



Prifysgol Cymru
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INTENDED CAREER NURSE

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- Module title: Academic and employability skills
- Module code: BMSW4001
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- Assignment title: ACE practical portfolio

1.Introduction

- ❑ Why I want to be a nurse?

2.Main body

- ❑ What is SWOT analysis and how can help me to get into intended career?
- ❑ What is time management tools and how this tools will help me to achieve my intended career?
- ❑ What skills I have for this intended career but others I might have to work on?
- ❑ What is academic and employability skills and how can help me?

3.Conclusion

4.Reference

5.Questions and feedback



Why nurse?

I want to be nurse because I care about other people's health and well-being and never ending the possibilities nursing offers.

In a world where love for people and empathy have almost disappeared, I feel blessed to be able to show love and empathy.



SWOT

INTERNAL FACTORS

Strengths:

- Empathic and compassion
- Good listener
- Ethical person
- Friendly
- Positive person

Weaknesses:

- I do not have enough confidence
- I am not very patient
- Very emotional
- Tendency to take on too much responsibility

EXTERNAL FACTORS

Opportunities:

- Learn new things
- Health service manager
- Higher education
- Good job and good money

Threats:

- Competition
- Insufficient experience
- Insufficient knowledge
- Non –native English



- Goal smart setting
- Multitasking
- Decision-making
- Prioritizing
- Strategic thinking
- Scheduling
- Recording keeping
- Problem solving

Skills for nurse

Skills that I have:

- Empathy
- Positive attitude
- Work ethic
- Decision making(find solution and make a choice)
- Tolerance
- Respect
- Nonverbal communication
- Social person
- Responsibility
- Motivation
- Initiative

Skills that I might have to work on:

- Working with disabilities person
- Stress
- Communication skills
- Confident
- Accessing information
- Refusal skills(when someone is pressuring me to do something that I do not want)
- Professionalism
- Patience
- Adaptability



Key skills for nurse:

- Responsibility
- Professionalism
- Adaptability
- Technology use
- Good health and fitness
- Caring and compassionate nature
- Observational skills
- Excellent teamwork and people skills
- Ability to use initiative
- Ability to deal with emotionality charged and pressured situations
- Verbal and written communication skills

CONCLUSION

Before to enrolled at this University I was not a very organized person. I used:

- to create a list of the most important activities but without deadlines
- shopping online and pay the bills (in this way I saved more time, and I avoided the queue) this is not bad, but it is not enough
- I was going in more different direction instead to stay focused on the task

I did not pay much attention how I manage my time. Since I join these courses, I have learned:

- To work from a list
- Organize my time better
- Deliver my work in time
- Focus on result
- Prioritize important task
- Establish goals
- Take advantage of technology



- Targetjob.co.uk
- Job search platform- [job search platforms](#)
- Leverage social media
- Inquire at staffing agencies - <https://www.indeed.com/?from=careeradviUS&subfrom=article>
- GOV UK - <https://www.gov.uk/find-a-job>



