

APPLICATION FOR ETHICAL APPROVAL

RESEARCH STUDENTS

This form is to be completed by the student within **SIX** months for full-time students and **TWELVE** months for part time students, after the commencement of the research degree or following progression to Part Two of your course.

Once complete, submit this form via the **MyTSD Doctoral College Portal** at (<https://mytsd.uwtsd.ac.uk>).

This document is also available in Welsh.

RESEARCH STAFF ONLY

All communications relating to this application during its processing must be in writing and emailed to pgresearch@uwtsd.ac.uk, with the title 'Ethical Approval' followed by your name.

STUDENTS ON UNDERGRADUATE OR TAUGHT MASTERS PROGRAMMES should submit this form (and receive the outcome) via systems explained to you by the supervisor/module leader.

In order for research to result in benefit and minimise risk of harm, it must be conducted ethically. A researcher may not be covered by the University's insurance if ethical approval has not been obtained prior to commencement.

The University follows the OECD Frascati manual definition of **research activity**: "creative work undertaken on a systematic basis in order to increase the stock of knowledge, including knowledge of man, culture and society, and the use of this stock of knowledge to devise new applications". As such this covers activities undertaken by members of staff, postgraduate research students, and both taught postgraduate and undergraduate students working on dissertations/projects.

The individual undertaking the research activity is known as the "principal researcher".

Ethical approval is not required for routine audits, performance reviews, quality assurance studies, testing within normal educational requirements, and literary or artistic criticism.

Please read the notes for guidance before completing ALL sections of the form.

This form must be completed and approved prior to undertaking any research activity. Please see Checklist for details of process for different categories of application.

SECTION A: About You (Principal Researcher)

1	Full Name:	AUGUSTINA AFI ACHEAMPONG
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2	Tick all boxes that apply:	Member of staff:	☐	Honorary research fellow:	☐
	Undergraduate Student	☐	Taught Postgraduate Student	☒	Postgraduate Research Student

3	Institute/Academic Discipline/Centre:	INSTITUTE OF INNER-CITY LEARNING
4	Campus:	LONDON
5	E-mail address:	2424172@student.uwtsd.ac.uk
6	Contact Telephone Number:	07961173067
For students:		
7	Student Number:	2424172
8	Programme of Study:	MSC Public Health and Social Care in Practice
9	Director of Studies/Supervisor:	Dr. Olaoye Itse

SECTION B: Approval for Research Activity

1	Has the research activity received approval in principle? (please check the Guidance Notes as to the appropriate approval process for different levels of research by different categories of individual)	YES	☐	NO	☒
					Date
2	If Yes, please indicate source of approval (and date where known): Approval in principle must be obtained from the relevant source prior to seeking ethical approval	Research Degrees Committee	☐		
Institute Research Committee		☐			
Other (write in)		☐			

SECTION C: Internal and External Ethical Guidance Materials

	Please list the core ethical guidance documents that have been referred to during the completion of this form (including any discipline-specific codes of research ethics, location-specific codes of research ethics, and also any specific ethical guidance relating to the proposed methodology). Please tick to confirm that your research proposal adheres to these codes and guidelines. You may add rows to this table if needed.
	UWTSD Research Ethics & Integrity Code of Practice

2	UWTSD Research Data Management Policy	☒
3	<i>[List any other relevant documents here]</i> <i>I confirm that my research proposal adheres to these codes.</i> <i>UK General Protection Regulation and Data Protection Act, 2018.</i> <i>NHS Health Research Authority Guidance on Research Involving Migrant and Ethnic Groups.</i>	☒

SECTION D: External Collaborative Research Activity

If there are external collaborators then you should gain consent from the contact persons to share their personal data with the university. If there are no external collaborators then leave this section blank and continue to section E.

1	Institution					
2	Contact person name					
3	Contact person e-mail address					
4	Is your research externally funded?	YES	☐	NO	☒	
5	Are you in receipt of a KESS scholarship?	YES	☐	NO	☒	
6	Are you specifically employed to undertake this research in either a paid or voluntary capacity?	Voluntary	YES	☐	NO	☒
7		Employed	YES	☐	NO	☒
8	Is the research being undertaken within an existing UWTSD Athrofa Professional Learning Partnership (APLP)?	If YES then the permission question below does not need to be answered.	YES	☐	NO	☒
9	Has permission to undertake the research has been provided by the partner organisation?	(If YES attach copy) If NO the application cannot continue	YES	☐	NO	☒

Where research activity is carried out in collaboration with an external organisation

10	Does this organisation have its own ethics approval system?	YES	☐	NO	☒
	If Yes, please attach a copy of any final approval (or interim approval) from the organisation (this may be a copy of an email if appropriate).				

