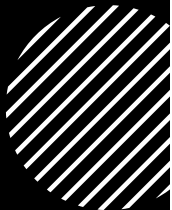


CASE STUDY ABOUT
ISAAC
USING BOWLBY'S
ATTACHMENT
THEORY.



INFO



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COURSE NAME: PSYCHOLOGY IN HEALTH AND
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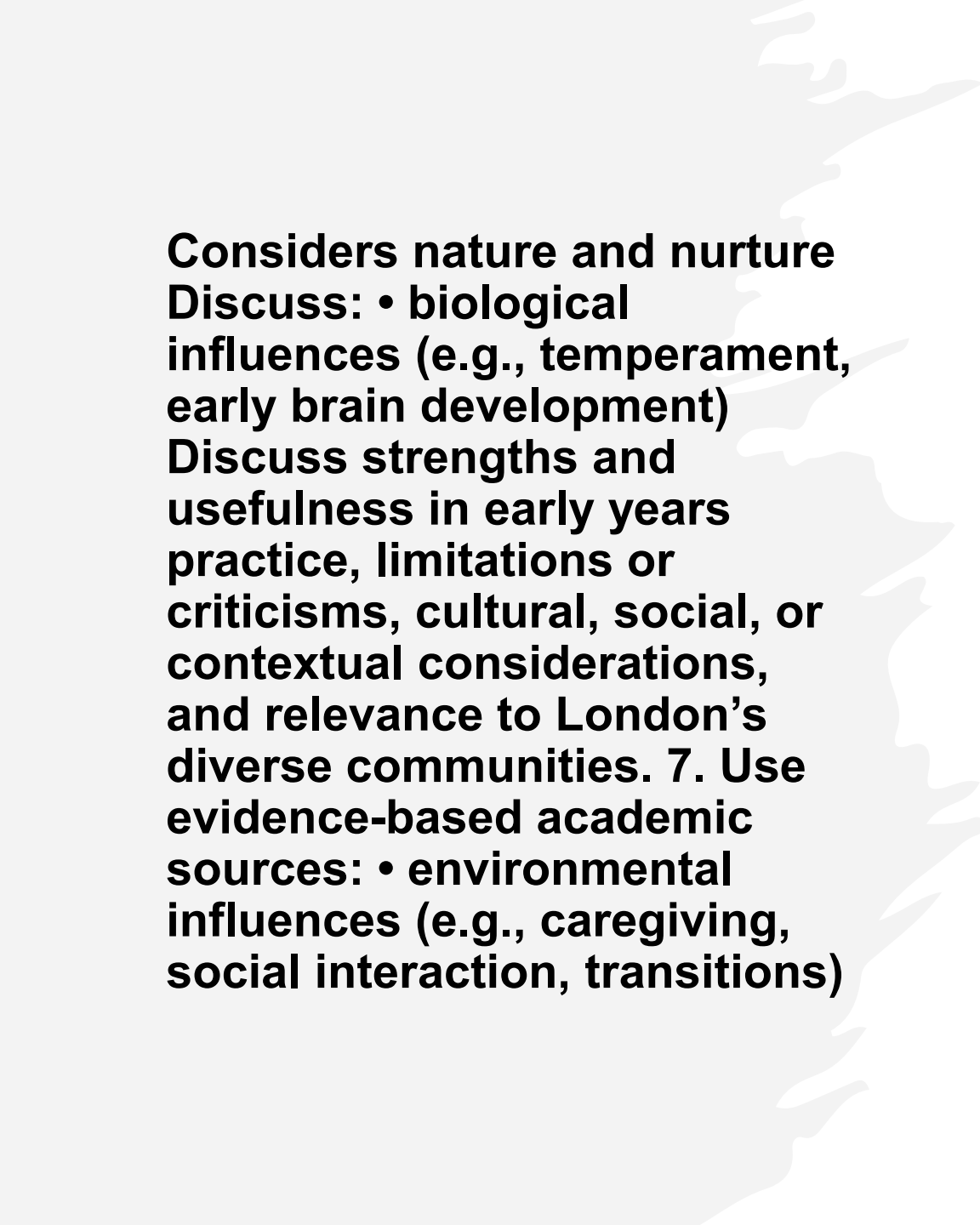
INTRODUCTION.

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- According to Bowlby's Attachment Theory, children's deep emotional bonds with their carers are vital to their emotional growth and safety because they are naturally hardwired. Secure attachment, attachment behaviours, and the internal working model—which moulds children's perceptions of others and themselves based on early relationships—are important ideas. The approach, which emphasises the significance of consistent, adaptable parenting for emotional security, is especially pertinent to early infancy(Christou, A., et al,(2022).



