

ECSO 5002

Reflective Practice in Social Work



Reflective Practice

Reflective Social Work Practice demonstrates how social workers can innovate and consciously integrate blend thinking, doing, and being when working with individuals, families, groups, communities, and organisations, in addition to conducting research (Pawar, 2015, n.p).



(Suraasa, 2024.)

?? The who ??

The British Association of Social Workers

Social workers date back to 1895
(peopleshistorynhs.org, 2024,p.1).

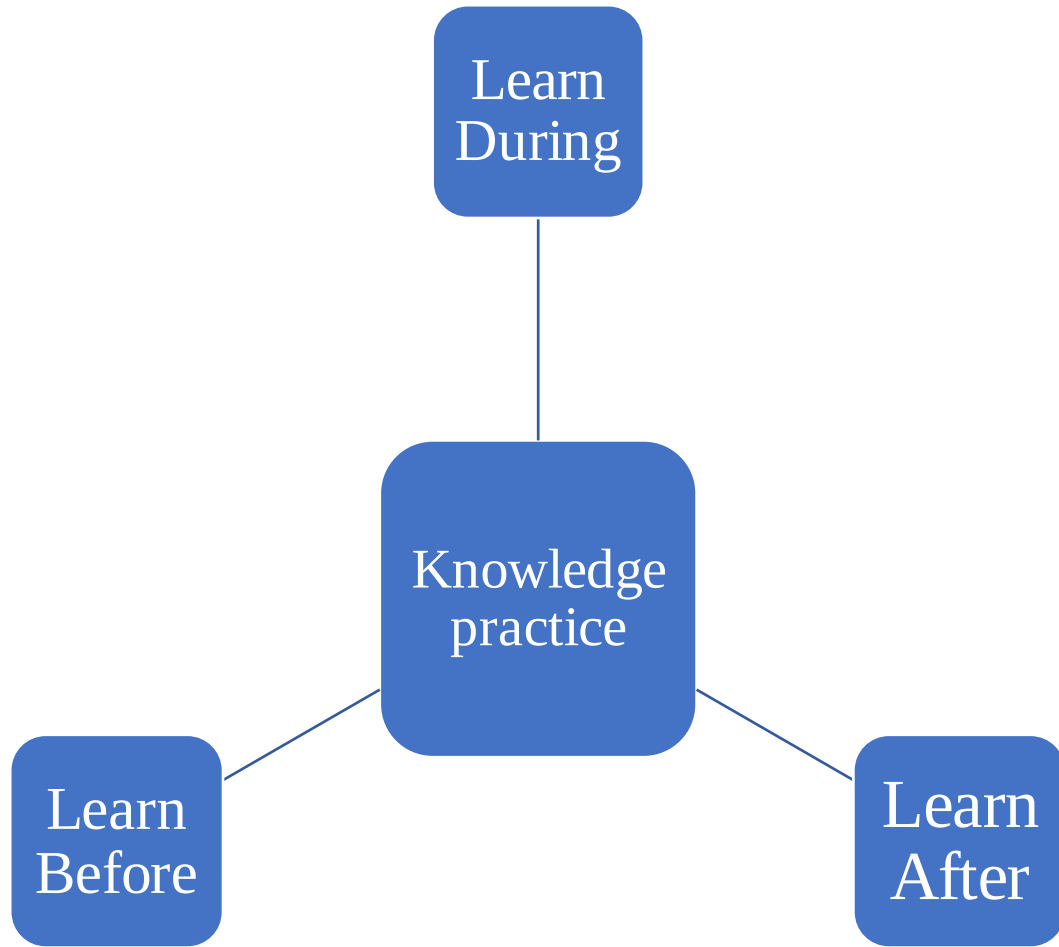
Local Authority and Social Services Act (1970)
(gov.uk, 1970,).

‘Social work is a practice-based profession and an academic discipline that promotes social change and development, social cohesion, and the empowerment and liberation of people. Principles of social justice, human rights, collective responsibility and respect for diversities are central to social work’
(International Federation of Social Workers’ (IFSW) 2014, p.1)



(Bridgen, 2015., IFSW, 2022.)

The what??



(Basw,2024; IFSW, 2024,Microsoft Graphic, 2024, Stock Image, 2024)

In Education

Reflective practice is at the heart of becoming a competent and confident social worker. It's both a key element of learning and development on social work courses and an important aspect of social work practice (Mantell, and Scragg, 2019,n.p).

‘Social worker’ is a protected title. In order to become a social worker, therefore, you must complete an approved Social Work degree. On successful completion of your studies, you must register with the relevant nation regulator as a qualified social worker to begin working’ (Swansea university, n.d).



(Getty Images, 2024.)

Research

Social care and social work workers can use research to demonstrate the intrinsic worth and effectiveness of their daily job. It can give proof to support social workers' decisions, in addition to how practitioners generate changes in lives of individuals (Harlock, J 2022, p. 2)

The practice of reflection is a complex notion, with origins in social work being variously connected with educational practices (Dewey, 1933, n.p)

In addition, adult learning paradigms connected with the reflective cycle (Boud, Keough, Walker, 1985; Kolb, 1984, cited in Ruch, 2002, p. 201).



(The Evolution, 2012.)

Practice

The discipline of reflection is increasingly regarded internationally as vital to ensuring students are equipped to confront the complexity, uncertainties, and problems found in present working predicaments (Doolan, *et al* 2006; Yip, 2006; Rauch, 2007 cited in Wilson, 2011,p.1)

The ability to critically reflect on your practice will assist you in identifying your learning needs and initiating a cycle of experience, reflection, learning, and change (Social work England, Reflection, 2024, p.1).



