

Ysgol Cyfiawnder a Chynhwysiant Cymdeithasol
The School of Social Justice and Inclusion



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

MArts /BA HUMANISTIC COUNSELLING PRACTICE

MAINTAINING A FRAMEWORK FOR PRACTICE
Module: ECHC4002

Llawlyfr y Modiwl
Module Handbook

Module Leader: Andrea Williams

Module Title:	Maintaining a Framework for Practice Module: ECHC4002
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This handbook has been designed to provide you with the necessary information required for your progression throughout the module. It is very important that you keep this in a safe place as it is your essential guide to module content and the learning outcomes required to complete the module.

Good luck with your studies. If you have any queries regarding this module, please contact the module leader.

Module Leader	Andrea Williams
Level	4
Credit Value	20

Module Aims

- To develop an understanding ethical and professional standards in counselling as a basis of forming a therapeutic relationship.
- To demonstrate a critical awareness of own values and beliefs and integrate practice, theory and personal awareness in working with clients to establish and maintain a therapeutic frame of practice.

Module Learning Outcomes

Upon the successful completion of this module, the student should be able to demonstrate the ability to:

- Demonstrate adherence to the ethical principles that underpin counselling and psychotherapy.
- Integrate into practice legal, professional and organisational requirements pertaining to equal opportunities, diversity and anti-discrimination.
- Demonstrate an understanding of the role of supervision as an essential aspect of clinical practice.
- Assess the components which underpin therapeutic alliances, which may include client motivation, commitment to the therapeutic process and contractual arrangements.

Module Content

This module will provide students with the knowledge that is needed to work safely and ethically within a framework of practice. Professional, values, principles, standards and expectations will be considered within contemporary Counselling practice; this will include such standards as ethical and legal practice; policies and procedures; ways of recording and reporting; duty of care, confidentiality, courts and legal systems, data protection; safeguarding and contextualising therapeutic practice within the context of professional bodies such as the BACP.

Indicative Content

- Framework for Professional Ethics and Standards
- Professional Practice
- Ethical Problem-solving and Decision-Making
- Contracts, Informed Consent and Confidentiality
- Professional Boundaries and Role Expectation
- Supervision
- Professional Competence
- Self-Care: Burnout, Compassion Fatigue and Vicarious Trauma
- Law and Legislation.
- Record Keeping and Data Protection
- Social Policy
- Values, Beliefs and Principles
- Equality, Diversity and Rights
- Social Inclusivity
- Anti-Discriminatory Practice

Teaching and Learning Strategy

A range of teaching and learning strategies, appropriate to the aims and learning outcomes of the module will be used to enable learners to develop the full range of skills and knowledge achieved in this module. Lectures will introduce the learner to the concepts, principles and practices under consideration. Tutorials will enable students to receive one-to-one support from lecturers and assignment supervision will offer focused support and discussion regarding assignments. Lecturers will provide pedagogic demonstrations and observation with formative feedback.

Seminars:

Learners will work collaboratively in small groups, participate in workshops, role play and experiential and reflective activities. Their purpose will be to:

- Enable students to consolidate material obtained from other sources and to clarify any problems that may arise.
- Ensure that students develop their interpersonal communication skills through debate, discussion and making presentations.
- To provide an interactive learning environment to ensure feedback between the tutor and all course members.
- Listen to others' ideas sympathetically and critically.

Supported Self Study: Self-study and directed reading will enable students to undertake reading that specifically relates to their own areas of expertise, develop independence in learning, feel confident about own ability and develop a strength of interest.

Readings

Lectures and seminars can only provide you with a scaffold of information – it is your wider reading that will help you to develop a comprehensive understanding of the topic. Each lecture comes with a series of recommended readings, it is expected that you carry out the reading for the lectures as we go along (it is recommended that you spend time reading the suggested texts before the lecture, to aid your understanding of the topic during the lecture). Additional reading will provide depth to your knowledge, and you are encouraged to engage with as many of these readings as possible. In addition, where indicated, you have been set readings for the seminars which will allow us to explore the topics in more depth. You will be required to prepare for seminars by researching and bringing information from relevant journal articles and academic texts.