SECTION E: Details of Research Activity

1	Indicative title:	The Influence of Immigration on Health Outcomes of Adult BAME Migrants in East London: A Public Health Study.		
2	Proposed start date:	06/10/2025	Proposed end date:	26/01/2026
	Introduction to the Research (maximum 300 words per section) Ensure that you write for a <u>Non-Specialist Audience</u> when outlining your response to the points below: The persistent health inequality trend among Black, Asian, and Minority Ethnic (BAME) migrants is a critical public health issue in the UK, and particularly in super-diverse urban areas like East London. While overall data confirm that BAME migrant groups tend to have poorer health and life expectancy than the White British group, descriptive epidemiology cannot reveal the processes of harm embedded in the social structure. This study moves beyond simply outlining the "what" of inequality to examine the "how" and "why" of how this gap is sustained. Drawing on a Critical Realist approach, the study contends that poor health observed is not a matter of individual failing but a product of entrenched structural determinants. Specifically, the hypothesis informing this study is that insecure immigration status and racialized housing insecurity act as chronic, cumulative stressors that drain adult BAME migrants' adaptive health capital, systematically limiting their ability to access, navigate, and benefit from NHS services, resulting in deteriorated self-reported mental health. With a specific focus on East London boroughs, the study employs qualitative semi-structured interviews to yield rich narrative data. This is essential in making sense of the ways in which these macro-structural forces are lived and reproduced as structural violence and institutional mistrust. Employing the privilege of centering the voices of the most affected, BAME migrants, the study aims to uncover the interwoven dynamics between legal, social, and healthcare barriers. The overall objective is to provide thoughtful, evidence-based opinions that are able to inform the development of structurally effective policy interventions needed to generate actual health equity, and thus a better more equitable and just health setting. The qualitative results will cast critical illumination on the policy failure to suffering causal pathway. . Existing Research and Contribution Existing studies highlight that migrants in the UK often experience barriers to healthcare access due to factors such as legal status, language, and cultural differences (Poduval et al., 2015; Kang et al., 2019). Research has also shown that immigration policies and uncertain residency status can negatively affect mental health, creating additional stress and anxiety (Fang et al., 2021). However, much of the literature has tended to generalize migrants as a single group, with limited focus on the specific experiences of BAME adults living in urban settings like East London.			

	This project builds on those findings by focusing explicitly on the role of immigration status in shaping health outcomes for adult BAME migrants. In doing so, it addresses an important gap in existing research by offering context-specific, qualitative insights that may inform both local service provision and wider public health policy.
3	Purpose of Research Activity 1. Academic and Theoretical purpose To Test a Complicated Mechanism: To test empirically the critical realist hypothesis that structural stressors (housing/insecure status) systematically drain adaptive health capital, going beyond descriptive correlation. To Develop Methodology: To provide a firm, realistic illustration of the Critical Realist methodology by using rich qualitative narratives to infer and critically analyze the operations of unobservable social structures (like policy and institutional racism). To Contribute to SDoH Theory: To create thoughtful, contextually-informed theory from East London that improves understanding of the intersection of migration, race, and local service delivery and the Structural Determinants of Health (SDoH). 2. Practical and Social Purpose To Elevate Marginalized Voices: To offer a critical space to articulate adult BAME migrants' experiences of structural violence, whose voices shape policy and practice. To Inform Policy Action: To generate structurally effective advice to the East London NHS Trusts and councils, demanding policy changes breaking down systemic barriers rather than attempting to change individual behaviour. To Promote Health Equity: Lastly, the intention is to directly contribute to the reduction of health inequities by explicitly outlining the causal relationship between policy failure and social insecurity and ill health outcomes, informing a commitment to social justice.
4	Research Question How do long-term, cumulative stressors of insecure immigration status and racialized housing insecurity manifest as psychological burdens that systematically limit migrants' capacity to sustain adaptive health capital and self-manage their well-being?
5	Aims of Research Activity The primary aim of this study is to critically explore and interpret the lived experiences and health narratives of adult BAME migrants in East London, with a view to unearthing how chronic, compounded structural stressors, i.e., insecure immigration status and racialized housing insecurity, systematically erode adaptive health capital and reinforce poor self-reported mental well-being.
6	Objectives of Research Activity 1. To interpret the narratives of adult BAME migrants concerning their experiences of engagement with healthcare staff and services in East London, with specific regard to the identification of experiences of institutional mistrust and discriminatory practice.

