

ECEY4011/C

Ymyrraeth a cefnogaeth

Interventions and support

Deilliannau dysgu

Learning outcomes

Erbyn diwedd y sesiwn hon bydd myfyrwyr yn gallu:

- Esbonio pwysigrwydd ymyrraeth gynnar wrth gefnogi datblygiad plant.
- Adnabod ystod o ymyriadau a gwasanaethau cymorth sydd ar gael i blant a theuluoedd.
- Trafod rôl chwarae, perthnasoedd ac amgylcheddau wrth gefnogi datblygiad.
- Gwerthuso rôl gweithio amlasiantaethol wrth wella canlyniadau i blant.
- Cymhwyso gwybodaeth am ymyriadau a chymorth i'w hasesiad llyfr lloffion digidol.

By the end of this session, students will be able to:

- Explain the importance of early intervention in supporting children's development.
- Identify a range of interventions and support services available to children and families.
- Discuss the role of play, relationships and environments in supporting development.
- Evaluate the role of multi-agency working in improving outcomes for children.
- Apply knowledge of interventions and support to their digital scrapbook assessment.

Beth ni'n olygu gan ymyrraeth?

What do we mean by intervention?

- Mae ymyrraeth yn cyfeirio at gamau gweithredu, gwasanaethau neu gymorth a ddarperir i wella canlyniadau i blant a theuluoedd.

Gall ymyriadau:

- Atal problemau rhag gwaethygu.
- Cefnogi datblygiad iach.
- Gwellu lles.
- Hyrwyddo canlyniadau cadarnhaol.

- Intervention refers to actions, services or support provided to improve outcomes for children and families.

Interventions may:

- Prevent difficulties from escalating.
- Support healthy development.
- Improve wellbeing.
- Promote positive outcomes.

Sut y gall pob plentyn ffynnu erbyn pump oed

How every child can thrive by five

Trafodwch

- Beth ydych chi'n meddwl sydd ei angen fwyaf ar blant er mwyn ffynnu?

Discuss

- What do you think children need most to thrive?

Sut y gall pob plentyn ffynnu erbyn pump oed

How every child can thrive by five



(Ted, 2021)

Sut y gall pob plentyn ffynnu erbyn pump oed

How every child can thrive by five

- Pa un o'r pum rhyngweithiad allweddol a drafodwyd yn y fideo y gallai ymarferwyr eu cefnogi yn eu lleoliad?
- Which of the five key interactions discussed in the video could practitioners support in their setting?

Strategatheau sy'n annog datblygiad cadarnahol

Strategies that promote positive developmental outcomes

Gellir cefnogi canlyniadau datblygiadol cadarnhaol drwy:

- Perthnasoedd diogel ac ymatebol
- Cyfleoedd dysgu sy'n seiliedig ar chwarae
- Adnabod anghenion yn gynnar
- Ymyrraeth a chymorth cynnar
- Cyfathrebu effeithiol gyda phlant a theuluoedd
- Gweithio mewn partneriaeth â rhieni a gofalwyr
- Cydweithio amlasiantaethol
- Amgylcheddau cynhwysol a meithringar
- Hyrwyddo iechyd a lles corfforol
- Cefnogi iaith, lleferydd a chyfathrebu
- Hyrwyddo lles emosiynol a gwydnwch
- Darparu trefn a disgwyliadau cyson

Positive developmental outcomes can be supported through:

- Secure and responsive relationships
- Play-based learning opportunities
- Early identification of needs
- Early intervention and support
- Effective communication with children and families
- Partnership working with parents and carers
- Multi-agency collaboration
- Inclusive and nurturing environments
- Promoting physical health and wellbeing
- Supporting speech, language and communication
- Encouraging emotional wellbeing and resilience
- Providing consistent routines and expectations

Pwer perthnasau

The power of relationships

Mae perthnasoedd cadarnhaol yn helpu plant i:

- Deimlo'n ddiogel ac yn sicr
- Datblygu hyder
- Meithrin gwydnwch
- Dysgu trwy ryngweithio
- Datblygu'r gallu i reoleiddio emosiynau

Positive relationships help children to:

- Feel safe and secure
- Develop confidence
- Build resilience
- Learn through interaction
- Develop emotional regulation

Datblygu trwy Chwarae

Developing through Play

- Ydych chi byth yn rhy hen i chwarae?
- Are you ever too old to play?



