

MA Outdoor Education study weekend (1)

Carmarthen Campus and Cynefin Outdoor Centre

30th September & 1st October 2023

The aims of the weekend are:

- To confirm registration details for all students on the programme for 2023-24.
- To provide an induction to the Carmarthen campus and postgraduate outdoor education study at UWTSD.
- To introduce students to content for module BMOE7003.
- To initiate the development of an outdoor education postgraduate learning community.

Organisation of the weekend

All postgraduate students need to arrive at the Reception area (ground floor of Teaching & Learning Block – see map building 19 sent by email) by 0930am on Saturday 30th September 2023.

Accommodation Options

Cynefin Outdoor Centre will be available for you to camp free of charge if you wish. Please contact the module leader for travel directions and facility details separately.

Alternatively, you are reminded that you will need to self-cater for the weekend and accommodation/food costs are not included in the course fees.

Campus accommodation is not available at the moment.

Weekend Organisation

Sat 30 Sept.	Morning session 0930 -1230	Lunch 1230- 1315	Afternoon session 13:15 – 16:15	Evening session 17:15 -21:00
0930	Content 1 Welcome & introductions Introduction to module/Moodle/ Campus walk		Content 2 Into ppt / discussion around Wellbeing, Health and the Outdoors (Context/participation data/motivations etc) Wellbeing walk to Cynefin	Content 3 Evening session at Cynefin Dinner – Group meal ¹ Campfire/indoor Discussion ²
Sun 1st Oct	Session 4 0900-12.00	1230- 1315	Content 5 1315 -1515	
	Content 4 PPT discussion		Content 5 Admin: Course Rep?	

	Theories & Frameworks		Additional Opportunities Medical questionnaire and experience What next ³ – logon/LLR/access data bases/librarian/groupchat/ Organise your time to include MAOEd Agreed online meetings: When/who/what? Depart	
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¹Group meal – Programme to fund group meal for all. Group to cook using Cynefin facilities.

²Campfire discussion if weather permits.

Remember to bring:

Food/snacks

Boots/wellies and waterproof clothing.

Option to use UWTSD tent / roll mat / sleeping bag or your own. **Notify module leader in advance if you wish to use UWTSD equipment (no cost)**

Walk to Cynefin (optional – tbc)

Walk on Saturday – follow Cwrwgl to Cynefin to:

Introduce students to Carmarthen – history(bilingual)/river/port/Coracle fishing/castle

Sustrans – All Wales Coastal Path

Velodrome – out rec / issues/ safety etc – Cycling centre (CCC outdoor health)

River walk – NAT around River Twyi and other opportunities to observe nature and sensory engagement

Cynefin – look round, rest.