

Independent Project – Proposal form 2026-2027

Student Name: Vivienne Evans (2403723)
Proposal Title: Sob Story
Proposal Subtitle: A One-Woman Show about Depression in University Students
Proposal aims and objectives: The primary focus of “Sob Story” is to inform audiences on the topic of depression in university students, its target audience being university students but having information worthwhile to everyone, including university lecturers, parents, etc. It is minimalistic in set and cast. It also aims to intertwine entertainment with information. Below is a list of research aims and areas of interest I would like to include: • Depression in University Students (Statistics, Studies and Reviews) • Maintaining the Attention of Young Adults (What are some techniques employed by those in adult education? What are some techniques transferable from other education-based disciplines, such as theatre in education?) • Scriptwriting (How do you write a script in six months? What length best benefits the play while maintaining a reasonable expectation for delivery?)
Proposed Collaborations: Rhiannon Lloyd – Discussion with Rhiannon, specifically on the topic of Rhiannon’s “Reversible Flat” set concept proved useful in determining the specifics of “Sob Story’s” set. While I have been made aware that this may not be the final project Rhiannon pursues, further discussion could prove useful! Heidi Press – Initially, Heidi presented a joint concept where we collaborate on a short film that focuses on young women’s mental health and depression. I acknowledged the idea’s positives but ultimately decided that it’d be best to keep our ideas separate (given their fundamental difference) but share relevant research. However, after further discussion, I presented the idea that we share a set given our similar demographics (young women and young adults) and similar aims. This collaboration has yet to be finalised as further discussion is required. Erin Ibbotson – Erin has shown interest in the project, but further discussion is required to identify her interest and potential involvement. James Price – James has shown interest in the project, but further discussion is required to identify his interest and potential involvement. Carys Gower – Carys has shown interest in the project, but further discussion is required to identify her interest and potential involvement.