

Woman Beauty and Style

How to dress beautiful with small budget &
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What my favourite colours say about my character and how to dress beautifully with a small budget?

The colour of the clothes is not just a personal choice and taste.

It's like leaving a message behind with only one dress depending on its colour.

As I like to express myself, our handwriting.

Yes, that's right. Choosing a colour for your outfit can talk a lot more about you as a person than you would have guessed.

The good thing is that if you want to look fashionable you do not have to spend a lot of money. Here are some interesting suggestions:



Black.

One of the most popular colours that go well with every other colour is the black one. It sends signals of strength and elegance. The black colour indicates that you are a person who knows how to control things and a person who has authority. This one is a symbol of analytic mind and independence. (Jennifer Bourn, 2010)

Do you think every woman needs a black outfit?



N’P collection offers the ‘new black’ to make you feel irresistible.

Jacket: £15

Top: £8.50

Trousers: £60

Blue.

The blue colour is a symbol of trust, peace and loyalty. Those who choose mostly blue clothes do not allow others to influence their lives. They have a unique worldview; their thinking is different from traditional, innovative and creative. (Jennifer Bourn, 2011)

A blue is always a good option. Do you like it?



N'P Shoes: £10

N'P Top and pants: £20

Green.

The green colour is a symbol of nature, cleanliness and health. It shows calmness and freshness. People who prefer this colour are open-minded, very charismatic. They are caring and sensitive to the problems of others.

(Jennifer Bourn, 2011)

Do you think the green makes us think positive?



N'P Shoes: £10

N'P Top and pants: £30

Red.

A strong, dominant colour symbolizes aggression, passion and sensuality. People who like red clothes are extroverts. They are great romantics and appreciate this attitude. (Jennifer Bourn, 2011)

Do you think the ladies in red are more interesting for the men?



N'P Dress: £25

No matter what colour your clothes will be, select them in combination with your body and remember to feel good! Emit tenderness, grace, elegance, satisfaction from yourself!

N'P collection offers a variety of colours and femininity! And good price! For orders do not hesitate to contact us.

Do not forget to subscribe to see and get more of these posts and be sure to leave a comment on what is your favourite colour and what about you feel most comfortable. ☺

N'B collection presents the new fashion line 'Black & White'

The idea of my mini fashion line is to provide exquisite negligence and comfort to women with different forms and preferences.

It gathers light and darkness, white and black, which can be interpreted in many ways, such as good and evil, positive and negative. Clothes do not give a specific mood, but make the woman neutral and mysterious, provocative, with a touch of class and style.



Black is black! It means this colour does not bear its identity in vain, because it fits absolutely into everything. In turn, the colour has advantages, prolonging the figure, creating the illusion that it is thinner and weaker.

(Jennifer Bourn, 2010)

White contributes to fullness, volume, tenderness and purity, the colour of freedom and grace. (Jennifer Bourn, 2010)

This combination has different motives, such as taxis, zebra, dalmatian, the points are so chic.



The collection includes toilets of different nature, suitable for various events and atmospheres. The proposed sporting and elegant combinations are adapted to the walks and daily jobs that the fast-growing world offers. But even in her, the woman must keep her personality, be seen, be practical and different, above all.

When you feel good in your skin, you wear clothes that match the sphere and create comfort. Your day will surely end successfully and will contribute to your good mood and tranquillity. High shoes are not suitable in this case, but we can be confident in the high-quality sneakers.



N’P collection designers work hard to create the image of the modern woman in the range of white and black.

I chose three basic materials ideally suited to the story.

Cotton: fresh, soft and comfortable. Protects the skin from allergies. Absorbs and leaves the fabric to breathe. This makes cotton suitable for the summer and ideal for winter. It can easily be crushed, but it is easy to iron at a relatively high temperature. (White Stuff, 2019)



Silk: This material is known for its versatility, softness and comfort as the most durable natural fibre fabric. Absorbs moisture, making it cold in the summer and warm in the winter, suitable for all seasons. It preserves its shape and its shine. Silk is the queen of tissues. (Texere Silk, 2018)



Acrylic: the material is light, soft, elastic and warm. Colours are completely resistant. It absorbs and quickly releases moisture, allowing the tissue to "breathe". Resistant to sunlight. (Knowledge Textile, 2019)

