

BMSW4012

Professional Career Development

Component One (C1) - Reflection

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Introduction

The report is all about reflection using Gibbs to demonstrate my understanding of the skills and knowledge which I have gained following my attendance and participation at the Professional Career Development lectures to date. I'd want to work in a field where I can support communities and businesses in implementing sustainable practices that take into account the requirements of all parties involved, including the environment, its inhabitants, and its economy (Bernacki et al, 2021)

Gibbs Reflective Cycle

Description

I should be knowledgeable about my subject enough to respond to questions. And if I'm unsure about anything, simply say so and make a promise to research it. Greetings from the audience are an indication that a presenter is knowledgeable about what they are discussing. Utilize slides and other visual aids to make my presentation with confidence. (Sweet et al 2013)

Feelings

I'm eager to close the gap between the classroom and the workplace; therefore Bath Spa's focus on employability is a significant selling feature for me. Not to mention, I embrace diversity and love learning about various points of view, and the university's focus on global citizenship is congruent with those ideals (Bernacki et al, 2021)

Evaluation

For the real event to go off except a hitch, I ought to have practical enjoy. Take a look at my timing whilst I practice, I furthermore might growth my probability of staying on agenda. Thanks to the foundation I already have, I am sure I will succeed at UWTSD University (Cisco, 2020)

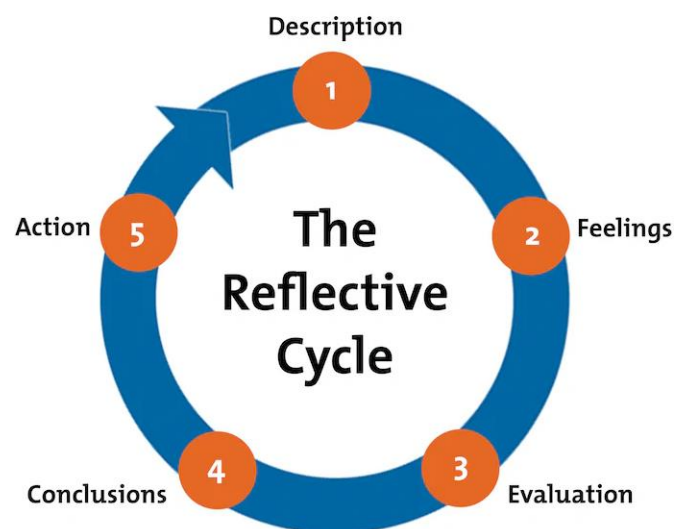


Figure: Gibbs Reflective Cycle (Sweet et al 2013)

Conclusions

Practice makes self-assurance grow. A few humans agree with that if I practice my speech an excessive amount of, it could seem pressured and unauthentic whilst I shouldn't genuinely memorize my presentation, As this kind of tool was my first time, with no prior experience, I was afraid at the start. I was nervous too that I may not properly use this tool and cannot learn it in a short period (Cisco, 2020)

Action

Because of my experiences in life, I have become more adaptable, robust, and resourceful. These chances have immensely benefited in my growth as a person and an employee, and I am convinced that I will make a substantial contribution to UWTSD University. My research project required the use of Canva which was needed to provide a professional look to my research project (Duke et al, 2019)

Provide a detailed reflection of which particular model covered during my classroom lectures had the most impact on I shaping my future career path

I have particular model e.g. SWOT, SMART, Johari, Learning Styles, PDP covered during my classroom lectures had the most impact on I shaping my future career path (Sulaiman et al, 2015). In addition to working toward my degree at UWTSD University, I have taken advantage of chances to further my education and professional growth by taking a number of workshops, seminars, and online courses. I also want to continue my study when I complete my undergraduate degree. I may study more and advance to the level of an authority in my area by obtaining a graduate degree (Gemsbacher, 2013).

However, I'm conscious of the fact that there is always room for improvement, particularly in the areas of originality and complication removal. Numerous activities I have taken part in have helped me grow both personally and academically. For instance, through participating in several student organizations, I've improved my management and teamwork skills (Spiro, 2017). My general loves of reading, the arts, and travel all contribute to my personal growth and widen my worldview (Wai et al, 2022) Through these endeavours, I am able to further my education and be ready for a profession that might go a variety of different directions. By enrolling at UWTSD University, I think I will have the opportunity to advance professionally, academically, and socially (Duke et al, 2019)

This also encouraged me to do some research about them and use the findings in my last research project. I could get a rational idea about the research methodologies from the module syllabus which helped to implement them in my last project. (Shobirin et al, 2019). Now talking about the project needed appropriate goals and objectives as well as a logical and considerable result together with the necessary report and resources. And, in the completion process, my class lecturer supervised me and mentored me. But the situation was not properly up to my satisfaction because there were several issues involved in the process (Gennetian, 2019)

Explain how I have APPLIED this learning

For the sake of the earth and its people, I'm eager to contribute to making the world a better place. I want to contribute to the creation of sustainable practices, the influencing of policies, and the promotion of stakeholder cooperation (Prebianca, 2019). By putting my training, expertise, and passion for sustainability to use, I aspire to contribute to the creation of a more just and sustainable future. My principles include being transparent, truthful, and acting ethically. Honesty and sincerity must constantly be shown in order to preserve trust and strengthen relationships. (Gemsbacher, 2013)

I believe UWTSD University's commitment to sustainability and social responsibility represents the emphasis I place on businesses that put integrity first in their plans and actions. Travelling is one of my favourite pastimes (Wai et al, 2022) I have a strong desire to travel to new locations and discover various cultures. One of my favourite methods of understanding and appreciating the world is to go outside of my comfort zone and travel to new areas. As a lifelong student and inquisitive traveller, I like the fresh experiences and insights that each journey offers (Grayson et al, 2019)

The focus on employability at bathtub spa is a major selling point for me since I'm eager to bridge the gap between the classroom and the administrative hub (Navickaite, 2013). One of my strong points is my ability to make important assumptions and analyse data appropriately I have a deep connection to UWTSD University's focus on sustainability and global citizenship because I am committed to make the world a better, more sustainable, and fairer place (Wooley, 2019). Here at UWTSD University, having access to such a broad range of courses and extracurricular activities thrills me exploring the elements that shape my distinct professional identity is the purpose of this poster (Jylänk et al, 2022).

Conclusion

Talking about my feelings regarding the process, I will say that my feelings were a bit mixed type because I was confident but at the same time, I was nervous too. I was confident because I was very familiar with the topic of the research project. But I was nervous because the task required using some tools that I wasn't familiar with. The poster describes my vision for the development of UWTSD's qualities. In both my academic and emotional lives, I'm always seeking for fresh obstacles and opportunities (Kaufman, 2019).

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