

LEVEL 4 ASSESSMENT SPECIFICATION

Student name:	Sean Garvin	Student ID number:	2539592
Programme:	HWS Summer Programme		
Module:	Theoretical Issues in Outdoor Pursuits		
Module code:	BMSH4107	Contribution to Overall Module Assessment (%):	50%
Lecturer:	Tom Moore	Internal Verifier:	Denise Leonard
Assignment Title:	Experiential Learning Reflection (Video)	Word count (or equivalent):	10-minute video/ vlog (1500 words)
Submission deadline:	14 th July 2026 15:00 (BST)	Return date of provisional marks & written feedback:	11 th August 2026 15:00 (BST)
Submission method:	All written assessments, where practical and possible, must be submitted via Turnitin unless otherwise instructed by the Lecturer. (Please DO NOT put this assessment specification into Turnitin or it will match many similarities with other students' submissions.) Alternative submission method (if applicable): Late submission of the assessment will result in a late penalty mark. Penalties for late submission: Up to one week late, maximum mark of 40%. Over one week late, 0%. Only the Extenuating Circumstances Panel may approve a change to submission dates.		
Academic honesty / referencing:	Academic honesty is required. In the main body of your submission you must give credit to authors on whose research and ideas your work is based. Append to your submission a reference list that indicates the books, articles, etc. that you have used, cited or quoted in order to complete this assessment.		

Module Learning Outcomes
(from module syllabus)

Upon the successful completion of this module, the student should be able to:

- Refer to a model of experiential learning as an effective means of developing and improving knowledge and understanding of both personal safety and environmental issues in adventurous activities
- Describe and apply a model of experiential learning in relation to their own experiences of the practical programme
- Demonstrate an understanding of key concepts including Rhonke's (2000) 'Challenge by Choice' and Mortlock's (1984) 'Stages of Adventure'
- Demonstrate an awareness of key issues relating to environmentally sustainable practice in outdoor pursuits

- Demonstrate an awareness of their own physiological needs and prepare appropriately for a range of outdoor adventurous activities in a variety of environments and prevailing conditions;

TASK DESCRIPTION

With reference to Kolb's Experiential Learning Cycle (1984), create a 10-minute video (vlog) describing an iteration of the cycle that is based on an instance of your own experience of the HWS programme in Wales.

Your video discussion should refer to each of the four stages of Kolb's theory.

The learning can be with regards any aspect of the experience but should be linked to your personal journey of discovery during the programme.

Student acknowledgement of ai use

I confirm that I have not used any AI tools in the research and creation of this assignment. I confirm that I have not presented any AI generated materials as my own work. I confirm I have copies of my drafts, notes, and other resources I used, which I may be asked to provide in evidence.

Signed:

Sean Garvin

Link to Final Video assignment: <http://youtube.com/video/SNhugyY809E/edit>