Give yourself self-confidence and do not be afraid to express yourself in the best possible way with 'Black & White'. For happier women and a more modern new world full of beauty! 😊

Chanel Skincare

Indulging in skincare products is a crucial habit for any individual interested in personal pampering. It is necessary for people to take care of their skin, and deluxe brands hone their product development methods to cater to the needs of customers efficiently. Chanel, as a brand, has retained their spot in the beauty industry by innovating new skincare products and inviting the attention of shoppers and beauty enthusiasts for over a century. The skincare range consists of moisturizers, serums, sunscreens and wide range of luxurious creams and lotions.



source: <http://vanitynoapologies.com/chanel-5-edp-perfume-women-review-photos/>

The Hydra Beauty range of Chanel moisturisers can be identified as the new rage among skincare experts and connoisseurs of the beauty industry. Experts cannot stress the benefits of moisturising skin enough as observed in Good Housekeeping (2015), moisturising reduces wrinkles and improves the skin texture.

The uniqueness of the Hydra Beauty Range is that Chanel innovatively infused microparticles of Camellia within the products. The essence, serum and crème provide the user with microparticles of camellia infused within the products in

tiny globules. Chanel Hydra Beauty range of serum in combination with the crème and the essence from the range provides ideal skincare regimen to customers and reduces the risk of skin cancer by protecting the user from free radicals in the environment.



The micro droplets infuse with skin and provide a fresh burst of hydration to the user, and if used as an entire range, the customer would be able to identify noticeable plumpness and smoothness on their skin.



The moisture surge presented after application of the essence itself is spectacular and redefined the usage of the essence in the beauty community. Recently, celebrities such as Eva Longoria and Lilly Collins have praised the benefits of Camellia globules, the moisture the Hydra Beauty range provides to dry, and oily skinned beauties as well.

If you are seeking a perfect combination of products that are non-comedogenic and provides an instant boost of hydration to dry, tired skin, the Hydra Beauty range is the answer. The quality of the products and effectiveness of individual or single products from the range cannot be questioned as Chanel products rarely produce negative effects on users.

Chanel Perfumes

Launched in 1921, the Chanel No 5 has been considered as the “best perfume for women” for decades. With strong top notes of ylang-ylang, aldehydes and Nerolli, the No 5 has been a source of attention for Chanel since its launch. Developed as the first perfume by none other than Coco Chanel herself, the smell and authority of the perfume has been stable in the perfume industry.



The originality of the smell that users can gain from the No 5 remains the same and uniform across every version available of the perfume- Parfum, Eau de Parfum, Eau de Toilette, Eau Premier and L'eau. The uniqueness of the perfume, as stated by Coco Chanel herself is the lack of no dominant notes but a complete marriage of the top, medium and base notes. The exquisite smell of No 5 has rendered the creation as the best feminine perfume for 3 generations within the perfume industry. The No 5 is heralded as a classic specimen in the industry.

The popularity of No 5 perfume in the market has enabled the brand to re-invent various forms of the same smell. The perfect blend of deep citrusy scents in collaboration with the floral middle notes provides the originality of the product.



The geometric and simplistic design of the bottle enhances the performance of the product among consumers. As observed by Vanitynoapologies (2013), the simple design and clarified nature of the perfume attracts customers along with the media and beauty community hype regarding the uniqueness of the product. Created for women and celebrating the elements of feminine beauty through floral notes, the perfume is an ode to female energy and historical opinions of Coco Chanel regarding beauty and smell of a woman.



The brand's decision to include Nicole Kidman in advertising new launches for No 5 perfumes resulted in gaining better media coverage and customer attraction. In combination with the celebrity endorsement by Marilyn Monroe, No 5 has been one of the most sought after perfumes by interested customers across the world.

The Chanel No 5 is one of the best perfumes that any connoisseur would seek as well as the ideal perfume for women who wish to own a classic perfume. The item possesses every quality to be the signature scent of anybody wishing to create a presence within people.

Manicure

A manicure usually involves a combination of techniques and procedures that vary. Typically, manicure can include hand massage, cuticle treatments, exfoliation, wax treatment and polishing, nail polish application.

