

Reflective log

Level 4: Two participation logs are needed: Approx 250 words for each.

Research participation log

Study title/ subject: Loneliness, personality, and feelings towards favourite animated character.

Length of study: 15 minutes

Was informed consent gained?

Yes, it was.

Where ethical guidelines/issues outlined to you (right to withdraw, confidentiality etc.) If so, which guidelines were outlined?

Yes, the participant is free to withdraw during or at the end of the study without giving a reason. All the results are anonymized. They also provide a number and email to contact regarding concerns. After each questionnaire was completed, they provided a multiple-choice option, including continue with the study or end study and view debrief.

What were you asked to do?

(Briefly outline the study)

To complete short questionnaires regarding loneliness, personality, and feelings towards your favourite animated character.

Did you understand at the time why you were doing what was asked? If not, why not?

From reading the description I couldn't see a relation between the subjects chosen, which made me feel slightly confused.

How did you find the experience? (Positive or negative)

Positive and enjoyable.

What have you learnt from participating?

Those shy and lonely people may be more likely to be attracted to parasocial relationships as well as more likely to form them.

Were there any issues that may have affected how you completed the research?

If I was in a bad mood completing the questionnaire, my answers may have differed as I may have been thinking negatively and answering questions about being lonely may have made me feel worse about myself, which would have resulted in scoring lower on the scale in relation to loneliness.

Were you fully debriefed (how was this done?) If you were deceived was this explained to you?

Yes, they fully explained to the participants why they asked those types of questions and why they wanted to conclude whether introversion/extraversion and high/low perceived loneliness affected the intensity of parasocial relationship with favourite animated character.

How confident / competent was the researcher/ experimenter? Did they put you at ease or make the experience unpleasant for you?

The experimenter asked simple questions, that only required a multiple-choice answer, which made the subject less upsetting as the participant wouldn't require to add detail or reason behind their choice.

How could the experimenter have improved participation/ the experiment?

The experimenter could try to use different words within their brief description so that the participant isn't discouraged by the confusion of the relation of subjects mentioned at the start (loneliness, personality, and feelings towards your favourite animated character).

Name: Charlotte Evans

Date: 11/02/2023

Reflective log

Study title/ subject: To explore the attitudes and perceptions of men in counselling roles.

Length of study: 15 minutes.

Was informed consent gained?

Yes, it was.

Where ethical guidelines/issues outlined to you (right to withdraw, confidentiality etc.) If so, which guidelines were outlined?

The experimenter clearly stated that the data will be confidential, and the participant had right to withdraw by closing the browser. Before the questionnaire began, it contained three statements which required the individual to click 'agree' to take part in the survey. Also provides contact details for concerns about the experiment.

What were you asked to do?

(Briefly outline the study)

It involves completing a series of online questionnaires asking you to explore your own attitudes towards both male and female counsellors, followed by demographic information questions about you and an Implicit Association Test (IAT).

Did you understand at the time why you were doing what was asked? If not, why not?

Yes, the description made the instructions clear, and I knew what to expect.

How did you find the experience? (Positive or negative)

A positive experience as it contained a simple yet enjoyable range of questions.

What have you learnt from participating?

That there's a low number of male counsellors/therapists practicing in the UK in comparison to female counsellors/therapists.

Were there any issues that may have affected how you completed the research?

If I had experienced a negative experience with a male the day I completed the survey, I would have more negative feelings towards men in general which would potentially affect my answers as I would refer to men as 'aggressive' or 'disrespectful'.

Were you fully debriefed (how was this done?) If you were deceived was this explained to you?

Yes, they provided an explanation to why they asked the specific questions, why they wanted to do research into the subject, and that they had interested to investigate the reasoning behind the statistics.

How confident / competent was the researcher/ experimenter? Did they put you at ease or make the experience unpleasant for you?

Some of the adjectives were difficult to pair with the specific gender, which made it slightly difficult to answer the question.

How could the experimenter have improved participation/ the experiment?

For some of the questions it was difficult to strictly answer which adjective paired with each gender, perhaps they could have included an option to select both genders, so it didn't cause pressure to the participant.

Name: Charlotte Evans

Date: 12/2/23