	2. To identify and thematically analyze the core psycho-social and structural determinants (e.g., legal insecurity, residential instability, racial discrimination) described by participants as ongoing, cumulative stressors on their mental health and help-seeking behavior.
	Proposed methods (maximum 600 words) Provide a brief summary of all the methods that may be used in the research activity, making it clear what specific techniques may be used. If methods other than those listed in this section are deemed appropriate later, additional ethical approval for those methods will be needed. You do not need to justify the methods here, but should instead describe how you intend to collect the data necessary for you to complete your project.
7	Research Methodology Philosophical Paradigm: Critical Realism Critical Realism is chosen because it offers a sophisticated theoretical platform for studying complex social phenomena, such as health inequality. It overcomes the limitations of both pure positivism (which ignores subjective meaning) and pure interpretivism (which risks neglecting objective structural causes). CR posits a stratified reality comprising three domains: 1. The Real Domain: Contains the unobservable, deep-seated structures and mechanisms that possess causal powers (e.g., systemic racism, immigration law, housing market dynamics). The hypothesis, which predicts the erosion of adaptive health capital, seeks to infer these mechanisms. 2. The Actual Domain: Consists of the events and processes that occur when real mechanisms are triggered (e.g., a policy refusal, an eviction notice, chronic psychological stress). 3. The Empirical Domain: Consists of the experiences and perceptions of these events, which are the data collected by the researcher (the migrant's narrative of exclusion or anxiety). CR Justification: By analyzing the migrants' narratives (Empirical Domain), the study seeks to infer the operation of the deep-seated structural mechanisms (Real Domain) that cause the observed poor mental health outcomes. This enables the research to offer causal explanations by identifying the specific relationship between structures (e.g., insecure status) and the resulting experiences of poor health. 2. Theoretical Lens: Structural Violence and SDoH The study is viewed through the lens of Structural Determinants of Health (SDoH), specifically utilizing the concept of Structural Violence. • Structural Violence (SV): This concept, advanced by medical anthropologists like Paul Farmer, is used to frame the insecure immigration status and racialized housing precarity mentioned in the hypothesis as systematic, avoidable harm imposed by social and political structures. This perspective ensures the research does not blame individuals for their poor health but rather attributes suffering to institutional and policy failures. • Application: The qualitative data analysis will be explicitly focused on identifying how SV manifests in the day-to-day lives of participants, specifically how policy mechanisms become chronic, compounding stressors that erode their ability to maintain good health (adaptive health capital). 3. Research Method and Data Collection

The chosen method is a purely qualitative design, prioritizing depth and richness of data.

- **Method: In-Depth Semi-Structured Interviews.** This method is critical for allowing participants to narrate complex, often sensitive, lived experiences of structural barriers and discrimination. The semi-structured format ensures that all key areas derived from the research questions (e.g., navigation of the NHS, housing stress, impact on mental well-being) are covered, while retaining the flexibility to explore emergent themes. Interviews will take place either in person or online, depending on participant preference.
- **Sampling Strategy: Purposive Sampling with Maximum Variation.** Participants (estimated n=2) will be recruited through gatekeepers in East London community church, specifically Christ Apostolic Church International at Hackney Downs. The sampling will be purposive, targeting adult BAME migrants with varied characteristics (e.g., specific immigration status, housing tenure, country of origin, and length of stay) to ensure the thematic findings are robust and transferable across different subgroups within the BAME migrant community.

Interview Questions. Open-ended questions will be used to build a rapport.

Eg, Could you please tell me a little about what brought you to East London?

How will you describe your current employment and living situations?

How will you personally define good health or well-being

How will you describe your overall physical and mental health?

When faced with health issues, what resources do you rely on for knowledge and support?

Could you describe instances in your life where immigration status affected or impacted your daily life?

How does your housing situation affect your ability to be calm, secure, or healthy?

Do you feel these conditions compound to make it harder to handle the pressures of life

4. Data Analysis: Reflexive Thematic Analysis (RTA)

Data analysis will be rigorous and systematic, following the principles of **Reflexive Thematic Analysis (RTA)** (Braun & Clarke).

- **Process:** The analysis will proceed through the six phases: familiarisation, generating initial codes, searching for themes, reviewing themes, defining and naming themes, and producing the report.
- **CR-Informed Coding:** The coding will be explicitly guided by the CR approach. Codes will move beyond simple description (e.g., "difficulties with GP registration") to deeper, **analytic coding** focused on the **causal relationship** (e.g., "policy-induced navigational insecurity" or "discursive practices of othering"). This ensures the themes generated directly address the core hypothesis about structural mechanisms.
- **Researcher Reflexivity:** Researcher's background and potential biases (e.g., assumptions about the UK health system) will be continuously documented in a **reflexivity journal**. This process acknowledges that knowledge is co-constructed between the researcher and participant and strengthens the trustworthiness of the interpretations.

