

Academic and Employability Skills

BMSW4001

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Overview/Outline

In this presentation I will be discussing the role and responsibilities of my intended career. Why it is very important and what characteristics and qualities are required.

I will be going through my personal strengths and weaknesses and ways I can improve them in support of a personal development plan.

I will be highlighting the importance of a cv and cover letter.

The Role and Responsibilities of a Midwife

A Midwife is health professional that specializes in providing support to mothers, their families and their newborn baby.

Role and Responsibilities

- Clinical competences like excellent level of knowledge and skills
- Humanistic approach towards patients
- Advising and supporting parents in the daily care of their newborn babies
- Respectful interprofessional interaction
- Examining and monitoring pregnant women
- Emotional support and reassurance to women
- Supporting and caring for mothers during labour

SWOT ANALYSIS

STRENGTHS • Empathetic and patient towards others • Effective Communication • Compassionate • integrity	WEAKNESSES • Too critical of myself • Time management • Procrastination
OPPORTUNITIES • contributing to care of the woman in a supportive environment • Provide reproductive education in fertility, nutrition, contraception, pregnancy health and quality infant care	THREATS • Stressful profession • Shortages of staff • Emotionally fragile environment • Competitive

Time management Tools

Time management is about how an individual manages self. We can only manage the way we can use our time effectively by organizing and prioritizing the important activities. That way we can be more productive and efficient.

Examples of time management tools

- Calendar
- Specialized time management apps e.g. asana

Academic Writing

Academic writing is important as it serves as a tool of communication and acquires knowledge in study. Writing academically supports me to analyze, critically think and convey understanding.

- Clear
- Concise
- Focused
- Structured
- Backed up by evidence

CV and Cover Letter

A CV also known as curriculum vitae is important as it is a way for an individual to promote themselves. A CV displays your skills, attributes and experiences to gather whether you will be suitable for the job role an individual has applied for.

A CV usually includes the following:

- Personal details
- Strengths
- Weaknesses
- Experience history
- Educational history

A Cover letter accompanies a CV. It provides further details on how your skills align with the role.

Personal Development Plan

Area For Development:	I Will Achieve This By?	I Will Have This Completed By:
Procrastination	Dived and Conquer - Break larger tasks into smaller units. Manage my time more effectively by being more organized	April 2022
Self Criticism	Balance self-improvement Replace negative thoughts with realistic statements Positive attitude and mindset	January 2022
Time management	Learn my patterns of productivity Scheduling my tasks and deadlines. Reward myself	March 2022

Conclusion

In Conclusion this presentation has discussed the importance of analysing my strengths and weakness and ways I can target and improve them. My intended career with helpful qualities that will enhance my learning and outlining the roles and responsibilities that goes along with it. The importance of time management and Academic writing with tools and techniques to help improve. Lastly discussing the importance of having a cv and cover letter, as it introduces oneself and what qualities they have to contribute towards a particular job opportunity.

References

ARTICLE

[Midwifery students' perspectives on how role models contribute to becoming a midwife: A qualitative study](#)

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Thank You For Listening
