

Name – Sonia Aslam

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USING VYGOTSKY'S SOCIOCULTURAL THEORY TO SUPPORT JENNY

SUPPORT PLAN PRESENTATION

JENNY'S OVERVIEW

- Jenny is a 16-year-old young carer for her mother, who has been doing this for 5 years.
- Her Father died when she was 11, and she supports her mother with issues such as mobility and low mood issues.

Vtgotsky's Sociocultural Theory

- Zone of Proximal Development (ZPD)
- Scaffolding from supportive adults
- Importance of language in learning

An important concept is the Zone of Proximal Development, which explains that individuals can acquire new skills more effectively when they get help, motivation, and direction from others (Seth Chaiklin, 2003).

Relevance to Jenny's Problem

- Social responsibilities influencing development
- Reduced peer interaction possible
- Importance of supportive relationships

Jenny's growth could be affected by her social circumstances as a young carer, since her duties, family setting, and connections all play a role in how she develops and learns (Saul Becker, 2007).

Impact On Jenny's Development

- Emotional demands from caregiving
 - Possible educational pressures
 - Opportunities for skill development
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- Taking on caregiving duties when you're young can impact Jenny in many ways, like emotionally, socially, and in her education. However, it can also help her grow in maturity, gain practical skills, and develop empathy (Jo Aldridge and Becker, 1993).

Nature and Nurture

- Stress Responsiveness
- Family And Community Support
- Coping or bereavement

Even though sociocultural theory mainly looks at social influences, Jenny's growth is also impacted by biological elements like adolescence, as well as environmental aspects such as family duties and support systems (Michael Cole, 1996).

Support In Place

- Peer support groups for young carers
- Educational mentoring or tutoring
- Community Wellbeing groups

Building supportive relationships, offering community resources, and providing educational assistance can promote positive growth since social interaction is crucial for learning and overall wellbeing (Joseph, Becker and Becker, 2009).

How Useful is the Theory?

- Highlights importance of environment
- Recognises role of social support
- Useful in health/social care planning

Sociocultural theory plays an important role in health and social care as it shows how relationships, surroundings, and cultural background can affect a young person's growth and overall wellbeing (Barbara Rogoff, 2003).

What Are The Problems With The Theory?

- Less focus on biological factors
- Broad theory — not predictive
- Individual differences still important

Sociocultural theory talks about how society affects us, but it might not cover all the emotional aspects.

Conclusion

Grasping Jenny's social situation aids in recognizing suitable support methods and how the support is essential, promoting wellbeing.

References Used During This Presentation:

(Barbara Rogoff, 2003)

(Joseph, Becker and Becker, 2009)

(Michael Cole, 1996)

(Jo Aldridge and Becker, 1993)

(Saul Becker, 2007)

(Seth Chaiklin, 2003)