5. Rigour and Ethics

	• Trustworthiness (Rigour): Credibility will be established through member-checking, where key findings and interpretations are shared with a sub-set of participants to verify their accuracy and resonance with their experiences. Dependability will be ensured by maintaining a detailed, auditable record (audit trail) of all research decisions, from interview guide development to coding and theme generation. Ethical Considerations This study adheres strictly to the ethical guidelines set forth by University of Wales Trinity St Davids and the relevant professional bodies. 1. Informed Consent: • Written Consent: Before any participation, the researcher will obtain written, informed consent from every participant. The consent form will explicitly cover the study's purpose, procedures, risks, benefits, and their right to withdraw. • Study Information Sheet: Each potential participant will be verbally and physically handed a Study Information Sheet a minimum of 24 hours prior to providing consent. This document will be provided in English and will detail the voluntary nature of participation, confidentiality measures, data handling, and contact details for the researcher and the university's ethics board. • Capacity to Consent: The researcher will ensure participants fully understand the information before signing the consent form. 2. Confidentiality and Data Protection: • Consent forms, which contain signatures, will be stored separately from the data for a minimum of 5 years in a locked cabinet/password-protected drive. • Data will be anonymized, encrypted, and stored in compliance with GDPR (General Data Protection Regulation) principles. 3. Gatekeeper Permission: • Formal, written permission will be secured from the pastor of the Christ Apostolic Church International (Ps Obeng) before commencing recruitment.
	Location of research activity Identify all locations where research activity will take place.
8	East London (Hackney Downs or Online)
	Research activity outside of the UK If research activity will take place overseas, you are responsible for 9 that local ethical considerations are complied with and that the relevant permissions are sought. Specify any local guidelines (e.g. from local professional associations/learned societies/universities) that exist and whether these involve any ethical stipulations beyond those usual in the UK (provide details of any licenses or permissions required). Also specify whether there are any specific ethical issues raised by the local context in which the research activity is taking

	place, for example, particular cultural and/or legal sensitivities or vulnerabilities of participants. If you live in the country where you will do the research then please state this.
9	This research will take place solely in East London, UK. No data collection will occur outside of the UK, and therefore, no additional overseas ethical approvals are required. All ethical considerations will follow UWTSD guidelines and UK legal requirements, including the Data Protection Act (2018) and UK GDPR.

10	Use of documentation not in the public domain: Are any documents NOT publicly available?	NO	☒
		YES	☐
11	If Yes, please provide details here of how you will gain access to specific documentation that is not in the public domain and that this is in accordance with the current data protection law of the country in question and that of England and Wales. <i>(this box should expand as you type)</i>		

	Does your research relate to one or more of the seven aims of the Well-being of Future Generations (Wales) Act 2015?	YES	NO
12	A prosperous Wales	☐	☒
13	A resilient Wales	☐	☒
14	A healthier Wales	☐	☒
15	A more equal Wales	☐	☒
16	A Wales of cohesive communities	☐	☒
17	A Wales of vibrant culture and thriving Welsh language	☐	☒
18	A globally responsible Wales	☐	☒
19	If YES to any of the above, please give details:		

SECTION F: Scope of Research Activity

	Will the research activity include:	YES	NO
1	Use of a questionnaire or similar research instrument?	☐	☒
2	Use of interviews?	☒	☐
3	Use of focus groups?	☐	☒
4	Use of participant diaries?	☐	☒

5	Use of video or audio recording?	☒	☐
6	Use of computer-generated log files?	☐	☒
7	Participant observation with their knowledge?	☐	☒
8	Participant observation without their knowledge?	☐	☒
9	Access to personal or confidential information without the participants' specific consent?	☐	☒
10	Administration of any questions, test stimuli, presentation that may be experienced as physically, mentally or emotionally harmful/offensive?	☐	☒
11	Performance of any acts which may cause embarrassment or affect self-esteem?	☐	☒
12	Investigation of participants involved in illegal activities?	☐	☒
13	Use of procedures that involve deception?	☐	☒
14	Administration of any substance, agent or placebo?	☐	☒
15	Working with live vertebrate animals?	☐	☒
16	Procedures that may have a negative impact on the environment?	☐	☒
17	Other primary data collection methods. Please indicate the type of data collection method(s) below.	☐	☒
	Details of any other primary data collection method: Critical Realism Methodology		

If NO to every question, then the research activity is (ethically) low risk and **may** be exempt from **some** of the following sections (please refer to Guidance Notes).

If YES to any question, then no research activity should be undertaken until full ethical approval has been obtained.

SECTION G: Intended Participants

If there are no participants then do not complete this section, but go directly to section H.

