



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

Semester 2

BMPE4005 Physical Education and Aquatic Activities

- WK 3 - Teaching Styles

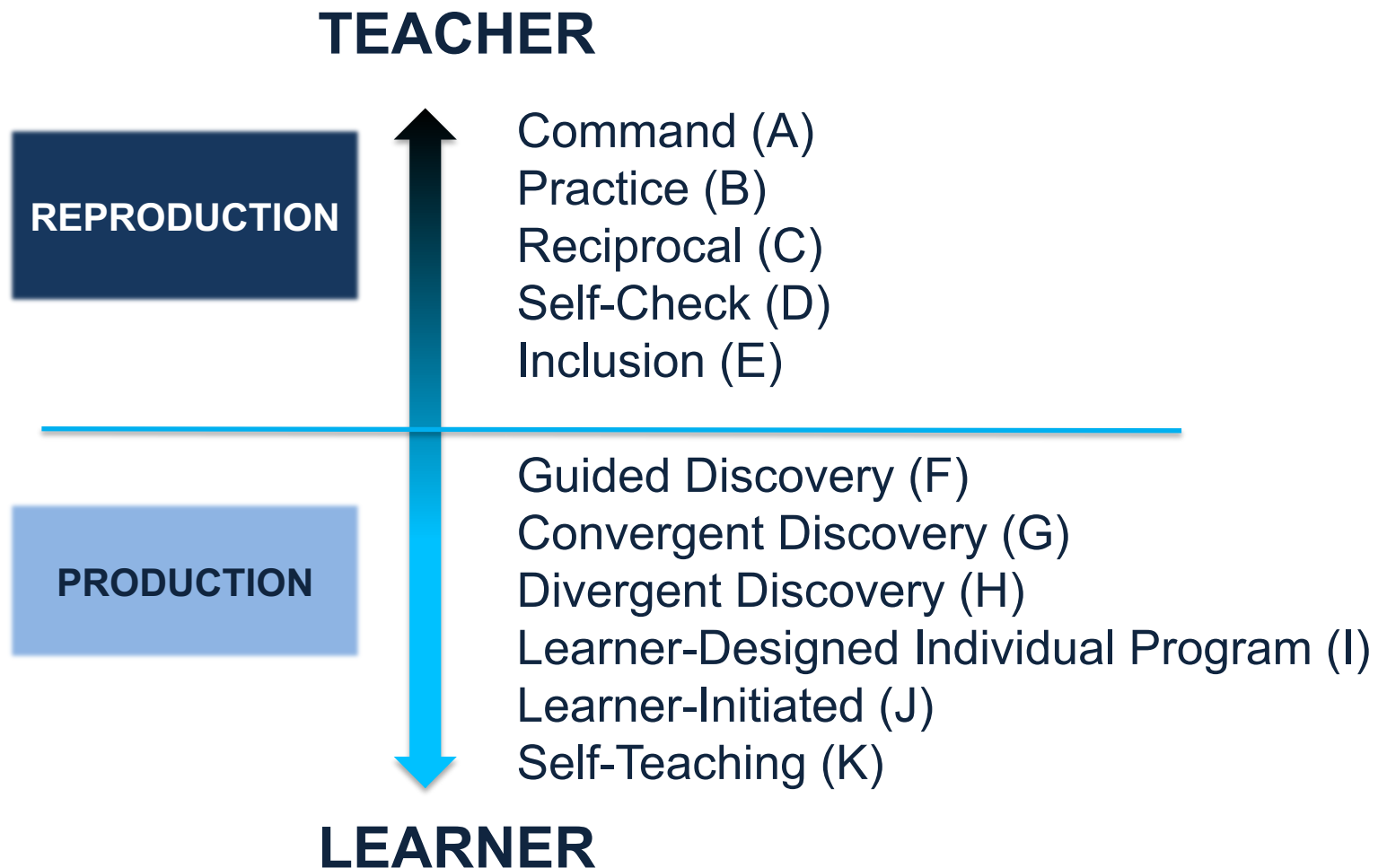
Mara Mata

