

 Week 4 Forum

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! Cognitive bias

Confirmation bias, in my opinion, is a good illustration of cognitive bias in healthcare. This occurs when a medical professional ignores other options in favour of sticking to their initial assessment or diagnosis and searching for evidence to support it. For instance, when a young patient doesn't fit the typical profile of a heart condition, a doctor may believe that the patient's chest pain is simply anxiety. This may occasionally result in delayed or missing diagnoses. It demonstrates the significance of introspection and self-awareness in the medical field.