

Me and my World



Name

Age

My Best Bits



**My favourite
colour is...**

**My favourite
music is...**

**My favourite
food is...**

**My favourite
clothes are...**

**My favourite TV
programme is...**

**My favourite
hobby is...**

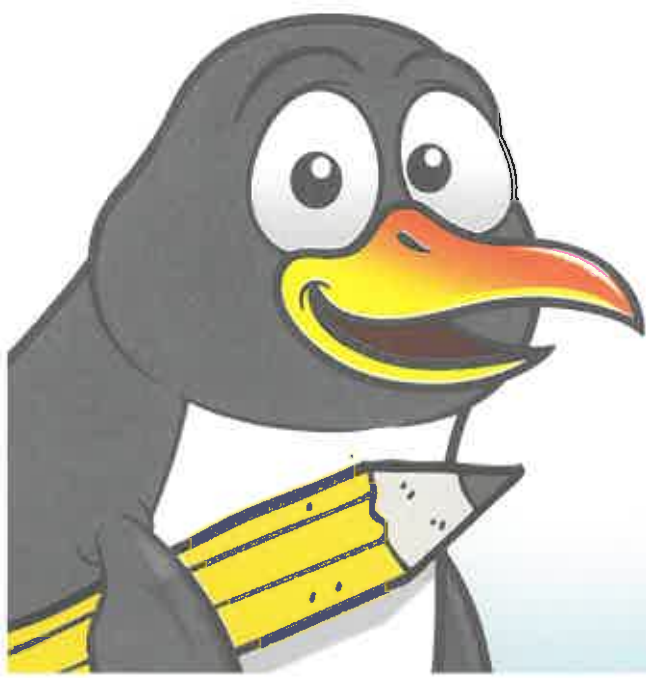
**If I was an animal
I would be...**



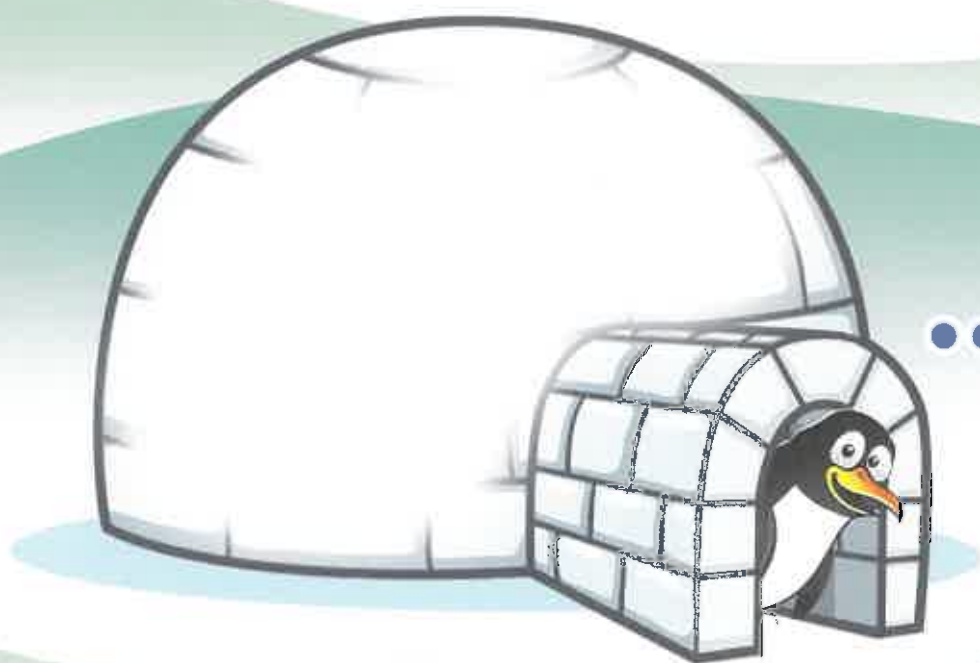
Look in the water reflection
and draw what you see.



Draw your family here...

