

Me and Conflict

The proverbs below can be thought of as descriptions of some of the different strategies for resolving conflicts. These proverbs reflect traditional wisdom for resolving conflicts.

TASK: Using the scale below, indicate how typical each proverb is to the way **YOU** deal with conflict.

- 5 = VERY typical of the way I deal with conflict
 4 = FREQUENTLY typical of the way I deal with conflict
 3 = SOMETIMES typical of the way I deal with conflict
 2 = SELDOM typical of the way I deal with conflict
 1 = NEVER typical of the way I deal with conflict

Score	Statement
	1. It is easier to refrain than to retreat from a quarrel
	2. If you cannot make a person think as you do, make him/her do as you think
	3. Soft words win hard hearts
	4. You scratch my back and I'll scratch yours
	5. Come on now, let us reason together
	6. When two quarrel, the person who keeps silent first is the most praiseworthy
	7. Might overcomes right
	8. Smooth words make smooth ways
	9. Better half a loaf than no bread at all
	10. Truth lies in knowledge, not in majority opinion
	11. He/she who fights and runs away lives to fight another day
	12. He/she hath conquered well that hath made their enemies flee
	13. Kill your enemies with kindness
	14. A fair exchange brings no quarrel
	15. No person has the final answer, but everyone has a piece to contribute
	16. Stay away from people who disagree with you
	17. Fields are won by those who believe in winning
	18. Kind words are worth much and cost little
	19. Tit for tat is fair play
	20. Only the person who is willing to give up his/her monopoly on truth can ever profit from the truths others hold
	21. Avoid quarrelsome people as they will only make your life miserable
	22. A person who will not flee will make others flee
	23. Soft words ensure harmony
	24. One gift for another makes good friends
	25. Bring your conflicts into the open and face them directly, only then will the best solution be discovered
	26. The best way of handling conflicts is to avoid them
	27. Put your foot down where you mean to stand

	28. Gentleness will triumph over anger
	29. Getting part of what you want is better than not getting anything at all
	30. Frankness, honesty and trust will move mountains
	31. There is nothing so important that you have to fight for it
	32. There are two kinds of people in the world, the winners and the losers
	33. When one hits you with a stone, hit him/her with a piece of cotton
	34. When both people give in halfway, a fair settlement is achieved
	35. By digging and digging, the truth is discovered