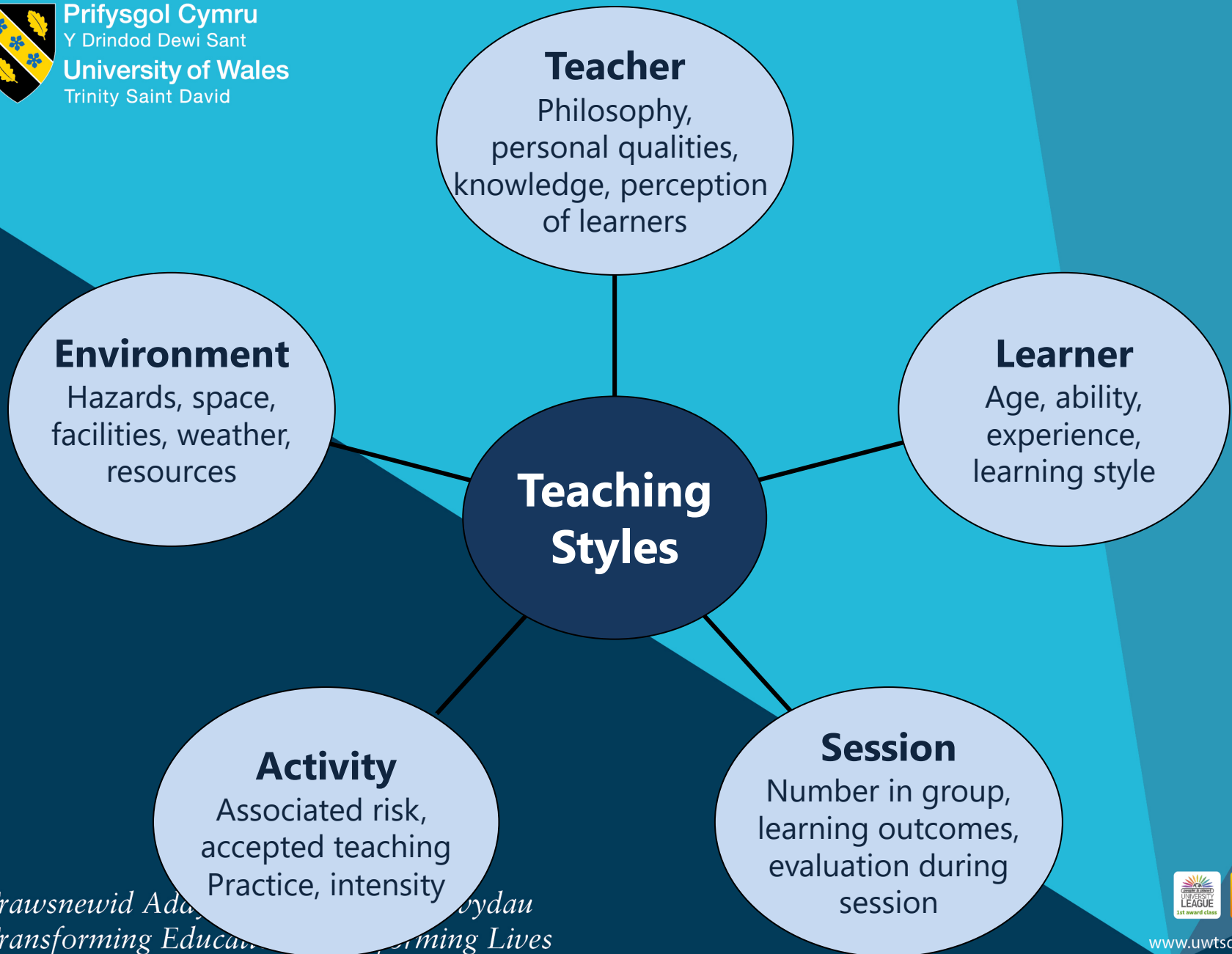
Trawsnewid Addysg; Trawsnewid Bywydau
Transforming Education; Transforming Lives



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MOSSTON & ASHWORTH'S (2008) SPECTRUM

