



University of Wales
Trinity Saint David
LONDON

Assessment 1

Online Portfolio

Student name: Maritza Estefania Ramirez Rivera

Student ID:202022095

Module name: Changemakers: Building your Personal Brand for Sustainable Employment

Module code: BMHP5015

Lecturer name: Bianca Sanfilippo

Introduction:

I am motivated to present Engagement, Literature Knowledge, and Skill in this portfolio. I have included my CV for Health and Social Care. Personal Statement to apply for a Master in Psychology, MSc Conversion Degree. Finally, include a personal pitch to convince a company to accept a proposal for a book related to the Master in Psychoanalytic Sigmund Freud Theory. The idea, According to Freud, thought is the psychological trait that serves as the foundation for our most primal instincts.

Personal statement for applying for a postgraduate degree:

I am delighted to apply for the Master of Psychology, MSc (Conversion Degree) at the University of Greenwich as I am fascinated by all the topics covered in this course, personality and individual differences in brain behavior, confident and relevant to my learning process.

Personality and individual differences can help me to better understand the approaches of personality theories and individual differences in brain behavior module. It can help me to understand the structure and function of the human brain.

My interest started during my undergraduate studies at Trinity Saints David University of London, where I studied the Psychology for Health and Social Care Module. During this course, I investigate (Erik Erikson's theory) different theories of Psychology and human behavior, He explains the theories of development and ego. Erikson is recognized as one of the founders of ego psychology, which emphasized ego function as more, Erikson accepted Freud's theory, but placed more emphasis on ego function, specifically the development of the self, and less on parent-child interaction. Erikson believed that the child's environment played an important role in his or her ability to develop, adapt, and find his or her identity. For Gandhi's Truth (1969), which focused more on his theory as applied to later stages of the life cycle, Erikson won the Pulitzer Prize and the U.S. National Book Award in the category of philosophy and religion [35 In particular](#). I am interested in Sigmund Freud's theories.

I am fascinated by psychoanalysis, this theory that shows that human behavior is influenced by unconscious memories, my analyzing Freud's Psychosexual development The study which allows the study of the human mind, attitude, and behavior to be carried out is referred to as Psychology. This study is a very important prospect in order to solve the issues related to the human mind. Development psychology is the sub-branch of psychology that allows practitioners to study the human mind with the developing phases of their lives. The main goal of this branch is to study the type of feelings, thinking, and behavior as per the various phases of life due to aging or during their entire lifespan. Lifespan psychology deals with the study of the human mind getting matured with respect to their life and age, how they adapt to various situations and conditions and how they develop with due course of life. The main aim of this psychology is to learn and identify the various types in which the human mind reacts to the variation in situations and how quickly they [are able to adapt to these situations](#). About my research description of the Freud's Psychosexual theory Freud's theory of psychosexual development states the development of a child within the various stages of life. These stages are counted to as five in number. Every stage of this theory defines certain characteristic feature of their sexual development and physical appearance. The theory is referred to as psychosexual as the libido or the sexual element develops and gets attached to various parts of the body. Hence, allows the further growth of that body part of the child. The first stage is referred to as oral and this stage, the libido is being concentrated in the baby's mouth and the baby gets the required growth and pleasure from biting and sucking while breastfeeding ([Gumiandari and Nafi'a, 2019](#)). The second stage is the anal stage where the libido is being concentrated on the anus and hence, the child gets pleasure when the child defecates. The third stage is the Phallic stage where the child starts getting attracted towards people and make bonds with them. The fourth stage is where the individuals do not have any psychosexual development and hence, the entire energy of the child is being [channeled towards](#) learning new skills and acquire knowledge. The last stage is where the individual undergoes great personality development influence of human behavior from past experiences. This theory shows that human behavior is influenced by unconscious memories influence human behavior from past experiences. This Master's degree will also introduce me to other areas of psychology, supporting me in gaining a holistic understanding of the discipline. I expect to graduate in 2024.

Sincerely

Maritza [Ramirez Rivera](#)

CV

Maritza Ramirez Rivera

London, Health Care & Social Care
07838616144 maritza39bcn@gmail.com

Profile

Highly organized and disciplined Health care & Social Care with excellent communication and conflict resolution skills. Competent in managing supplies, reviewing service quality, and maintaining patient confidentiality and satisfaction. Skilled at ordering, storing and preparing medications for customers' use.

Experience

06/2020 - Current **July 2020 Dec 2021 Stella& Harry Freedman House** – London

Team Leader

- Ensuring the care being provided is consistently safe and of a high quality.
- Putting procedures and policies in place to keep things running smoothly.
- Nurturing a positive work environment and team culture.
- Providing staff with clear objectives.
- Supporting and inspiring staff.
- Decision-making.
- Monitoring and providing feedback on staff performance.
- Listening to and acting on patient feedback.
- Developing staff knowledge and skills.

01/2015 - 12/2019 **Brighton & Hove City Council - Craven Vale Resource** – Brighton

Health care & Social Care

- Deal with personal hygiene
- Manage toilet needs
- Dress properly
- Move around your home safely
- Clean and tidy your home
- Maintain your relationships
- Keep up with work, training, education or volunteering
- Use public transport or other community services
- Care for your child

Skills

- | | |
|------------------------------------|--|
| • Staff appraisals | • Making decisions and seeing them through |
| • Training and development | • Planning and organizing |
| • Goal development planning | • <u>Team work</u> |
| • Task delegation | • Computing skill |
| • Written communication | • Developing Professionalism |
| • Organizing and motivating others | |

Education

- University Trinity Saint David London (Bachelor of Science 2022-2024)
- University Trinity Saint David London (Higher Educations in Skills for the Workplace (Health Care & Social Care 2020-2021)
- Computing program(Word, Excel, Microsoft program 365

Certifications

- References Available on request

Languages

Spanish: First Language

Italian: B1

Personal Pitch

Hello, I am Maritza Ramirez Rivera. I am a student in Health & Social Care. I am currently studying BSc in Health & Social Care in the University Trinity Saint David London. I want to be selected for a documentary on a woman's experience in menopause in the UK. I am the right person to take part in this project. I am researching this topic as part of my research module at the University of Saint David London, which has made me an expert in this area. This topic is significant because, according to data, most young people are hostile. By menopause experience, women UK here I present my research project.

The discussion about menopause is important for the exploration of the solutions to menopause. The different causes of premature menopause also need to be discussed so that everyone can be aware of that condition. The surgeries for removing the ovary or uterus or cancer in different internal parts of the body cause hormonal changes which cause premature



menopause. This has been a major significance in the world of healthcare. Women can come to know about all these for the discussion about this. For this discussion, the menopause-related challenges which are faced by women can be easily faced by them. The researchers have told about postmenopausal women who are facing several problems in their life. This journal will show light the different aspects of menopause which is faced by most women. Transgender women are also trying to recover their lifestyles by using different therapies or treatments. Different symptoms like lack of sleep or changes in human psychology can be recovered by certain yoga treatments. The health and social care centers should take care of this matter (Geraghty, 2021)

I am confident in presenting myself for this project because I adapt successfully to changing situations and environments. I express my ideas clearly and confidently in my speech. I am collecting, analysing and ordering information in a logical sequence. I am planning to produce everything correctly scrutinise and examine. For example, you can see my research and analysis documented I am identified as successfully constructing my research project.

References

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