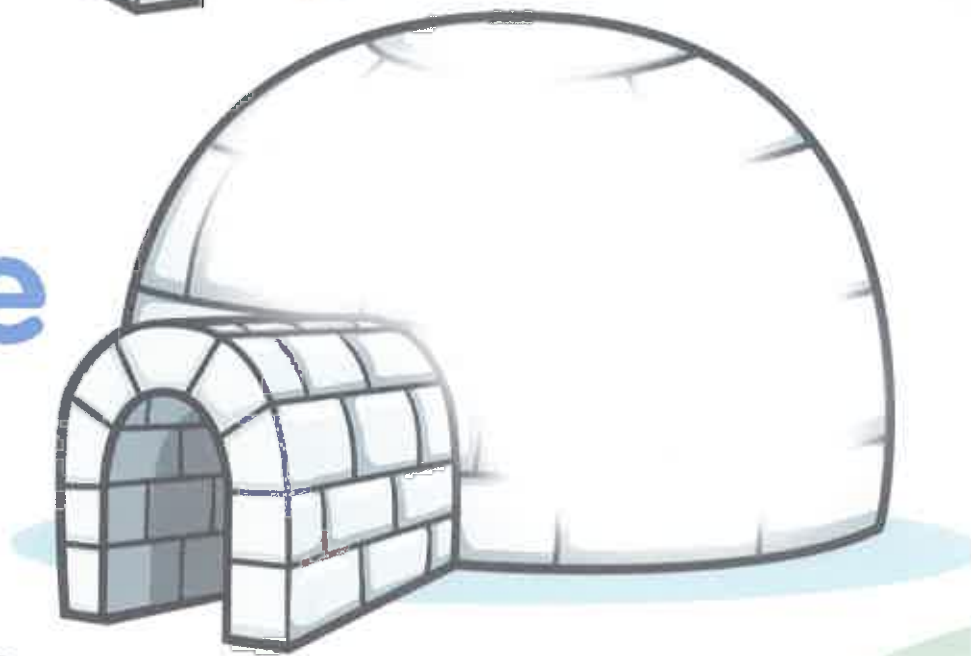


People who I...

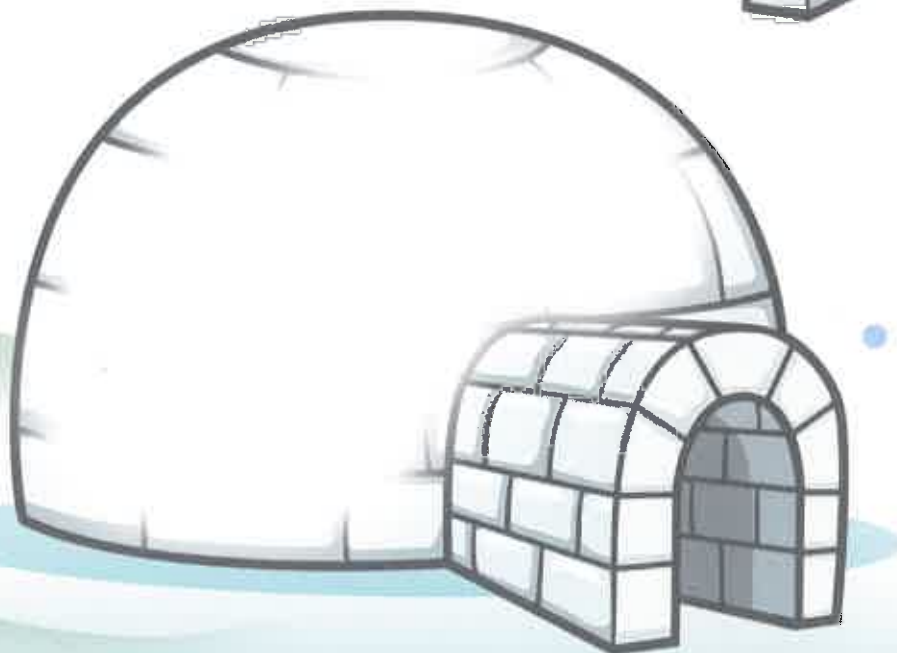


...love

...like



...know



People who...

...love me

...like me

...know me

Three Islands

You live on the 'Island of Always'.
Draw anything else you'd like on your
island too, such as toys, animals
or people.



Draw on this Island,
anything that you want
to be far away from or
never see again.



On the 'Island of sometimes'
draw anything you want to
see, but not all the time.

You are the only person with a
key to the gate on the bridge.

Anything on the 'Island of
Sometimes' can only see you
when you let them.

