

DIGITAL SAFETY TIPS

MD KAJOL MIAH
2417013

Never share your password to anyone.

TRY TO KEEP ALL
PASSWORDS IN SAFE PLACE
.PASSWORD MANAGERS ARE
USEFUL.

Use a secure VPN connection.

A VIRTUAL PRIVATE
NETWORK (VPN) WILL
ENSURE YOUR ANONYMITY

Be careful of what you post.

WHAT YOU POST ON THE
INTERNET WILL STAY
THERE FOREVER.

Practice safe browsing.

A SIMPLE MISTAKE CAN
EXPOSE SENSITIVE
INFORMATION.

Be careful of what you download.

AVOID DOWNLOADING APPS OR
SOFTWARE THAT LOOK SUSPICIOUS. IT
MAY RESULT IN MALWARE
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Content

Content is anything posted online - it might be words or it could be images and video. Children and young people may see illegal, inappropriate or harmful content when online. This includes things like pornography, fake news, racism, misogyny, self-harm, suicide, anti-Semitism, radicalisation and extremism.

Contact

Contact is about the risk of harm young people may face when interacting with other users online. This includes things like peer-to-peer pressure or seeing inappropriate commercial advertising. Sometimes adults pose as children or young adults with the intention of grooming or exploiting a child or young person for sexual, criminal, financial or other purposes.

Conduct

Conduct means the way people behave online. Some online behaviour can increase the likelihood, or even cause, harm - for example, online bullying. Conduct also includes things like sharing or receiving nudes and semi-nude images and viewing or sending pornography.

Commerce

Commerce is about the risk from things like online gambling, inappropriate advertising, phishing or financial scams. Children and young people may be exposed to these risks directly. Schools should also consider how the risk from commerce applies to staff.

REFERENCES

NSPCC(2024):

[https://learning.nspcc.org.uk/news/2023/september/4-cs-of-online-](https://learning.nspcc.org.uk/news/2023/september/4-cs-of-online-safety#:~:text=An%20important%20step%20in%20improving,sometimes%20referred%20to%20as%20contract).&text=These%20are%20known%20as%20the%204%20Cs%20of%20online%20safety.)

safety#:~:text=An%20important%20step%20in%20improving,sometimes%20referred%20to%20as%20contract).&text=These%20are%20known%20as%20the%204%20Cs%20of%20online%20safety.

Stay safe online!