(The Knowledge Exchange, 2024.)

The when

Anytime!

Schon describes practioners that use refection in different ways as in the real world the same method doesn't always work in every scenario (Schon, 1983, Cited in Bassot, 2016, p.40).

Critical reflection is a crucial component of continual learning and development. It enables you to transform your observations into learning, which they are able to utilise to enhance your field of expertise (Department of Health, 2016, p.1).

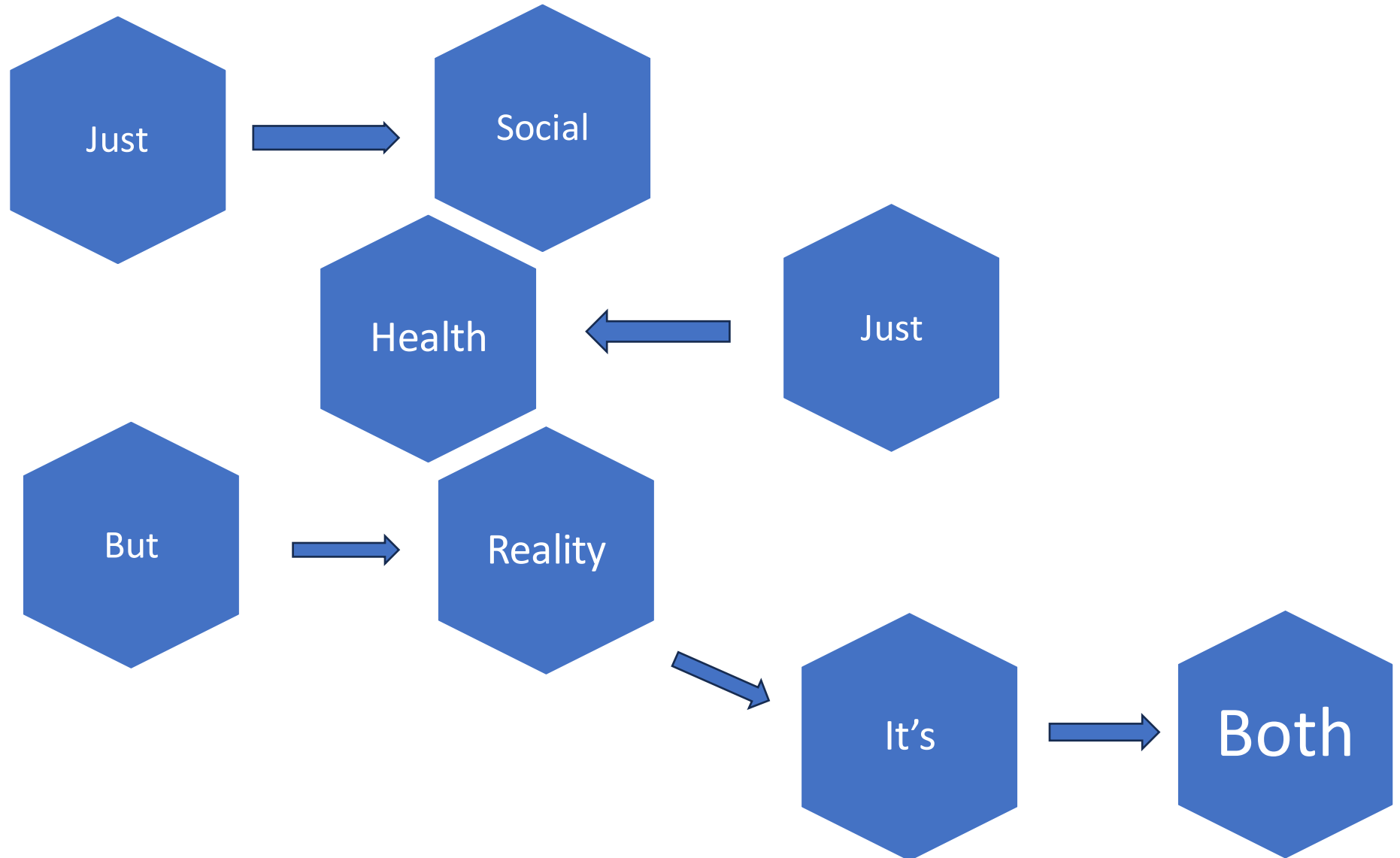


(Istockphoto.com,2024)

The Act and Legislation

- Social Services and Well Being (Wales) Act (2014) [social-services-and-well-being-wales-act-2014-the-essentials.pdf \(gov.wales\)](#)
- Mental Health Act (1983) [Mental Health Act 1983 \(legislation.gov.uk\)](#)
- Mental Capacity Act (2005) [Mental Capacity Act 2005 \(legislation.gov.uk\)](#)
- Care Act (2014) [Care Act 2014 \(legislation.gov.uk\)](#)
- Human Rights Act (1998) [Human Rights Act 1998 \(legislation.gov.uk\)](#)
- Equality Act (2010) [Equality Act 2010 \(legislation.gov.uk\)](#)

The Reality



(BASW , 2024 ; IFSW, 2024; Microsoft Graphic power point, 2024)

Conclusion

Bolton and Delderfield (2018) state that Reflective practice is continuous rather than a one-off process by describe it as ‘a state of mind, an ongoing attitude to life and work’ (Bolton, and Delderifeld, 2018, p.1).



(Better Lesson, 2024.)

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