	Who are the intended participants:	YES	NO
1	Students or staff at the University?	☐	☒
2	Adults (over the age of 18 and competent to give consent)?	☒	☐
3	Vulnerable adults?	☐	☒
4	Children and Young People under the age of 18? (Consent from Parent, Carer or Guardian will be required)	☐	☒
5	Prisoners?	☐	☒
6	Young offenders?	☐	☒

7	Those who could be considered to have a particularly dependent relationship with the investigator or a gatekeeper?	☐	☒
8	People engaged in illegal activities?	☐	☒
9	Others. Please indicate the participants below, and specifically any group who may be unable to give consent.		
	Details of any other participant groups: 2 Adult BAME migrants in East London recruited through Christ Apostolic Church International Church. (this box should expand as you type)	☐	☒

	Participant numbers and source Provide an estimate of the expected number of participants. How will you identify participants and how will they be recruited?	
10	How many participants are expected?	2
11	Who will the participants be?	Voluntary Adult BAME migrants in East London from Christ Apostolic Church International. Hackney Downs.
12	How will you identify the participants?	Purposive sampling, ie. Deliberately selecting participants who possess the characteristics necessary to provide rich in-depth information relative to the research.

	Information for participants:	YES	NO	N/A
13	Will you describe the main research procedures to participants in advance, so that they are informed about what to expect?	☒	☐	☐
14	Will you tell participants that their participation is voluntary?	☒	☐	☐
15	Will you obtain written consent for participation?	☒	☐	☐
16	Will you explain to participants that refusal to participate in the research will not affect their treatment or education (if relevant)?	☒	☐	☐
17	If the research is observational, will you ask participants for their consent to being observed?	☒	☐	☐
18	Will you tell participants that they may withdraw from the research at any time and for any reason?	☒	☐	☐

19	With questionnaires, will you give participants the option of omitting questions they do not want to answer?	☐	☐	☒
20	Will you tell participants that their data will be treated with full confidentiality and that, if published, it will not be identifiable as theirs?	☒	☐	☐
21	Will you debrief participants at the end of their participation, in a way appropriate to the type of research undertaken?	☒	☐	☐
22	If NO to any of above questions, please give an explanation			

	Information for participants:	YES	NO	N/A
24	Will participants be paid?	☐	☒	☐
25	Is specialist electrical or other equipment to be used with participants?	☐	☒	☐
26	Are there any financial or other interests to the investigator or University arising from this study?	☐	☒	☐
27	Will the research activity involve deliberately misleading participants in any way, or the partial or full concealment of the specific study aims?	☐	☒	☐
28	If YES to any question, please provide full details			

SECTION H: Anticipated Risks

Outline any anticipated risks that may adversely affect any of the participants, the researchers and/or the University, and the steps that will be taken to address them. If you have completed a full risk assessment (for example as required by a laboratory, or external research collaborator) you may append that to this form.			
1	Full risk assessment completed and appended?	Yes	☒
		No	☐
2	Risks to participants For example: sector-specific health & safety, emotional distress, financial disclosure, physical harm, transfer of personal data, sensitive organisational information		
	Risk to participants: Emotional Stress Emotional distress may occur if participants discuss sensitive	<i>How you will mitigate the risk to participants:</i> Mitigation:	

	experiences relating to immigration status, discrimination, or health challenges. • Disclosure of personal or potentially sensitive information. For individuals with precarious immigration status, any breach of confidentiality could lead to serious consequences, including detention or deportation. In a small community like East London, even pseudonymized quotes might be traceable.	Provide participants with clear information beforehand about the nature of the study. ○ Secure Data Handling: Use strong encryption for all audio files and transcripts. Store data securely on password-protected institutional servers. ○ Anonymisation: Use robust pseudonyms and change identifying details (e.g., using "an East London charity" instead of naming the specific organization) in all final reports and transcripts to prevent deductive disclosure. ○ Separate Data: Ensure the master list linking names to pseudonyms is stored separately from the transcripts, accessible only to the primary researcher and supervisor.
3	If research activity may include sensitive, embarrassing or upsetting topics (e.g. sexual activity, drug use) or issues likely to disclose information requiring further action (e.g. criminal activity), give details of the procedures to deal with these issues, including any support/advice (e.g. helpline numbers) to be offered to participants. Note that where applicable, consent procedures should make it clear that if something potentially or actually illegal is discovered in the course of a project, it may need to be disclosed to the proper authorities	
	If participants disclose experiences of poor treatment or discrimination, the interviewer will listen empathetically but will not provide counselling (as the researcher is not a healthcare professional). Participants will be signposted to appropriate organisations and helplines for further support. If information arises indicating an immediate risk of harm or illegal activity, this will be reported to the appropriate authorities, in line with ethical and legal obligations.	
4	Risks to the investigator For example: personal health & safety, physical harm, emotional distress, risk of accusation of harm/impropriety, conflict of interest	
	Risk to the investigator:	<i>How you will mitigate the risk to the investigator:</i> 1. Mitigation:

	1. Researcher Burnout Repeated exposure to narratives of trauma, injustice, and structural violence can lead to emotional fatigue and secondary trauma for the researcher, potentially impacting the quality and objectivity of the data analysis. 2. Safety risks associated with in-person interviews (e.g., unfamiliar settings).	Supervisory Support: Maintain regular, candid debriefing sessions with the academic supervisor to process the emotional load of the interviews. Reflexivity Journal: Maintain a detailed reflexivity journal to separate personal reactions from analytical interpretation, ensuring emotional impact does not skew the coding and thematic analysis. 2. Use of safe, neutral, and public or semi-public spaces for interviews (e.g., community centers, libraries). Ensure a colleague/supervisor is aware of interview schedules and locations. Build in reflective time and supervisory support to process emotionally difficult material. <i>(this box should expand as you type)</i>
5	University/institutional risks For example: adverse publicity, financial loss, data protection	
	Risk to the University: Reputational risk if data are mishandled or participants feel confidentiality has been breached. Potential breach of GDPR if personal data is not properly protected.	<i>How you will mitigate the risk to the University:</i> Mitigation: Adherence to UWTSD's Research Ethics and Integrity Code of Practice and Data Management Policy. Secure data handling (encryption, password protection, anonymisation). Findings will be reported respectfully and responsibly, avoiding stigmatisation of participants or communities
6	Environmental risks For example: accidental spillage of pollutants, damage to local ecosystems	
	Risk to the environment: No environmental risks are anticipated, as the study involves interviews only and does not include laboratory or field-based activities.	<i>How you will mitigate the risk to environment:</i> N/A

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Disclosure and Barring Service				
	If the research activity involves children or vulnerable adults, a Disclosure and Barring Service (DBS) certificate must be obtained before any contact with such participants.	YES	NO	N/A
7	Does your research require you to hold a current DBS Certificate?	☐	☐	☒
8	If YES, please give the certificate number. If the certificate number is not available please write "Pending"; in this case any ethical approval will be subject to providing the appropriate certificate number.	N/A		

SECTION I: Feedback, Consent and Confidentiality

1	Feedback What de-briefing and feedback will be provided to participants, how will this be done and when?
	At the end of each interview, participants will be verbally debriefed, given the opportunity to ask questions, and reminded of their right to withdraw their data within a specified time period, 5 years after research ends. They will also be provided with a short written debrief sheet containing contact details for the researcher, supervisor, and relevant support organisations (e.g., NHS services, migrant support charities). A summary of key findings will be offered to participants upon request once the study is completed.
2	Informed consent Describe the arrangements to inform potential participants, before providing consent, of what is involved in participating. Describe the arrangements for participants to provide full consent before data collection begins. If gaining consent in this way is inappropriate, explain how consent will be obtained and recorded in accordance with prevailing data protection legislation.
	Participants will be provided with an information sheet explaining the purpose of the research, the procedures involved, potential risks and benefits, and how their data will be used. This information will also be explained verbally to ensure comprehension. Participants will be asked to provide written consent before taking part in interviews. For those who prefer, consent may be given verbally and audio-recorded. Consent will include confirmation that participation is voluntary, that they may withdraw at any time without penalty, and that their confidentiality will be protected.
3	Confidentiality / Anonymity

	Set out how anonymity of participants and confidentiality will be ensured in any outputs. If anonymity is not being offered, explain why this is the case.
	All data will be treated with strict confidentiality. Participants' names and identifying details will not be included in transcripts or reports; instead, pseudonyms will be used. Any quotations used in the dissertation or publications will be fully anonymised. Data will be stored securely in encrypted and password-protected files, accessible only to the researcher and supervisor. No identifying information will appear in the final dissertation or any subsequent publications

SECTION J: Data Protection and Storage

	Does the research activity involve personal data (as defined by the General Data Protection Regulation 2016 "GDPR" and the Data Protection Act 2018 "DPA")?	YES	NO
1	"Personal data" means any information relating to an identified or identifiable natural person ('data subject'). An identifiable natural person is one who can be identified, directly or indirectly, in particular by reference to an identifier such as a name, an identification number, location data, an online identifier or to one or more factors specific to the physical, physiological, genetic, mental, economic, cultural or social identity of that natural person. Any video or audio recordings of participants is considered to be personal data.	x	☐
	If YES, provide a description of the data and explain why this data needs to be collected: To create deep contextualisation and to ensure thematic saturation and rigour within realistic framework. Before the interview starts a consent form must be filled by participants. Demographic information will be collected via a short written screening form to ensure the right participants are engaged in the research.		
2	BAMEs in East London		
	Does it involve special category data (as defined by the GDPR)?	YES	NO
3	"Special category data" means sensitive personal data consisting of information as to the data subjects' – (a) racial or ethnic origin, (b) political opinions, (c) religious beliefs or other beliefs of a similar nature, (d) membership of a trade union (within the meaning of the Trade Union and Labour Relations (Consolidation) Act 1992), (e) physical or mental health or condition,	☐	X