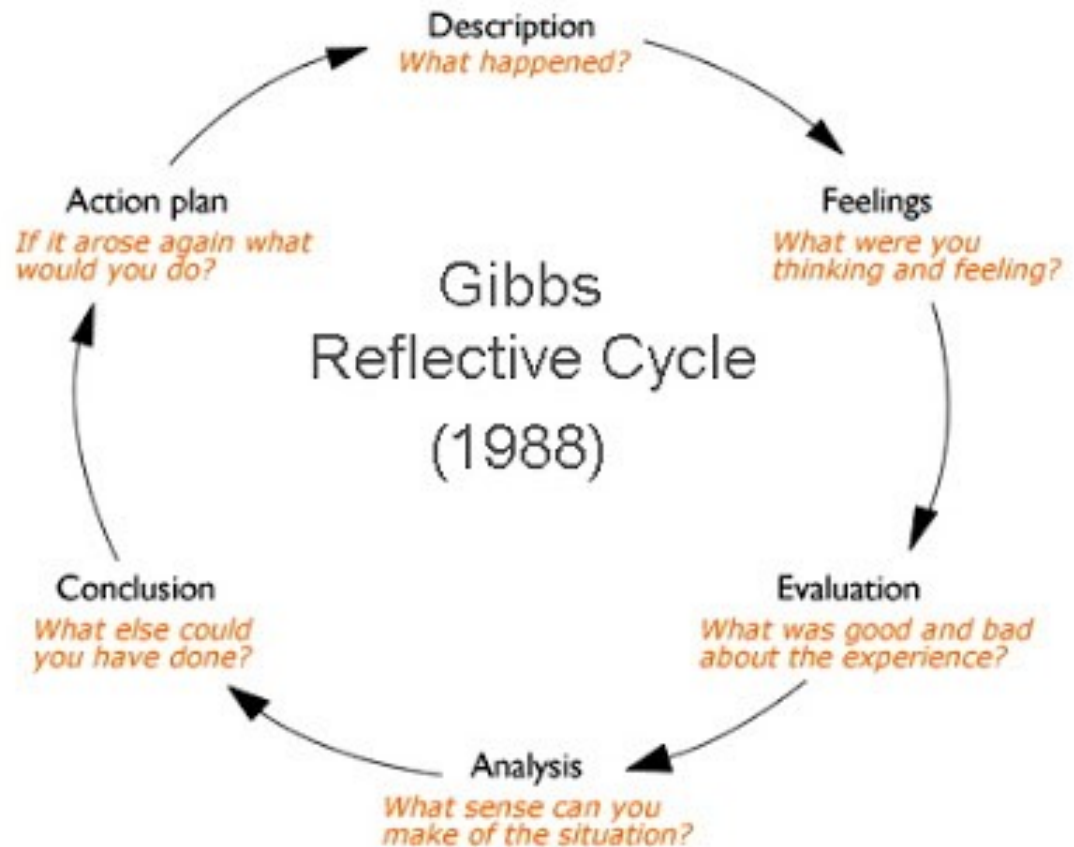




Session Reflection

Think-Pair-Share

- In your breakout rooms, using Gibbs' reflection Model, reflect on the session you have just delivered.
- There should be more than 2-3 sentences in each step. Add as much detail as possible to your experience!
- Be prepared to share!



Next Week

- **Apply what we know so far (e.g. learning theories & teaching styles) to various scenarios.**
- Read Sanchez *et al.* (2012) *Students' perceptions of the command, practice and inclusion styles of teaching* paper.
 - available on the Reading List. Make a summary of the key messages from the article – these might be useful for your Assessment.
- Make an independent search on the library catalogue for articles (not textbooks!) that can support your Assessment.
- Email me for any doubts, questions or struggles.

What questions have you got?

**Thank you
Diolch
Obrigada**

See you next week!

References

Gibbs, G. (1988). *Learning by doing: A guide to teaching and learning methods*. Oxford, UK: Oxford Brookes University, Further Education Unit.

Mosston, M. and Ashworth, S. (2008). *Teaching Physical Education*. First edition online. Pearson Education.