

Water Safety Awareness - Question bank

Learning outcome	Topic	Question
1	Problems associated with rescues on unstable surfaces	A. When performing on a muddy bank, name a problem associated with that. B. If you are responding to rescue on a beach, which unstable surface may you encounter? C. During winter, which unstable surface may you encounter?
2	Features that may affect the flow of water	A. In a river, identify a feature that may affect the flow of water. B. In a coastal environment, identify a feature that may affect the flow of water. C. Does the tide have an effect on the flow of water? D. What manmade features may affect the flow of water? E. Which natural features may affect the flow of the water?
3	Effects of cold water exposure	A. How many stages of cold water shock are there? B. Identify one effect of stage 1? C. Identify one effect of stage 2? D. Identify one effect of stage 3? E. What condition may you begin to suffer from during stage 3?
4	Hazards associated with the water environment	A. Identify one hazard associated with the still-water environment? B. Identify one hazard of coastal waterways?
5	Hazards and control measures when working near water	A. Identify a hazard associated when working near water? B. If heavy rain is forecast, what should you consider when working near water? C. The bank you are working on is steep, what is a hazard associated with that? D. Identify a method of controlling those hazards? E. Name something you may wear as a control measure?
6	Use and importance of PPE	A. Identify which item of PPE you may choose if you are a non-swimmer? B. Identify What you may wear if working under falling branches C. Identify the type of user that would use a buoyancy aid? D. Name a piece of non-water safety PPE? E. Name a limitation of non-water safety PPE?
7	Basic life support and first aid	A. Identify what the D in DRABC stands for B. How many compressions should you perform? C. What does the A stand for in DRABC D. Name one priority when managing spinal injury casualty? E. Identify one sign of hypothermia? F. Identify one symptom of hypothermia?
8	Types of rescue equipment	A. Name one type of reaching aid? B. Name one type of throwing aid? C. If a casualty is 1 metre away from the side, which type of rescue aid may you choose? D. If a casualty is 10 metres away from the side, which type of rescue aid may you choose to use?

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9	Zones near water	A. Which area would you describe as the “hot zone” B. Which area would you describe as the “warm zone” C. Which area would you describe as the “cold zone”
10	Policy and legislation	A. Name a piece of legislation that relates to safety in the workplace? B. Name the document that refers to the levels of DEFRA training? C. Identify the purpose of the Flood concept of operations document? D. Name a piece of legislation relating to PPE in the workplace?
11	Flooded environments	A. Name one hazard associated with a flooded environment B. If a river bursts its banks, what hazard may be present? C. The river level has risen and is now flowing through a narrow lane, name a hazard that may be present?