	(f) sexual life, (g) genetics, (h) biometric data (as used for ID purposes),		
	If YES, provide a description of the special category data and explain why this data needs to be collected:		
4	N/A		

	Will data from the research activity (collected data, drafts of the thesis, or materials for publication) be stored in any of the following ways?	YES	NO
5	Manual files (i.e. in paper form)?	☒	☐
6	University computers?	☐	☒
7	Private company computers?	☐	☒
8	Home or other personal computers?	☒	☐
9	Laptop computers/ CDs/ Portable disk-drives/ memory sticks?	☐	☒
10	"Cloud" storage or websites?	☐	☒
11	Other – specify:	☐	☒
12	For all stored data, explain the measures in place to ensure the security of the data collected, data confidentiality, including details of backup procedures, password protection, encryption, anonymisation and pseudonymisation:		
	All data will be stored securely in compliance with GDPR and UWTSD's Research Data Management Policy. Electronic files (including interview recordings and transcripts) will be encrypted and stored on password-protected devices and UWTSD-approved servers. Transcripts will be anonymised, with identifying details removed. Backup copies will be stored on encrypted drives. Any paper documents (e.g., consent forms) will be kept in a locked cabinet accessible only to the researcher and destroyed 5 years after research ends. <i>(this box should expand as you type)</i>		

Data Protection			
	Will the research activity involve any of the following activities:	YES	NO
13	Electronic transfer of data in any form?	☐	☒
14	Sharing of data with others at the University outside of the immediate research team?	☐	☒
15	Sharing of data with other organisations?	☐	☒
16	Export of data outside the UK or importing of data from outside the UK?	☐	☒
17	Use of personal addresses, postcodes, faxes, emails or telephone numbers?	☐	☒
18	Publication of data that might allow identification of individuals?	☐	☒

19	Use of data management system?	☐	☒
20	Data archiving?	☐	☒
21	If YES to any question, please provide full details, explaining how this will be conducted in accordance with the GDPR and Data Protection Act (2018) (and any international equivalents, where appropriate):		
	No data will be shared with other organisations. Only anonymised research findings will be disseminated through the dissertation or publications."		
22	List all who will have access to the data generated by the research activity:		
	Access will be limited to the principal researcher (Augustina Afi Acheampong and the academic supervisor, Dr. Itse. No other individuals, organisations, or third parties will have access to the raw data.		
23	List who will have control of, and act as custodian(s) for, data generated by the research activity:		
	The principal researcher, Augustina, I will act as custodian of the data during the study, with oversight from my academic supervisor, Dr. Itse. The researcher is responsible for ensuring secure handling, storage, and disposal of all data in line with University policy.		
24	Give details of data storage arrangements, including security measures in place to protect the data, where data will be stored, how long for, and in what form. Will data be archived – if so how and if not why not.		
	All data will be securely stored on password-protected UWTSD servers and encrypted storage devices. Data will be retained for 5 years after project completion, in line with UWTSD policy, after which all digital files will be permanently deleted and any paper materials shredded. Only the researcher and supervisor will have access.		
25	Please indicate if your data will be stored in the UWTSD Research Data Repository (see https://researchdata.uwtsd.ac.uk/). If so please explain. (<i>Most relevant to academic staff</i>)		
	This project is being undertaken as part of a Master's degree dissertation. The data collected (interview transcripts and anonymised analysis) will be used solely for the purposes of completing the dissertation and will not be deposited in the UWTSD Research Data Repository. Instead, data will be securely stored on encrypted, password-protected devices in line with UWTSD's Data Management Policy, and will be deleted five years after completion of the study.		



26	Confirm that you have read the UWTSD guidance on data management (see https://www.uwtsd.ac.uk/library/research-data-management/)	YES	☒
27	Confirm that you are aware that you need to keep all data until after your research has completed or the end of your funding	YES	☒

SECTION K: Declaration

The information which I have provided is correct and complete to the best of my knowledge. I have attempted to identify any risks and issues related to the research activity and acknowledge my obligations and the rights of the participants. In submitting this application I hereby confirm that I undertake to ensure that the above named research activity will meet the University's Research Ethics and Integrity Code of Practice which is published on the website: https://www.uwtsd.ac.uk/research/research-ethics/			
1	Signature of applicant:	Auguligi	Date: 25/10/2025

For STUDENT Submissions:

