

To summarise..



Gov.wales (2026).

- E- saftey is not just about rules
- As of July 2025, The Online Act legislates that online platforms have a legal duty to protect children online.
- AI Competancy Framework
- UNCRC
- Schools will have policies in places to guide parents and protect children using technology at school.

Positives of online & social media presence.

Children can keep in contact with friends and family virtually, for example during covid.

Apps & videos can promote mindfulness, allow escapism, and support hobbies.

87% of parents feel safer with their child having access to a phone.

Family action, (2025).



(Canva stock, 2026)

When used & monitored safely children can learn from a wide range of resources that can benefit school work.

The dark side of social media.

62% of parents don't understand
the increased risk of
danger teenagers expose
themselves to.

EE (2024)



(Canva stock, 2026)

13–17 year olds are at a higher
risk of internet addiction.

Lee. R (2025)

Parliament has called for an end to
excessive use to reduce the risk of
exploitation, cyberbullying, impact
on physical health and well-being.

UK Parliament (2025)

Children are at risk of cyber
bullying which according to
NSPCC can have a significant
emotional impact.

NSPCC (2022).

The role we can play.

Safety Tips

(Canva stock, 2026)

According to the Social Services & well-being Act 2014 and The Online Safety Act 2023 protecting children and young people is essential to their well-being and development.

As parents, carers and educators we can:

- Protect our children's digital foot print.
- Remind them not to share private images or personal information.
- Ensure their screen time is monitored and limited.
- Keep up to date with safeguarding and child protection training & legislation.

‘Safeguarding is everyone’s responsibility.’

Huw Irranca-Davies, 2017

Laura's references

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