

MODULE: INTRODUCTION TO RESEARCH (BMHP5005)

ASSESSMENT 2: VIVA VOCE

STUDENT NAME: LILIANA TURBATU

STUDENT NUMBER: 1919066

LECTURER NAME: ELENI KOUTSOGORGOU

INTRODUCTION

- Drug addiction can leave a permanent scar on any individual teenager, and most importantly it can be said that these kinds of addiction can impact one brain's ability to function.

Aim

The research aim is to find out the effectiveness of drug abuse on humans' mental health conditions
To examine the impact of drugs on the mental health of people over 18 years old

Objectives

To evaluate young people over 18 years old in drug addiction in recent times
To recommend strategies to mitigate the abuse of drugs and improve the mental health of young people over 18 years old



These kinds of events even can prohibit natural mental growth and development on a long-term basis. Further research study mainly holds some of the crucial sections of the concentration so that an individual learner can consume the required knowledge (Orsolini et al., 2019, p. 1253).

Aims

The research aim is to find out the effectiveness of drug abuse on humans' mental health conditions

Objectives

To examine the impact of drugs on the mental health of people over 18 years old
To evaluate young people over 18 years old in drug addiction in recent times
To recommend strategies to mitigate the abuse of drugs and improve the mental health of young people over 18 years old



METHODS

- This particular research work had been made by following through with the secondary data collection method.

In this case, it is a must to admit that some local news journals and some government websites have assisted enough to create a valid structure and analyse the various factors of the research concentration. In fact, some data the team had managed from the library included more concrete evidence in this specific research material (Matthews et al., 2019, p. 268). Apart from these data sources, the team even had gone through several hospital records where they have found numerous information that is going to be attached here in a form of information. In fact, the next epoch is mainly focused mainly on two practical events that are going to be taken from news sources, and these are the main news articles that are very fundamental to this entire discussion (Marwaha et al., 2018, p. 1267).

Author(s), title, and year of publication	Aim of study	Methods and Sample size and characteristics	Summary of main findings
Article 1: Drug and alcohol treatment sees a rise in deaths in England BBC, 2022	To show that alcoholism treatments are on the rise	This particular article finds that 27% of deaths have raised due to heavy consumption of drugs and alcohol, during the year between 2020 to 2021 (Alcoholism in the time of coronavirus, BBC, 2022). It has been found that during this year people have lost most of their mental stability, some are dying due to the instability of this recent pandemic and some became addicted to several kinds of drugs. If it comes to the consumption of drugs then it must be stated that it is curable to some extent. A survey portrays that drug addiction rose by 44% during this year.	Alcoholism in the time of coronavirus, BBC, 2022. Retrieved 30 March 2022, from https://www.bbc.com/news/uk-england-essex-53684700
Article 2: 'DRUGS AND AGE' Drugs and associated issues among young people and older people (United Nations Office on Drugs and Crime)	Raises awareness on the effects of drugs and alcohol	In this particular article, the UNODC (United Nations Office on Drugs and Crime) has clearly mentioned that the rising consumption of drugs is heavily effective for a single human body (Peacock et al., 2018, p. 1905). It even affects the human brain where it gradually becomes lethargic, and the human body requires it over and over, so there is no question that how much revenue can be generated through this. In this case, research of this particular corporation found that 450,000 people died in 2015 due to drugs consumption. In recent times there are younger people than any other age who consume drugs in the United Kingdom.	suzanne.kunnen (2013). Drug use. [online] Unodc.org. Available at: https://www.unodc.org/unodc/en/data-and-analysis/statistics/drug-use.html .

Author(s), title, and year of publication	Aim of study	Methods and Sample size and characteristics	Summary of main findings
United Kingdom drug situation 2019: summary Gov.uk	Prevalence of drug use	From the most recent surveys, the prevalence of any drug use in the last year was 9.4% in England and Wales, 12% in Scotland, and 5.9% in Northern Ireland. Drug use among 15 year olds has risen over the past 5 years	https://www.gov.uk/government/publications/united-kingdom-drug-situation-focal-point-annual-report/uk-drug-situation-2019-summary#:~:text=Prevalence%20of%20drug%20use .
Addiction In The UK: The Substance Abuse Capital Of Europe (AddictionCenter, 2018)	How severe addiction is in the uk	Many view addiction as something that only affects the users themselves, but in reality, casualties from substance abuse are taxing on entire communities and society as a whole. Addiction in the UK affects everyone, from loved ones to hospital workers	AddictionCenter. (2018). Addiction in the UK - Addiction Center. [online] Available at: https://www.addictioncenter.com/addiction/addiction-in-the-uk/ .