1. Basic manicure



The regular manicure begins by soaking your hands in warm soapy water that helps smooth and soften dead skin cells. Then your nails are cleaned and pruned.

Before applying a moisturizing lotion to your hands, the manicurist massages your hands gently and finally the regular manicure ends with a nail polish - base, colour and top layer.

2. Benefits of the manicure for the skin's health

Our hands are exposed to external dust all day long. They very easily deposit dirt and constantly create new skin cells to replace the old ones.

3.French procedure of manicure



The French manicure procedure is an absolute classic and gives you the look that you would like to have for the best-looking hands and nails.

The process is similar to regular manicure.

Here the manicurist puts a varnish in a transparent white or pale pink on the whole nail and fingernail, followed by a nail polish on the toenails.

With the French manicure technique, you will certainly get extra-natural nails.

4. Gel manicure procedure

The gel procedure for manicure involves the use and application of a gel on the nails that resembles the nail polish.

The specific here is that three layers of base, colour and top gel are used to apply the gel. Your nails are roasted under UV light to solidify the gel. This procedure is called 'baking' and lasts about 30-60 seconds.

The gel removal process from the nail can be done at home or at the salon and involves wrapping the nails in acetone with a cotton swab. This helps the varnish to relax and can be easily peeled off.

5. Risk of exposure under UV rays

Exposure to ultraviolet light in the nail salon can damage the skin cells and can cause cancer. It is known that people with light skin are more at risk from ultraviolet rays than people with darker skin.

SPF 50+ sunscreen lotion with natural and natural sunscreen filters



It has a natural flavonoid, extremely good for skin photoprotection against UVA and UVB. Because of the high level of sterols in the cream, it softens the skin

and moisturises, smoothest and nourishes the upper layer of the epidermis, protects it from burning. With a balanced UV formula.

For Pedicure

Just like a manicure, even the pedicure varies from spa to SPA. Typically, the pedicure includes an assortment of procedures such as foot softening, exfoliation, cuticle treatments, nail massage, and trimming, moistening, and applying nail polish to the toenails. Pedicures are uniquely designed to destroy the dead skin of the legs.

1. Basic pedicure procedure



A regular pedicure starts with soaking your feet in a warm tub and then the pedicurist scrubs your feet to clear any dead skin. Then, the toenails are pruned. You can also get a short foot massage before applying a soothing lotion. Finally, nails are polished with nail polish.

2. Benefits of skin health pedicure

Taking into account our feet - Walking all day can create BRAINS and can cause various other unfavourable skin conditions on the legs.



3. Pedicure procedure using heated stone

Another popular pedicure procedure is one that uses hot stone. It also includes all the features of the main procedure. The difference here is that at the end of the procedure the pedicurist puts a hot stone on your feet to make you and your feet relax.

4. Benefits of Pedicure to Improve Mental Health



One of the best ways to stay calm and feel beautiful are the procedures for manicure and pedicure. Maybe in a busy day or a busy week, such a procedure will leave you with a relaxing mind and relieve you of stress and tension. Imagine the feeling that you have beautiful and well aligned nails! So, the pedicure also has its benefits for mental health.

5. Risk of injury or infection

There is a possibility of injuries in procedures for manicure and pedicure.

Sometimes the cuticles are cut too fast and can injure your skin.

The most worrying health risk that can occur is the injuries that lead to infection. Many of the slogans in Bulgaria violate the state disinfection protocol.

Serious infections and health risks in salons are likely if the tools used are not kept clean and sterilized. Hepatitis B and other bacterial and fungal infections can be transmitted because infected people have been treated with the same instruments.

Although there are laws obliging professional therapists to comply with hygiene standards, many therapists ignore them and thus put their clients at risk of infection or injuries.

Benefits of the Organ Oil

I have been using argan oil for a long time and am amazed at all the beneficial properties it has. For this reason, I decided to share them with you.

Argan oil is often defined as liquid gold. It is extracted from the nuts of the fruit of the Argan tree, which grows only in Morocco. Since 1998 these trees belong to UNESCO World Heritage.

This oil is rich in natural ingredients such as vitamin E, vitamin A and many antioxidants. Its ingredients make it especially valuable for the skin and hair, because it hydrates. Therefore, it is used in more and more cosmetic products.



