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Module name: Living with Care: The Older Person

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Topic: Does Population Ageing Pose Challenges For Health And Social Care Systems.

Assessment 2: Debate And Supporting Paper

INTRODUCTION

This report discusses the debate's perspective and the opposing points of view. I will additionally reflect about the details presented in the main ideas debated in my group.

Relevant statistics on the ageing UK population will be presented, along with any current government initiatives or programmes that are in place to assist the country's elderly people. There will be information about the Covid-19 pandemic's effects on elderly people as well as appropriate services.

STANDPOINT

According to the purpose of discussion. Decreased the world's population is ageing because of low birth rates and rising life expectancy. The proportion of seniors is growing because of this demographic change. As a result, the historical first time that older people will outnumber younger people is rapidly approaching.

The population of the UK has grown annually since 1982, according to the Office for National Statistics. From 66.8 million in the middle of 2019 to 67.1 million in the middle of 2020, the population rose. As a result, there were 284,000 more people in the population between mid-2019 and mid-2020, or 0.4% growth. The UK's population is anticipated to keep increasing; in fact, our preliminary national population estimates based on 2020 predict that the nation's population will surpass 69.2 million by the middle of 2030 and reach 70.5 million by the same time in 2041. The UK's population is projected to keep increasing; based on their intermediate national population predictions for 2020, the population is likely to surpass 69.2 million by the middle of 2030 and reach 70.5 million by the same time in 2041.

A Different Perspective

The arguments' opposing perspectives suggested that elderly people do not require social care services since they preserve their independence without help. Additionally, they claim that elderly people are living longer, are more independent, and are less dependent on carers than in the past. Even if an older person has mobility limitations, independence enables the ageing population to cope with. They continue to engage in their regular daily activities, such as participating in volunteer work and other activities, despite this.

Reflection On The Main Point Of The Debate

Considering the major factor, it is anticipated that the life expectancy at birth will increase from 70 years. The life expectancy statistics observed at the local authority level show that life expectancy has increased over time in England as a whole.

Although evidence from recent years suggests the difference in life expectancy seems to be expanding, this trend seems to be improving over time. The life expectancy data observed at the local authority level show that overall life expectancy in England has increased over time.

The opposing perspective of the argument, which was against it, claims that older people don't need the healthcare system of the government to take care of them because they can continue to live independently without help. The fact that elderly people are living longer and are more independent than ever before and are less dependent on carers was also emphasised. We disagree with their assertion, though, as we do not believe that elderly people will be able to live independently without the support of the healthcare system. Our study demonstrates that as the population ages, there is a rising need for social and medical care. The health and social care systems face tough problems as the percentage of elderly people rises. This occurs as life expectancy rises and death rates decline.

The argument of their idea focuses on how volunteering offers free labour to the community and the government through an inclusive strategy. utilising assistive technology to provide elderly individuals a sense of purpose and the capacity to take care of themselves. Additionally, they discussed how providing childcare for their grandchildren would free up their parents to work, saving families a lot of money. They said that fewer elderly people overall now require social care support at any given age. As a result, a greater percentage of elderly may now lead independent lives.

However, the percentage of older people there are more people over 75 who have chronic conditions, and their requirements are expected to get more complex, necessitating more NHS services. This results suggest that older individuals are managing an increasing variety of chronic conditions, which are typically managed by the NHS, without typically necessitating additional social care support. People who use social services may also have more chronic illnesses than other people.

Statistics On The Ageing Population Within The UK

Over 11 million people, or over 19% of the population, in the UK are over 65 as per the most recent census. In ten years, this figure is expected to rise to approximately 13 million, or around 22% of the population¹². Since the middle of the 20th century, the population of the UK has gotten older, and it is predicted that this trend will continue in the future³. In the UK, there are anticipated to be 20.4 million individuals aged 65 or older by 2041, making about 26% of the total population³. This is an increase of 8.6 million people from the current estimate of 6.6 million. The fastest growth will be seen in those who are 85 years old and older. (Bing.com)

Current Government Support And Services In Place To Support UK Elderly Population

Here are some of the services the government offers to elderly People:

- Cost of living support
- Age UK
- Older people- Gov.uk (2010-2015)

Impact Of COVID-19 Pandemic On The Elder People

WHO states that COVID-19 has altered aged people's daily activities, care and help they received, ability to retain social relationships, and perceptions of them. The need to spend more time at home, the absence of physical touch with other family members, acquaintances, and co-worker's, the temporary suspension of employment and other activities, as well as worry and fear of illness and death - both their own and others' - presented obstacles to the elderly. Therefore, it is crucial to provide opportunities to promote good ageing while the epidemic is underway. (WHO, 2021)

Conclusion

Demand for social services and healthcare services rises as the population ages. For the health and social care systems, the proportion of elderly people creates major issues. Estimates for the future indicate that the UK population will continue to age steadily.

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APPENDIX

Group Members:

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Does Population ageing pose challenges
for Health & Social Care systems?

•BMHP6009

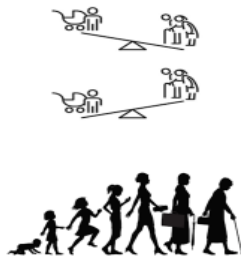
•Assessment 2: Debate & Supporting paper

•Lecture: Laila Surani

INTRODUCTION

What is the Ageing Population?

"Is the result of the continued decline in fertility rates and increased life expectancy"
(World Health Organization, 2010)



- Most significant demographic change occurring today
- Shift in the age structure towards older ages
- Driven by increasing life expectancies and declining fertility rates
- As the population ages, the demand for healthcare services and social care increases
- As proportion of older people increases, it poses significant challenges for the health and social care system

YES? NO?

YES!



- Today one-in-six of the population is aged 65+ (11 million people – 18.6%)
- By 2050 it will be one-in-four

(Catherine Thompson, 2015)

How does an ageing population affect the healthcare system (UK)?

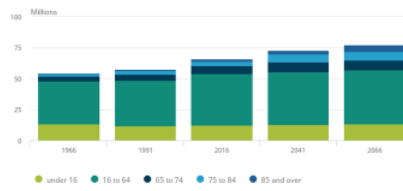
- Increase medical illnesses -> administration and care
- Increase demand for health care system -> hospitals, doctor appointment, ...
- As population ages -> shortage of healthcare workers

(The Guardian, 2023)

ARGUMENT

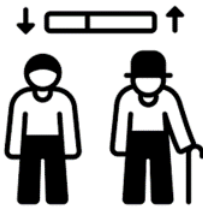
- According to (Office for National Statistics)they describe that UK population has been steadily getting older and this trend is projected to continue in the future.
- Demographic changing & increasing dependency rate. (University of Bolton).
- Life expectancy

Figure 2: Population by age group, selected years, UK



Source: Population estimates, Principal population projections, 2016-based, Office for National Statistics

CONCLUSION



- Ageing population will continue increasing
- Poses significant challenges
- Comprehensive approach required

REBUTTAL



We continue to comply with what we have stated that
“Population Ageing Pose Challenges For Health And Social Care
System”.



RECOMMENDATION

1. Design a strategy to support a healthy aging population.
2. Modernize insurance and pension systems. Countries should design pension schemes and insurance systems.
3. Strengthen the community of practice. (Several multilateral organizations have already identified aging as a policy)
4. Various policy options to attenuate the potential impact of an ageing population.
5. Most promising way: promotion of healthy ageing.
6. When elderly people are in good health, they will need fewer health care resources and are also more likely to remain in the labour force.

THANK YOU

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