RESULTS

- Drugs mainly serve a kind of dependability that no human can escape mostly, rather it can be addressed as the most dangerous artillery against humankind.
- It even causes human death where some of the users of it left for nothing

In the context of the discussion, it can be mentioned that the recent COVID 19 pandemic even impacted with a certain amount of negative influences where most of the people had gone under severe depression between the years 2020 to 2021. Due to heavy depression, people gradually became addicted to drugs and most of them were teenagers (Rimes et al., 2019, p. 230). Like this, if the whole youth community gets into the darkness then the future of the nation can become really dark, and in this case, it is a must to admit that there are certain laws and regulations on drug consumption which is prescriptive and other are considered as illegal drugs. As a matter of fact, there are numerous paddlers who belong in this market at a huge amount but the products they are dealing are no good to the humanity. In this case, the government must find out these paddlers and need to educate them so that they can make a good living and can earn money with respect.

DISCUSSION

- There are certain limitations that the entire team experienced, such as some personal data that a hospital refused to provide, some confidential data of the government of the United Kingdom that the team had no access to.
- In this particular section, it can be mentioned that the government must keep a close look at this specific issue and the respective government of the United Kingdom must educate people on certain occasions so that they people can remain strong and cannot be easily distracted or diverted with drugs. As a matter of fact, people from several health sectors must come close to educating people about certain factors that can be dealt with care.

Limitations and strengths of secondary research

Apart from this, secondary data has its own certain limitations, such as it restricts going to the field and experience, it restricts making a first-hand record that can be kept, in fact, it even restricts surveying the victims so that a concrete report can be produced (Lewis et al., 2019, p. 247).

On the contrary, it has some of its strengths, such as it requires a low amount of money whereas other budgets can cover, It serves a wide range of knowledge where a single individual can remain aware of the consequences, It even prevents to consume duplicate data, which means it helps to critically justify the accumulated data.

CONCLUSION

- At the end of the discussion, it can be mentioned that drug abuse and alcohol consumption have brought numerous pessimistic mental conditions through which humans are suffering only

In this case, the respective government of the United Kingdom must put a valuable insight into this particular societal factor so that this can stop.

REFERENCES

- Alcoholism in the time of coronavirus, BBC, 2022. Retrieved 30 March 2022, from <https://www.bbc.com/news/uk-england-essex-53684700>
- Lewis, S.J., Arseneault, L., Caspi, A., Fisher, H.L., Matthews, T., Moffitt, T.E., Odgers, C.L., Stahl, D., Teng, J.Y. and Danese, A., 2019. The epidemiology of trauma and post-traumatic stress disorder in a representative cohort of young people in England and Wales. *The Lancet Psychiatry*, 6(3), pp.247-256. <https://www.sciencedirect.com/science/article/pii/S2215036619300318>
- Marwaha, S., Winsper, C., Bebbington, P. and Smith, D., 2018. Cannabis use and hypomania in young people: a prospective analysis. *Schizophrenia bulletin*, 44(6), pp.1267-1274. <https://academic.oup.com/schizophreniabulletin/article-abstract/44/6/1267/4668709>
- Matthews, T., Danese, A., Caspi, A., Fisher, H.L., Goldman-Mellor, S., Kopa, A., Moffitt, T.E., Odgers, C.L. and Arseneault, L., 2019. Lonely young adults in modern Britain: findings from an epidemiological cohort study. *Psychological medicine*, 49(2), pp.268-277. <https://www.cambridge.org/core/journals/psychological-medicine/article/lonely-young-adults-in-modern-britain-findings-from-an-epidemiological-cohort-study/2AD2B6E4613435CDF85BC4359DD51A1B>
- Orsolini, L., Chiappini, S., Corkery, J.M., Guirguis, A., Papanti, D. and Schifano, F., 2019. The use of new psychoactive substances (NPS) in young people and their role in mental health care: a systematic review. *Expert Review of Neurotherapeutics*, 19(12), pp.1253-1264. <https://www.tandfonline.com/doi/abs/10.1080/14737175.2019.1666712>
- Peacock, A., Leung, J., Larney, S., Colledge, S., Hickman, M., Rehm, J., Giovino, G.A., West, R., Hall, W., Griffiths, P. and Ali, R., 2018. Global statistics on alcohol, tobacco and illicit drug use: 2017 status report. *Addiction*, 113(10), pp.1905-1926. <https://onlinelibrary.wiley.com/doi/abs/10.1111/add.14234>
- Rimes, K.A., Goodship, N., Ussher, G., Baker, D. and West, E., 2019. Non-binary and binary transgender youth: Comparison of mental health, self-harm, suicidality, substance use and victimization experiences. *International Journal of Transgenderism*, 20(2-3), pp.230-240. <https://www.tandfonline.com/doi/abs/10.1080/15532739.2017.1370627>
- GOV.UK. (n.d.). United Kingdom drug situation 2019: summary. [online] Available at: <https://www.gov.uk/government/publications/united-kingdom-drug-situation-focal-point-annual-report/uk-drug-situation-2019-summary#:~:text=Prevalence%20of%20drug%20use>.
- AddictionCenter. (2018). Addiction in the UK - Addiction Center. [online] Available at: <https://www.addictioncenter.com/addiction/addiction-in-the-uk/>.