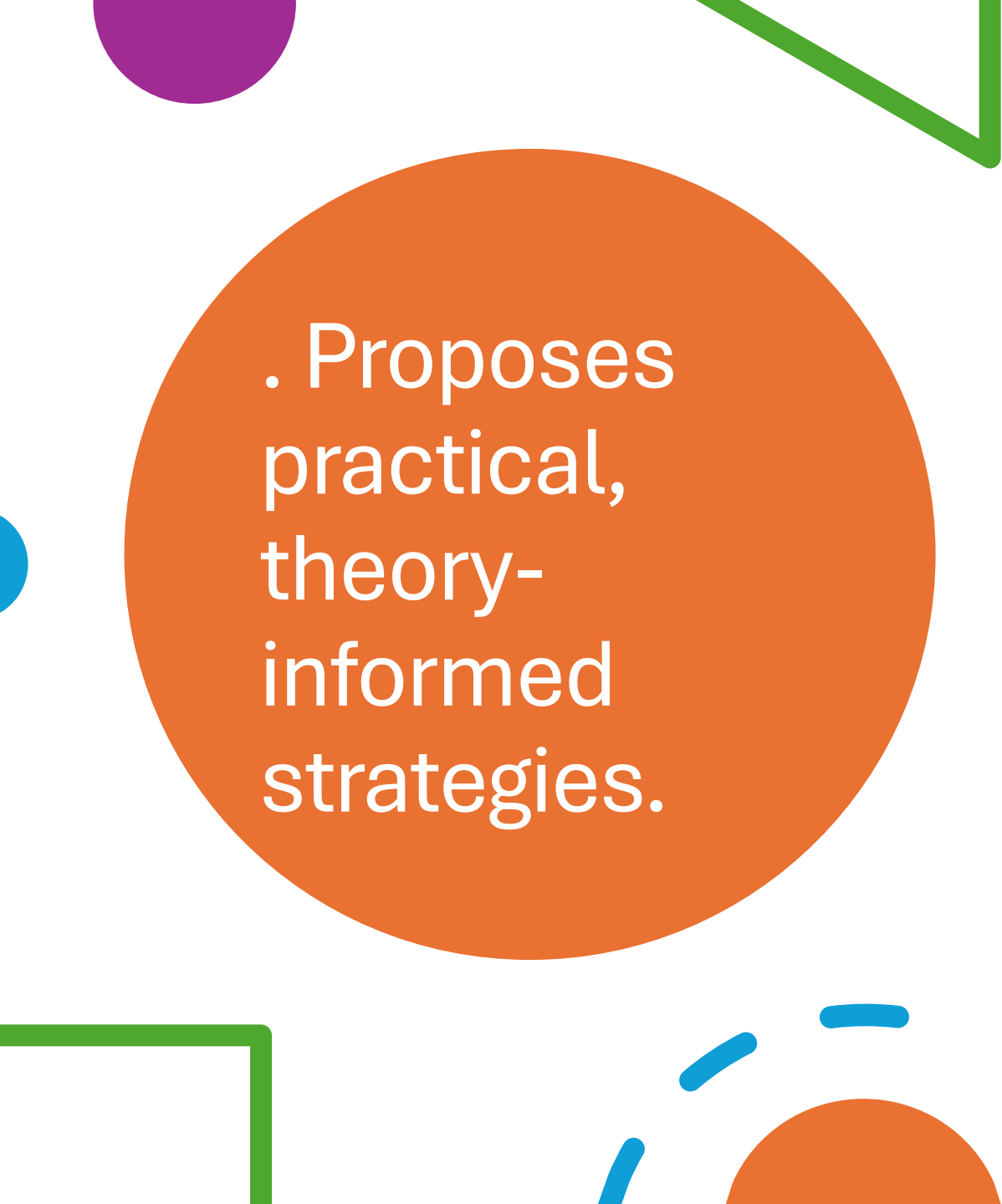
Applies the theory to Isaac's experiences
Analyse how his:
disrupted childcare,
maternal mental health,
limited social
interaction, emotional
responses, language
delay may influence his
development and
wellbeing.

- When Bowlby's Attachment Theory is applied to Isaac's experiences, it becomes clear how his emotional, social, and cognitive development was impacted by his mother's mental health, interrupted childcare, and a lack of social relationships. As seen by his discomfort during separations and withdrawal from activities, Isaac's uneven caring may make it more difficult for him to develop stable bonds and trust (Evans, T., & Pettet, M. (2018). Isaac's emotional control and security are further impacted by his mother's emotional reactivity, which is impacted by her postpartum depression.



Considers nature and nurture
Discuss: • **biological influences (e.g., temperament, early brain development)**
Discuss strengths and usefulness in early years practice, limitations or criticisms, cultural, social, or contextual considerations, and relevance to London's diverse communities. 7. Use evidence-based academic sources: • **environmental influences (e.g., caregiving, social interaction, transitions)**

- It is necessary to take account of both nature (biological variables) and nurture (environmental effects) in order, to comprehend Isaac's growth (Puska, P., 2019). His emotional health is influenced by elements like temperament, heredity, and early brain development. Given Isaac's mother's postpartum depression and lack of support, Bowlby's Attachment Theory highlights the need of early caregiving, which has an impact on their connection and Isaac's emotional stability. Isaac also struggles to develop social and communication skills because of his little social encounters and frequent disruptions from changes in childcare arrangements.



. Proposes
practical,
theory-
informed
strategies.

- A support plan for Isaac is based on Bowlby's Attachment Theory, which emphasises the development of safe relationships, regular routines, and emotional support to promote self-assurance and independence. Establishing a dependable carer relationship, promoting child-led play to improve social interaction, and creating a language-rich environment through responsive communication are all important tactics(Bohman, P., R.,2021).
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Critically evaluate the theory.

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- It emphasises the value of responsive, consistent connections, enabling practitioners to build safe interactions through sensitive responses and key person systems. Both children and their carers gain from the theory's support of a child-centred approach and engagement with families(Aivalli, P., Gilmore, et al, A., 2024).

The hypothesis is criticised, nevertheless, especially for its early focus on mothers as the primary carers and its possible disregard for more extensive societal influences on infant development(Hilton, C., 2020).

Conclusion

A useful framework for comprehending Isaac's emotional, social, and developmental requirements is provided by Bowlby's Attachment Theory. The significance of stable and stable relationships in early life is highlighted by his experiences with interrupted childcare, separation issues, maternal mental health issues, and little social interaction



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