My Health

On the scale below, using the same colour as is on the snowflakes, colour in where you would score each answer

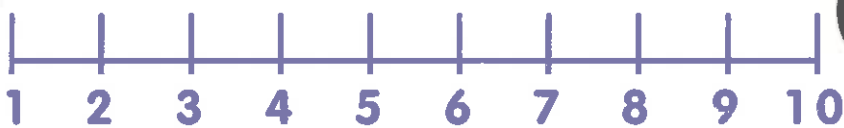
I wake up
in the
night

I like
eating my
food

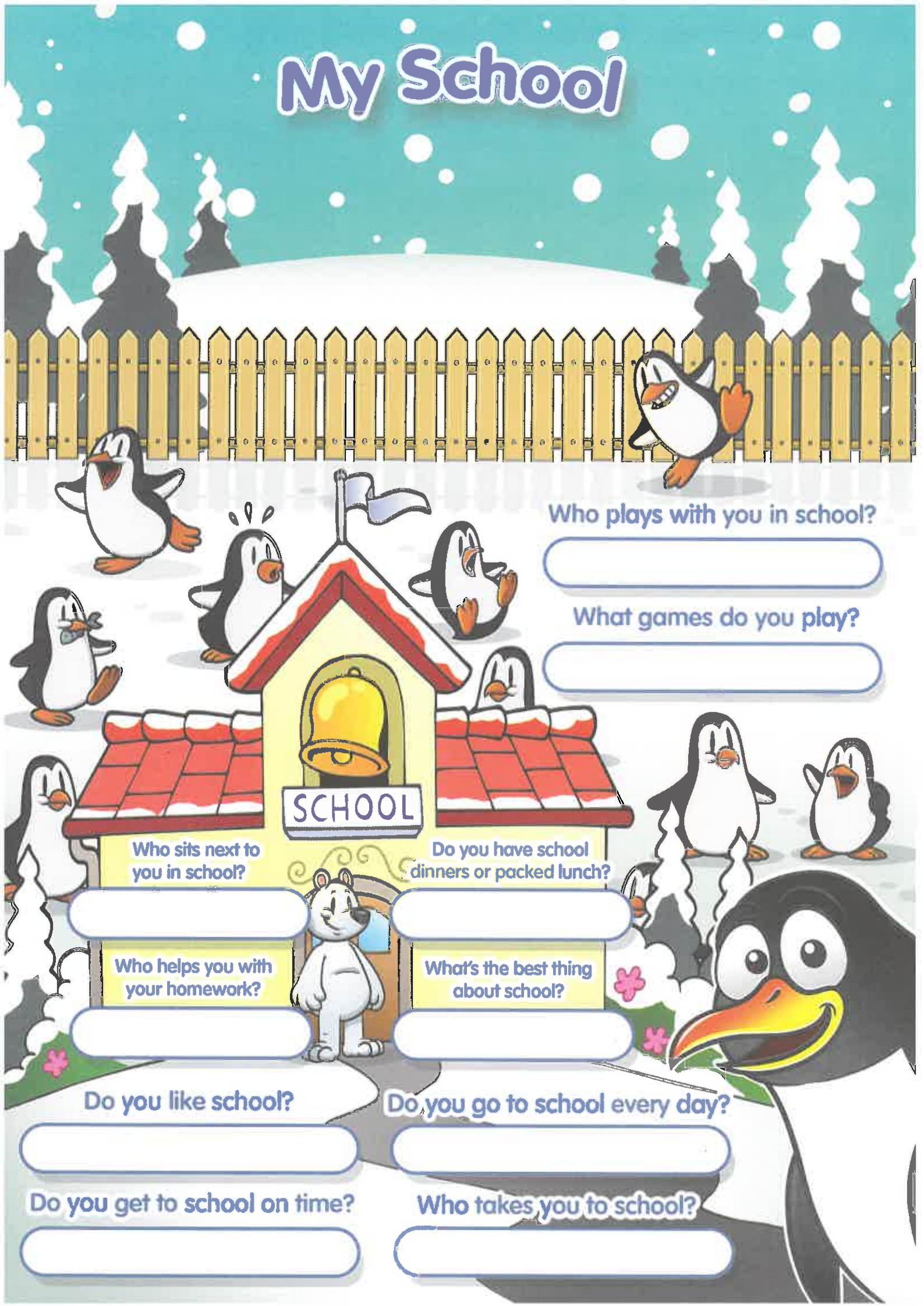
I
have
friends

I am
healthy

I
worry



My School



Who plays with you in school?

What games do you play?

Who sits next to you in school?

Who helps you with your homework?

Do you have school dinners or packed lunch?

What's the best thing about school?

Do you like school?

