Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

Personal development plan

Federico Laghi

Student ID: 2030689

Module: Academic and Employability skills (BMSW4001_LON)

Lecturer: Joanna Walsh

Why I have chosen this course

- In order to become an Electronical Engineer is requested to obtain a degree in Electronical Engineering (BEng Hons)
- I choose to enroll at this course because it will allow me to gain the skills and requirements requested in order to apply at the University.

Difficulties:

- Fear
- Confusion
- Stress
- Anxiety

What I have learned

- To study
- Digital skills
- Academic writing
- Time Management

Week planner

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5,30-7,20 Alarm/Gym	5,30-7,20 Alarm/Gym	5,30-7,20 Alarm/Gym	5,30-7,20 Alarm/Gym	5,30-7,20 Alarm/Gym	7,30-8,30 Alarm/breakfast	7,30-8,30 Alarm/breakfast
7,20-8,20 Breakfast	7,20-8,20 Breakfast	7,20-8,20 Breakfast	7,20-8,20 Breakfast	7,20-8,20 Breakfast	9-13,20 Class	9-13,20 Class
8,20-18,30 Work	8,20-18,30 Work	8,20-18,30 Work	8,20-18,30 Work	8,20-18,30 Work	13,20-14,30 Lunch	13,20-14,30 Lunch
19-20,30/21 Study	19-20,30/21 Study	19-20,30/21 Study	19-20,30/21 Study	19-20,30/21 Study	14,30-16 Cleaning	15-17 Study
20,30-22,30 Dinner	20,30-22,30 Dinner	20,30-22,30 Dinner	20,30-22,30 Dinner	20,30-22,30 Dinner	16-17 Grocery	Time off
Sleep	Sleep	Sleep	Sleep	Sleep	17-19,30 Study	Time off

Conclusion

These past months have not been easy, along many difficulties and challenges, but I am convinced that at the end of this course I will have gained the knowledge and confidence to be able to access the university course I desire.

Refernces:

University of Greenwich. Available online:

https://www.gre.ac.uk/undergraduate-courses/engsci/electrical-electronic-engineering-beng-hons-ext (Accessed: 11th August 2021)

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https://www.mindtools.com/pages/article/newHTE_00.htm (Accessed: 14th July 2021)

Scribe, *"academic writing" [online].* Available online:

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