Maintaining a Framework for Practice

Module Learning Outcomes <i>Upon successful completion of this module, students will be able to:</i>	SILOs GILOs	Assessment Criteria <i>To achieve each outcome a student must demonstrate the ability to:</i>
Demonstrate adherence to the ethical principles that underpin counselling and psychotherapy.		Demonstrate adherence to the ethical principles that underpin counselling and psychotherapy
Integrate into practice legal, professional and organisational		Integrate into practice legal, professional and

requirements pertaining to equal opportunities, diversity and anti-discrimination.		organisational requirements pertaining to equal opportunities, diversity and anti-discrimination.
Demonstrate an understanding of the role of supervision as an essential aspect of clinical practice.		Demonstrate an understanding of the role of supervision as an essential aspect of clinical practice
Assess the components which underpin therapeutic alliances, which may include client motivation, commitment to the therapeutic process and contractual arrangements		Assess the components which underpin therapeutic alliances, which may include client motivation, commitment to the therapeutic process and contractual arrangements
Maintaining a Framework for practice Module Assessment Criteria		Weighting
1	ASSESSMENT COMPONENT ONE WRITTEN ASSIGNMENT: ACADEMIC ESSAY ESSAY QUESTION: 'Discuss the ethical principles that underpin counselling and psychotherapy and consider the importance of working with clients to establish and maintain a therapeutic frame' WORD COUNT: 1500 words SUBMISSION DATE: 28th November 2017 - 12:00 SUBMISSION DETAILS: Submit electronic copy through Turnitin	50%
2	ASSESSMENT COMPONENT TWO	

	ORAL PRESENTATION: (15 MINUTES) ASSESSMENT DETAILS: ‘This assignment is set as a power point presentation and considers the ethical imperative to integrate into practice, legal, professional and organisational requirements pertaining to equal opportunities, diversity, and anti-discriminatory practice when working with a specific client group. Reflect on your own morals, values and beliefs and the emotional impact of discrimination’ SUBMISSION DATE: 1st May 2018 at 12:00 SUBMISSION DETAILS: Electronic copy, through Turnitin.	50%
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Essential Reading:

Bond, T. (2015) Standards and Ethics for Counselling in Action. 4th edn. London: Sage Publications Ltd.

Bond, T. (2015) Confidentiality and Record Keeping in Counselling and Psychotherapy. 2nd edn. London: Sage Publications Ltd.

Claringbull, N. (2010) What is Counselling and Psychotherapy? Exeter: Learning Matters.

Feltham, C. and Horton, I. (2012) The Sage Handbook of Counselling and Psychotherapy. London: Sage Publications Ltd.

McLeod, J., 2013. Introduction to Counselling, 5th ed. Maidenhead: Open University Press

McLeod, J. and McLeod, J. (2011) Counselling Skills: A Practical Guide for Counsellors and Helping Professionals. Maidenhead: Open University Press.

Proctor, G. (2014) Values and Ethics in Counselling and Psychotherapy. London: Sage Publications Ltd.

Hawkins, R. and Shohet, P. (2012) Supervision in the Helping Professions. Berkshire: Open University Press.

Sanders, P. (2011) First Steps in Counselling: A Student's Companion for Introductory Courses. 4th edn. Ross on Wye: PCCS Books

Sutton, J and Stewart, W. (2013) Learning to Counsel: Develop the Skills, Insight and Knowledge to Counsel Others. Oxford: How to Books Limited

Woolfe, R., Strawbridge, S., Douglas, B. and Dryden, W. (2010). Handbook of Counselling Psychology. 3rd edn. London: Sage.

<https://www.nice.org.uk/>

<http://www.bacp.co.uk/>

<https://www.gov.uk/government/organisations/home-office/about/equality-and-diversity>

<https://www.gov.uk/discrimination-your-rights/types-of-discrimination>

<https://www.equalityhumanrights.com/en/equality-and-diversity>

BACP Counselling and Psychotherapy Research Journal

Therapy Today

Person-centered & Experiential Therapies

Journal of Humanistic Psychology

British Journal of Guidance and Psychotherapy

Database e.g. ProQuest, Science Direct, Jstore