2	Director of Studies/Supervisor:	Dr Itse Olaoye	Date: 04/11/2025
3	Signature:		

For STAFF Submissions:

4	Academic Director/ Assistant Dean:		Date:
5	Signature:		

Checklist: Please complete the checklist below to ensure that you have completed the form according to the guidelines and attached any required documentation:

☒	I have read the guidance notes supplied before completing the form.
☒	I have completed ALL RELEVANT sections of the form in full.
☐	I confirm that the research activity has received approval in principle
☐	I have attached a copy of final/interim approval from external organisation (where appropriate)
☐	I have attached a full risk assessment (where appropriate) ONLY TICK IF YOU HAVE ATTACHED A FULL RISK ASSESSMENT
☒	I understand that it is my responsibility to ensure that the above named research activity will meet the University's Research Ethics and Integrity Code of Practice.
☒	I understand that before commencing data collection all documents aimed at respondents (including information sheets, consent forms, questionnaires, interview schedules etc.) must be confirmed by the DoS/Supervisor, module tutor or Academic Director.

RESEARCH STUDENTS ONLY

Once complete, submit this form via the **MyTSD Doctoral College Portal** at (<https://mytsd.uwtsd.ac.uk>).

RESEARCH STAFF ONLY

All communications relating to this application during its processing must be in writing and emailed to pgresearch@uwtsd.ac.uk , with the title 'Ethical Approval' followed by your name.

STUDENTS ON UNDERGRADUATE OR TAUGHT MASTERS PROGRAMMES should submit this form (and receive the outcome) via systems explained to you by the supervisor/module leader.

Appendixes

Participation Consent Form

Participant Identification
Number:

PARTICIPATION CONSENT FORM (for researcher to fill)

Project Title: The Influence of Immigration on Health Outcomes of BAME Migrants in East

London: A Public Health Study

Name of Researcher: Augustina Afi Acheampong

Name of Supervisor: Dr. Olaoye Itse

Email of Researcher: 2424172@student.uwtsd.ac.uk

Aim of Research: To explore BAME migrants lived experiences of health and healthcare access in East London.

(for participant to fill)

YES NO

1 I confirm that I have read and understood the information sheet dated _____ for the above study.

2 I understand there are no material benefits for participating.

2 I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.

3 I understand that my participation is voluntary and that I am free to withdraw at any time, without giving any reason.

4 I understand that any information given by me may be used in future reports, articles or presentations by the researcher.

5 I consent for my name and title to be used within this study.

Where applicable, I understand that my details will not be anonymous.

6 I agree to be recorded (audio and/or audio-visual video).

7 I agree to take part in the above study.

Researcher's
Name (Print)

: Augustina Afi
Acheampong

Signature

Auguligi

Date

Participant's Name (Print)		Signature		Date	
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You may decline to participate in this study. You may end your participation in this study at any time. All data generated from this or any interview will remain confidential. For more information, please view the university's [Research and Data Management Policy](#).

When completed please email a copy to the below address to be kept on the file of the researcher and retain a copy for yourself.

Subject Title: **[NAME OF PARTICIPANT] – Participant Consent Form**

Email: 2424172@student.uwtsd.ac.uk

Participant Information Sheet

Participant Identification Number:

PARTICIPANT INFORMATION SHEET

Project Title:

The Influence of Immigration on Health Outcomes of BAME Migrants in East London:

A Public Health Study

Name of Researcher: Augustina Afi Acheampong

Name of Supervisor: Dr. Olaoye Itse

Dear Sir/Madam,

My name is Augustina Afi Acheampong, and I am a postgraduate student at the University of Wales Trinity Saint David, United Kingdom (London campus). Currently, I am conducting research entitled The Influence of Immigration on Health Outcomes of BAME Migrants in East London: A Public Health Study

The purpose of this research is to:

To explore BAME migrants lived experiences of health and healthcare access in East London. It is also to examine how immigration-related stressors and systemic inequalities contribute to disparities. Hopefully this research would help generate recommendations for inclusive and culturally competent policies and practices.

I would like to invite you to participate in my research project by [indicate what activity you want them to do].

Please complete the accompanying consent form. I will take notes and record audio during the interview with your permission.

Please note that the interview should not take more than 30minutes to complete, but there is no time constraint. Your participation in the interview will be voluntary. You will not receive any remuneration or reward from the researcher. As a participant, you may decide to stop the interview at any point in time without any explanation or reason.

All data generated from this or any interview will remain confidential. For more information, please view the university's [Research and Data Management Policy](#).

I thank you in advance for your time and participation. If any questions do arise, feel free to contact me at your convenience.

Name of Researcher: Augustina Afi Acheampong	Signature of Researcher: Auguligi
Email of Researcher: 2424172@student.uwtsd.ac.uk	