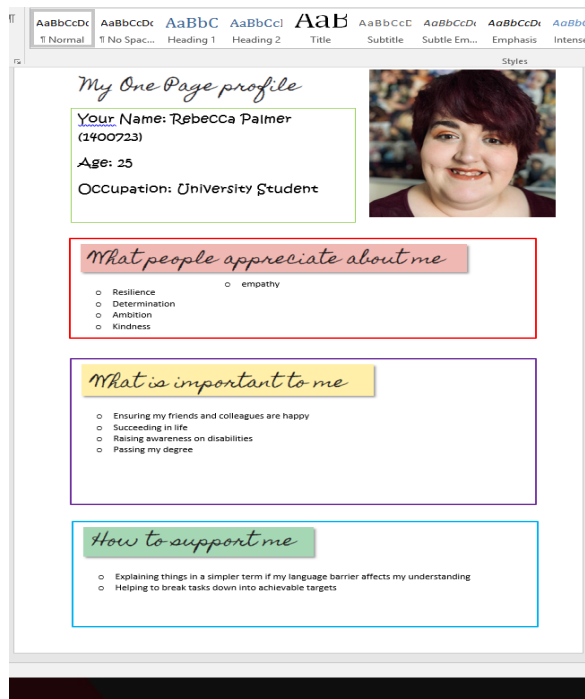
Swansea

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How PCP is being used in your service

- ⊗ All children have a one page profile (Example included in resource pack)
- ⊗ These include the basic ways to support the child
- ⊗ It can also hold the vital information if they have any specific needs
- ⊗ It is a form of a recorder as they can keep relevant information as a child transitions from service to service (e.g. school to play scheme and home)
- ⊗ Fast ways of finding out basic information to support a child (helensandersonassociates, n.d.)



My One Page profile

Your Name: Rebecca Palmer
(1400723)

Age: 25

Occupation: University Student

What people appreciate about me

- Resilience
- Determination
- Ambition
- Kindness
- empathy

What is important to me

- Ensuring my friends and colleagues are happy
- Succeeding in life
- Raising awareness on disabilities
- Passing my degree

How to support me

- Explaining things in a simpler term if my language barrier affects my understanding
- Helping to break tasks down into achievable targets

Local gymnasium

The gymnasium in the local community can be used as it has trampolines suitable to the children who have rebound therapy. Also the mainstream children are able to join in the activities.



(Swanseagymnastics, 2018)

Bike ability

This is another activity within the local community. They have adapted as well as standard bikes for hire.



(Bikeabilitywales, 2019)

What is meant by the term 'Disabled'?

The Equality Act 2010 states that 'if you have a physical or mental impairment that has a 'substantial' and 'long-term' negative effect on your ability to do normal daily activities ' (Government, n.d).

Benefits of disabled children interacting with mainstream children

Social / Emotional	For play to be truly inclusive, children need to be socially included. As children play together, they learn to cooperate, take turns, and engage in meaningful dramatic and imaginative play experience that crates lifelong memories.
Physical	All children need opportunities to be physically active through play. Play environments that provide a variety of developmentally appropriate activities, offer health risk and challenge children.
Sensory	Play is most meaningful in sensory rich environments that encourage discovery and exploration. Sensory play through tactile, visual, auditory, smells and tastes help children understand the world around them.
Cognitive	Children learn through play and interacting with the people and world around them. Opportunities for children to problem solve, think abstractly, and develop cause and effect skills help provide unique hands on opportunities to bring learning outside.
Communication	Playgrounds can support the development of receptive and expressive language, allowing children to demonstrate what they know and express themselves.

(Fowler, k. 2014)

There are five key principles of Person Centred Planning

1. The person is at the centre
2. Family members and friends are partners in planning
3. The plan reflects what is important to the person now (and for the future) their Capacities and what support they require
4. The plan helps build the person's place in the community and helps the community to welcome them. It is not just about services, and reflects what is possible, not just what is available
5. The plan results in on-going listening, learning, and further action. Putting the plan into action helps the person to achieve what they want out of life. (Oxfordshire, 2014)

