

Michelle Durant

Greater London | mdurant910@gmail.com | 07359832939

Professional Profile

Compassionate and reliable Support Worker with over 15 years of care-related experience supporting elderly individuals, vulnerable adults, and people with additional needs. Skilled in person-centred care, promoting independence, moving and handling, safeguarding, medication support, and emotional wellbeing. Currently studying a (CertHE) in Business Skills for the Workplace at the University of Wales Trinity Saint David.

Experience

Family Carer (2008–Present)

- Provide personal care, emotional support and advocacy.
- Support education, activities, appointments and independence.
- Coordinate routines and promote wellbeing.

Support Worker – Marjon Home Support Agency (2014–2015) • Supported clients living with dementia.

- Assisted with medication and daily living activities.
- Maintained accurate records and followed care plans.

Support Worker – Nightingale Supported Living (2009–2011) • Supported adults with daily living activities.

- Encouraged independence and life skills.
- Maintained health and safety standards.

Warehouse Worker – Jones Hire Catering Supplier (2021–2023) • Picking, packing and dispatching orders.

- Maintained safe working practices and worked effectively within a team.

Care Assistant – Residential Elderly Care Home (2002–2004) • Assisted residents with personal care and maintaining dignity.

- Supported moving and handling procedures.
- Maintained personal hygiene and a safe, clean-living environment.
- Assisted with meal preparation and mealtime support.
- Encouraged participation in wellbeing and social activities.
- Provided companionship and emotional support.

Education & Qualifications

(CertHE) Business Skills for the Workplace, University of Wales Trinity Saint David (Current)

Certificate in Understanding Behaviour Challenges, Lewisham College (2024)

Certificate of Higher Education in Business Management, Brentwood Open Learning College (2020–2021)

Health and Social Care, St Patricks International College (2012–2014)

Edexcel Level 2 Diploma in Health and Social Care, R&D; Care Training Centre Ltd (2010–2011)

Key Skills

Person-centred Care, Safeguarding, Dementia Care, Autism Awareness, Moving and Handling, Personal Care, Medication Support, Emotional Support, Communication Skills, Record Keeping, Care Planning, Promoting Independence, Health and Safety, Teamwork, Time Management, Reliability and Professionalism.

Interests

Walking, reading, personal development, community wellbeing and spending time with family.

Additional Information

Full UK Driving Licence

Michelle Durant

London SE8

Email: mdurant910@gmail.com

Telephone: 07359832939

Dear Hiring Manager,

I am writing to apply for the position of **Full-Time Support Worker – Young Adult Care**.

I have over 15 years' experience working in health and social care, supporting vulnerable adults in residential homes, supported living and within the community. Alongside my professional experience, I have also been a long-term family carer, giving me a strong understanding of person-centred care, patience, and promoting independence.

Throughout my career I have supported individuals with personal care, medication, meal preparation, daily living activities, and emotional wellbeing, always treating people with dignity, respect, and compassion. I enjoy building positive relationships and helping individuals achieve their goals while encouraging independence wherever possible.

I am currently studying for a **Certificate of Higher Education in Business Skills for the Workplace** at the University of Wales Trinity Saint David, which is developing my communication, organisation, and problem-solving skills. I believe this, together with my practical experience, makes me well suited to your team.

I am a caring, reliable and hardworking individual who is passionate about making a positive difference in people's lives. I would welcome the opportunity to discuss how my skills and experience would help your organisation.

Thank you for taking the time to consider my application. I look forward to hearing from you.

Yours faithfully,

Michelle Durant

Full Time Support Worker - Young Adult Care

[Finefair Ltd](#)

406 Eastern Avenue, Ilford IG2 6NQ

£12.50 - £13.50 an hour - Permanent, Full-time

Job details

Pay

- £12.50 - £13.50 an hour

Job type

- Permanent
- Full-time

Benefits

Pulled from the full job description

- Company car
- Company pension
- Discounted or free food
- Cycle to work scheme
- Company events

Full job description

We are currently recruiting for an experienced Support Worker for our Leaving Care department.

Finefair provides accommodation and floating support and guidance to vulnerable young people from 16- 25 years. Most interventions involve providing and supporting young people, whilst working in partnership with social workers and other professionals around the young person to develop their independent living skills.

We focus on creating a caring and supportive interaction between our staff and young people. We promote independence and the opportunity for each young person to achieve, so they may grow in self-confidence and self-awareness.

Purpose of the job:

As a member of the support staff at Finefair, you will be required to provide support to the care leavers, working towards their independent living.

Key Responsibilities

- Direct Support: Provide one-on-one support to young people in daily living skills, including budgeting, meal preparation, personal care, and household management.
- Emotional Support: Build trusting relationships with young people, offering emotional support and encouragement in a safe and caring environment.
- Goal Setting: Assist young people in setting and achieving personal goals, enhancing their independence and self-esteem.
- Monitoring Progress: Regularly assess and document progress, identifying areas where additional support may be needed.
- Crisis Intervention: Respond effectively to any crises or challenging behaviours, implementing strategies to de-escalate situations and ensure safety.

- **Collaboration:** Work closely with other professionals, including social workers, healthcare providers, and educational institutions to coordinate support services.
- **Advocacy:** Act as an advocate for young people, ensuring their voices are heard and their rights are upheld in various contexts.
- **Engagement Activities:** Organize and facilitate social and recreational activities that promote social inclusion and community engagement.
- **Training and Development:** Participate in ongoing training and development initiatives to enhance skills and knowledge related to working with vulnerable populations.

Requirements

- Ideally 2 years full time experience of working with young people in residential / leaving care / community-based environments. (Essential)
- Minimum NVQ level 3 health and social care or above
- Candidates MUST drive and have own vehicles to drive between cases. Company car maybe provided.
- Please note that we do not offer visa sponsorship

Job Types: Full-time, Permanent

Pay: £12.50-£13.50 per hour

Benefits:

- Company events
- Company pension
- Cycle to work scheme
- Discounted or free food

Application question(s):

- Do you have NVQ Level 3 in Health and Social Care
- Do you have a Minimum 2 years of experience working with children or young people

Licence/Certification:

- Driving Licence (required)

Work authorisation:

- United Kingdom (required)

Work Location: In person