Do you go to school every day?

Do you get to school on time?

Who takes you to school?

How I spend my weekends

What I do
with my
family

What I do
with my
friends

What I like
to do on the
weekend

What I play
with and
watch on
TV

What I have
to do on the
weekend



What makes me...

happy



sad



frightened



angry



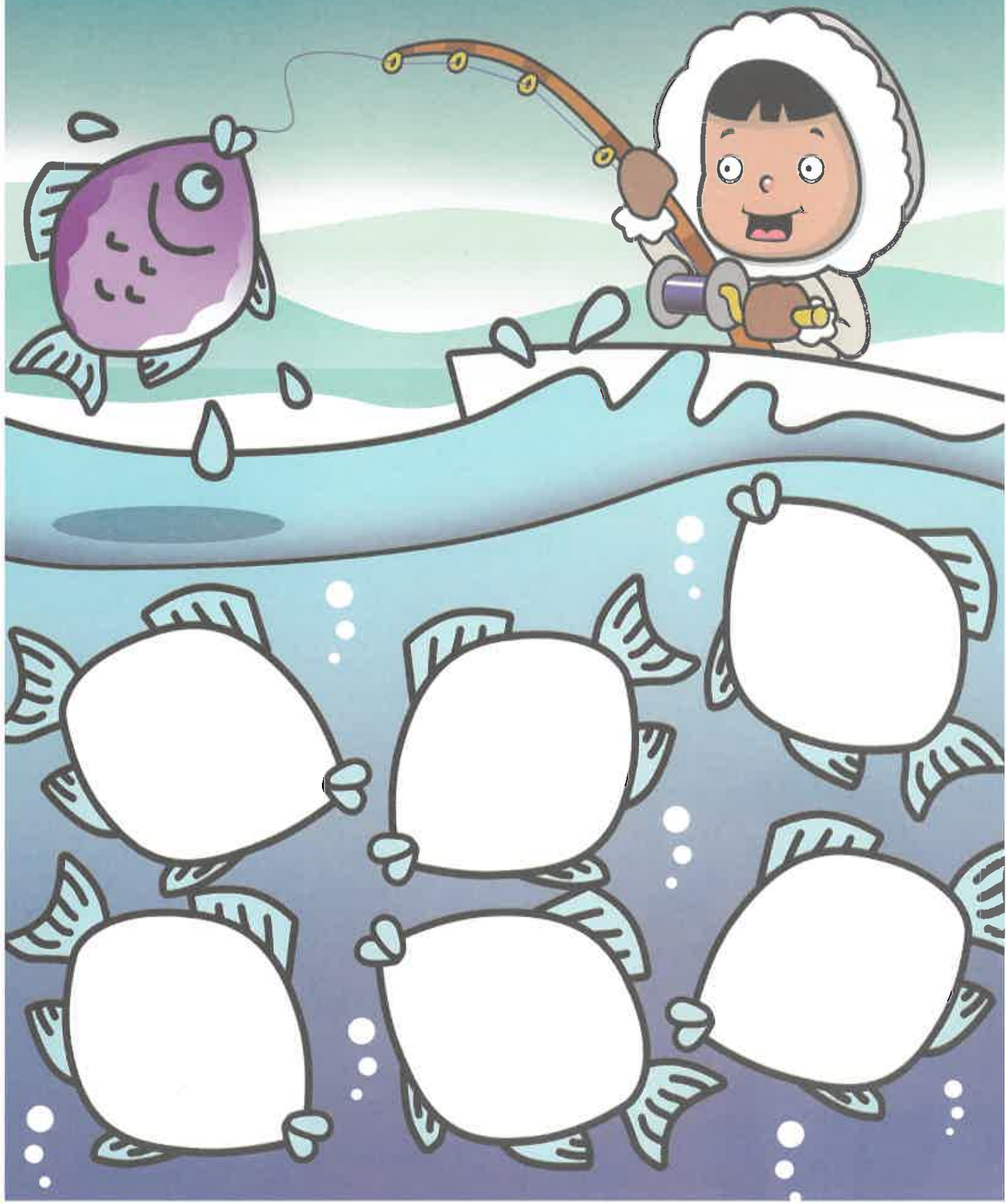
Things I like and don't like about my life,
and what will make things better

like

don't like

what will make
things better

Things I am good at
and proud of...



Other things about me...



Me and my World

Congratulations to



for completing the
Me and My World booklet

with

on





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