Pa datblygiad sy'n digwydd fan hyn?
What development is happening here?



Neges allweddol

Key message

- Nid yw chwarae yn peidio â bod yn werthfawr ar gyfer datblygiad dim ond oherwydd bod plentyn yn dechrau'r ysgol.
- Play doesn't stop being developmentally valuable because a child starts school.

Pam mae chwarae yn bwysig?

Why is play important?

Mae chwarae yn cefnogi:

- Datblygiad corfforol
- Datblygiad iaith
- Sgiliau cymdeithasol
- Rheoleiddio emosiynol
- Datrys problemau
- Creadigrwydd

Play supports:

- Physical development
- Language development
- Social skills
- Emotional regulation
- Problem-solving
- Creativity

Yr amgylchedd

The environment

Mae plant yn ffynnu pan fo amgylcheddau yn:

- Ddiogel
- Cynhwysol
- Ysgogol
- Meithringar
- Yn ymateb i anghenion unigol

Children thrive when environments are:

- Safe
- Inclusive
- Stimulating
- Nurturing
- Responsive to individual needs

Beth sy'n digwydd pryd mae cymorth yn cael ei ohirio?

What happens when support is delayed?

Beth allai ddigwydd os:

- Na chaiff anawsterau lleferydd eu nodi?
- Na chaiff anghenion ychwanegol eu cydnabod?
- Na fydd teuluoedd yn cael gafael ar gymorth?
- Y caiff pryderon iechyd meddwl eu hanwybyddu?

What might happen if:

- Speech difficulties are not identified?
- Additional needs are not recognised?
- Families do not access support?
- Mental health concerns are ignored?

Ymyrraeth gynnar

Early intervention

- Mae ymyrraeth gynnar yn cynnwys adnabod anghenion a darparu cymorth cyn gynted â phosibl.

Manteision:

- Gwell canlyniadau
- Llai o anghydraddoldebau
- Mwy o barodrwydd ar gyfer ysgol
- Perthnasoedd teuluol cryfach

- Early intervention involves identifying needs and providing support as early as possible.

Benefits include:

- Improved outcomes
- Reduced inequalities
- Increased school readiness
- Stronger family relationships

Cefnogaeth gynnar

Early Help



(Action for children, 2022)

Gwaith amlasiantaethol

Multiagency working

- Gall gweithwyr proffesiynol gydweithio i gefnogi plant.

Enghreifftiau:

- Ymwelwyr Iechyd
- Athrawon
- Gweithwyr Cymdeithasol
- Therapyddion Iaith a Lleferydd
- Seicolegwyr Addysgol
- Gweithwyr Cymorth i Deuluoedd

- Professionals may work together to support children.

Examples:

- Health Visitors
- Teachers
- Social Workers
- Speech and Language Therapists
- Educational Psychologists
- Family Support Workers

Gwasanaethau cymorth

Support services

Ymchwiliwch i un gwasanaeth:

- Dechrau'n Deg
- Teuluoedd yn Gyntaf
- Tîm o Amgylch y Teulu
- Gwasanaeth Ymweld â Theuluoedd (Iechyd)
- Gwasanaethau Lleferydd ac Iaith

Darganfyddwch:

- Pwy maen nhw'n eu cefnogi?
- Beth maen nhw'n ei ddarparu?
- Sut mae eu gwaith yn cefnogi datblygiad?

Research one service:

- Flying Start
- Families First
- Team Around the Family
- Health Visiting Service
- Speech and Language Services

Find out:

- Who do they support?
- What do they provide?
- How does their work support development?

Cefnogi teuluoedd yng Nghymru

Supporting families in Wales

Gwasanaethau Allweddol

- Dechrau'n Deg
- Teuluoedd yn Gyntaf
- Tîm o Amgylch y Teulu
- Gwasanaeth Ymweld Iechyd
- Canolfannau Datblygiad Plant
- Cymorth ar gyfer Anghenion Dysgu Ychwanegol yn y Blynyddoedd Cynnar

Key Services

- Flying Start
- Families First
- Team Around the Family
- Health Visiting Service
- Child Development Centres
- Early Years Additional Learning Needs Support

Rhestr cyfeirnod

Reference list

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