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- **Hydrates the skin**

Argan oil is most often used to keep the skin hydrated and make it soft. With the high content of vitamin E and various fatty acids argan oil is a good product for natural skin nourishment. The oil absorbs quickly and does not grease. It can also be used for the face.



- **Hair Conditioner**

Argan oil makes hair softer and brighter. So, this is a wonderful conditioner and can even help to reduce split ends.



- **Smooth and brilliant styling**

As it nourishes the hair, the oil is often used for styling. It makes hair easier to comb and gives a healthy glow. Just with your fingers, apply a few drops of oil to the palms after drying and comb.

- **Anti-Aging**

Argan oil with regular use reduces wrinkles as it hydrates the skin. Its antioxidants make it a perfect antiaging product. The elasticity of the skin returns. Just massage the evening face with a few drops.

- **For dry skin**

People with dry skin and related problems such as itching, etc., have the exclusive benefit of argan oil. Vitamin E and fatty acids restore damaged skin and nourish it, which further prevents dryness.

- **Lip Care**

Argan Oil is also great for the lips. Just apply one or two drops on the lips and wipe off excess fat. This not only helps with cracked lips, it keeps them soft, elastic and well nourished. Especially in winter, when many people suffer from cracked lips, it is a good helper.



The best thing about Argan oil is that it can be easily and safely used as it is a pure natural product. It is not always necessary to be cosmetic products with argan oil as an ingredient, the oil itself can be used. A bottle oil is used for a long time because it is very economical.

I have tried many types, but I've been to this one and am very pleased. If you trust my experience, you can find the liquid gold bottle here : <https://www.amazon.co.uk/ARGAN-OIL-100-Pure-100ml/dp/B005OR4RQM>

Cocoa butter

Its Latin name is Theobroma cacao, which means "food of the gods". Don't you think it's an accident? Cocoa is native to the Amazon region and, as its name implies, is considered a very important crop in Central and South America. Its grains are so valuable that some local tribes still use them as currency.

Cocoa is rich in minerals such as iron, magnesium, calcium, phosphorus, copper and magnesium. It is a good source of selenium, potassium and zinc, and it supplies the body with carbohydrates, proteins and fiber. In addition to all of the above, its cholesterol content is almost insignificant.

It is adored by women because it moisturizes the skin, strengthens hair and is a wonderful source of antioxidants. Today, most cosmetic products contain cocoa butter because of its magical beauty and healing properties.



Perfect antioxidant. Cocoa butter is a great source of antioxidants that help fight free radicals and protect the skin from the inevitable signs of aging and environmental stressors. With lip care. The wind or the strong sun can play a bad number on your lips and dry them. If you want to smooth out cracked and rough lips, treat them with a little cocoa butter. Use it daily and your lips will always be soft and ready for kissing.

A regenerating miracle. Our pace of life is very dynamic, so our days are filled with stress, which has a negative effect on the condition of the skin. Wondering how to restore it? As we know, our body cannot function well without dopamine, tryptophan, zinc, omega 6 and 9 fatty acids.

Cocoa butter has the most appropriate set of healthy elements.

Avoid consuming unhealthy foods, drink enough and use cocoa butter regularly and you will notice an improvement very soon.

Soothes sensitive skin. Cocoa butter is the best salvation for people who have sensitive skin. Oil moisturizers are good for protecting the skin from heat and treat diseases such as eczema. Cocoa butter will always keep your skin soft and supple.

Goodbye to the scars. Cocoa butter has effective healing properties. The antioxidants contained in it fight off scars, scratches and stretch marks. Use it regularly and you will notice how it regenerates the skin. If you have signs of previous acne problems, cuts, or similar problems, don't worry. Use cocoa butter regularly and you will see how they will start to smooth.

I recommend this brand of cocoa butter, but still every skin and every person is different, so it depends on you which brand you use.

https://www.google.com/search?q=cocoa+butter&source=lnms&tbm=isch&sa=X&ved=0ahUKEwiwgdjWrYzkAhVOwqYKHd1_D00Q_AUIESgB&biw=1366&bih=657#imgsrc=NHYWQP-Fk5VPJM:



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