

TIPS FOR DIGITAL SAFETY OR IN OTHER WORDS “INTERNET SAFETY”

1. Anonymous

- Use another name or nickname.
- Keep your address a secret. - Do not say where you go to school/college/university/work.
- Do not give your contact details to people you do not know.
- Do not give any clue about yourself.



2. Privacy

- Always make sure your settings really are private so you choose who can see your account.
- Do not give out any personal details.
- Do not discuss your problems online.
- If you think your account has been hacked, report it and change it



3. THINK BEFORE YOU POST.

- Do not post before thinking carefully and ask:
- Is it offensive?
- Could it affect your future employment?
- Would you be happy for your parents or family to see it?



4. PASSWORDS

- Keep your password secure and change it regularly.
- Do not use your name or anything easy to guess.
- Do not share it with anyone, even your friends or family.
- Use a mixture of capitals, numbers, and special characters.
- If in doubt change it



5. REMEMBER

- Nothing is private.
- Do not say anything you would not say in real life.
- Do not post other people photos.
- Never post invitations unless you are absolutely sure they will only be seen by a closed group.



6. BELIEVE... NOT

- Do not fall for it – things are not always what they seem.
- Everyone exaggerates – you probably do it as well.
- Remember: most people only tell you the good bits
- Do not be fooled by “free “offers.



7. ARE THEY REAL?

- Do you know this “friend “in real life?
- Are you sure it is their account, not someone pretending to be them?
- Remember: some people are very clever at pretending to be someone they are not



8. FEELING UNCOMFORTABLE

- Do not reply to trolls or people making unkind comments.
- Do not be afraid to “unfriend” or block people who upset you.
- Do report people if necessary.

