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Assessment in Physical Education

What to Assess in PE

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Trawsnewid Addysg; Trawsnewid Bywydau
Transforming Education; Transforming Lives



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The

WHY...

WHAT...

HOW...

of Assessment in Physical Education



WHAT should we assess in PE?

What should we assess?

- Return to the aims of PE
 - Arnold – definitions etc
- Physical Literacy –
 - CAPL? & others?
- Domains of learning
 - Physical
 - Cognitive
 - Affective
 - Social

Assessment of multiple domains

- Behaviour (e.g., physical activity behaviour)
- Motivation
- Cognitive (e.g., knowledge and understanding of health benefits)
- Physical (e.g., skills and fitness)
- Social (e.g., communication and teamwork)

Fitness Testing...

Assessing Fitness in Physical Education – The Big Debate!

Multiple readings on Moodle:

Rowland (1995) The horse is dead let's dismount

Corbin et al. (1995)

Cale & Harris (2007)

Lloyd et al. (2010)