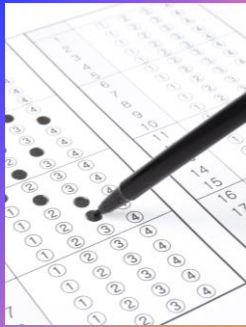


Conceptual and Historical Issues in Psychology

Dr Kate Williams

1



Exam Details

- **One-hour on-campus multiple choice exam**
- Date, Time, location released by Registry to HWB calendar
- **Bring a pen and your student ID**
- On the desk in the exam room, you will have:
 - The question paper
 - An answer booklet
- Fill-in your details and answer the questions in the **answer booklet**

2

Exam Details

- **Arrive at the exam room at least 15 minutes before the exam start time**
 - Put bags, coats, phones, smartwatches, etc. to the side
 - Find a seat with the correct exam paper
 - Other exams may be in the same room
 - Start filling in your details on the answer booklet.
- **No** notes or books are allowed in the exam
- **Late entry will not be permitted.**
- If you miss the exam for extenuating reasons, complete the extenuating circumstances form through your MyTSD student portal.
- Resits take place during the Semester Two Exam period (May).

3

General Exam Information



- Exam is worth 50% of overall **module** mark
- Other 50% comes from Video advert
- Both combined gives average module mark.
 - Average module mark must be over 40% to pass module
- Exam is composed of 50 multiple-choice questions
- Each question has four answer options – only one is correct
- Topics/areas from entire module will be included

4

Suggested Revision Plan

Suggested plan for Assessment Two: Multiple Choice Exam Preparation

Task	What it entails	Time assigned
Reading of slides, notes, and core texts	Ensure you understand basic concepts, key definitions, theories, and research studies discussed in each session. Take notes as you revise.	20 hours
In-depth revision of exam areas	Use information gathered from the revision session to decide on areas to focus further revision.	20 hours
Further research on exam areas	Find further reading of information from books/journal articles relating to exam areas. Test yourself on key topics and practice with examples of multiple-choice tests.	10 hours

Time allocated to assessment = 50 hours

5

Revision Guidance



- Use lecture slides and recordings as reminder of lecture content.
- Make use of your own lecture notes.
- Read relevant chapters from core text for the module.

6

Key Reading

Gross.

Psychology: The Science of Mind and Behaviour.

Hodder Education.

Holt, N., Bremner, A.,
Sutherland, E., Vliek, M.,
Passer, M. W., & Smith, R. E.

Psychology: The Science of Mind and Behaviour.

McGraw Hill

7

Revision Focus: Key Individuals

B.F. Skinner: Operant Conditioning	Stanley Milgram: Obedience & electric shock study	Albert Bandura: Social Learning Theory and Self-efficacy
Ivan Pavlov: Salivation of dogs to tone	Solomon Asch: Conformity & line-judgement task	Mary Ainsworth: Strange Situation
Charles Spearman: "g" factor	Wilhelm Wundt: 1 st Psychology lab in Germany	Charles Darwin: Natural Selection

8

Revision Focus: Approaches

Humanistic

- Free Will and Personal Growth

Behaviourism:

- Classical Conditioning in the Little Albert study

Health Psychology

- Focus on the promotion and maintenance of health

9

Revision Focus: Core Areas

Biological Psychology:

- **Emotion Regulation:** Limbic system
- **Dopamine:** Motor Control & Reward
- **Medulla:** Vital for life functions
- **Pituitary gland:** Endocrine gland regulation
- **Sympathetic nervous system:** Fight or flight

10

Revision Focus: Core Areas

Cognitive Psychology:

- **Serial Position Effect:** 1st & last items remembered better in list
- **Executive Functioning:** Planning, decision-making, problem solving
- **Working Memory:** Phonological loop, visuo-spatial sketch pad, episodic buffer, and central executive
- **Chunking:** Break info to meaningful units
- **Misinformation effect:** Misleading info distorts memory
- **Schema:** Mental framework for organising information

11

Revision Focus: Core Areas

Social Psychology:

- **Confirmation bias:** Seek info to confirm own beliefs
- **Social facilitation:** Enhanced performance when others watching
- **Attribution Theory:** How we determine cause of others' behaviour (internal dispositions or external situations)
- **Fundamental attribution error:** Attribute others' behaviour to their personality rather than situation
- **In-group bias:** Favour members of own group over other groups

12

Revision Focus: Core Areas

Developmental Psychology:

- **Study changes in behaviour over lifespan**
- **Formal Operational stage:** Development of abstract and hypothetical thinking
- **Generativity vs. Stagnation:** Middle adulthood
- **Zone of proximal development:** What child can do alone vs. with support

13

Revision Focus: Core Areas

Individual Differences:

- **Big 5 Personality Theory:** Openness to experience, conscientiousness, extraversion, agreeableness, and neuroticism
- **Neuroticism:** Tendency to experience negative emotions like anxiety, anger, irritability, and sadness more intensely and frequently
- **Trait:** Consistent pattern of thought & behaviour that remains stable over time

14

Revision Focus:

Ethics:

- **Informed consent:** Aware of study requirement before agreeing to take part
- **Debriefing:** Inform participants about study's aims & purpose after participation
- **Deception:** Must be justified & necessary
- **Confidentiality:** Must keep participants' information private
- **Aware of own biases:** To ensure objective & fair treatment of clients & participants
- **BPS Guidelines:** Ensure well-being of participants above all else

15

Revision Focus:

Research and Theory

- **Basic research:** To increase theoretical knowledge
- **Applied research:** To solve practical problems
- **Psychology:** The scientific study of mind and behaviour
- **5 Goals of Psychology:** Describe, understand, predict, influence, apply
- **Modularity:** Having specialised modules of the mind that handle specific adaptive problems

16

Revision Focus:

Philosophy:

- **Structuralism and Introspection**
- **Dualism:** Distinction between mind and body
- **Aristotle and Rational soul:** Responsible for reasoning and intellect
- **Hippocrates and Four humors**

17

In the Assessment 2 Exam tile on the module Moodle page:



Review the Exam Proforma

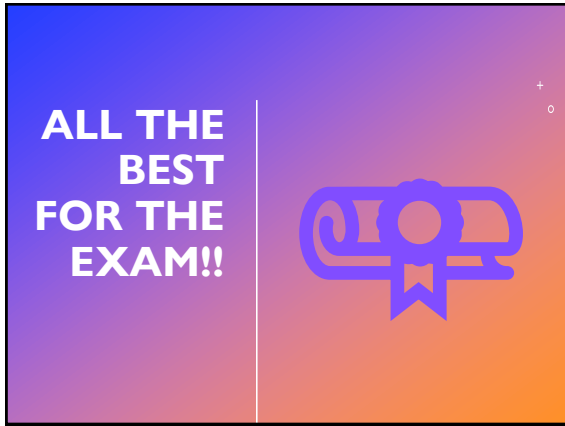


Review the past exam paper examples



Review the past exam paper example quiz

18



19
