

# THE SKILLS AND PERSONAL QUALITIES THAT SUPPORT ACADEMIC STUDIES

According to the London School of Science and Technology “Skills are necessary for every aspect of human life. Students start learning some key skills at the beginning of their degree which will help them later in their professional life, career and opportunities. Students will have more confidence, motivation, engagement and achieve goals.” Zilionis, G. and Kaiser, A. G. (2022). *The importance of study skills in HE for learners to enhance and develop their studies further in academia* {accessed 01/04/2024}



The Institute of Fiscal Studies article states “nearly half of parents (47%) reported that their child’s social and emotional skills had worsened during the first year of the COVID-19 pandemic.” Cattan.S, Farquharson.C, Krutikova.S, McKendrick.A and Sevilla.A. *Almost half of children saw their social and emotional skills worsen during the pandemic- and economic turbulence played a role*. Published 01/08/23

The Education Endowment Foundation website highlight the importance of teaching valuable skills to children, stating that “it is valuable to look for ways of reinforcing key knowledge and skills across the curriculum, capitalising on any crossover between topics and subjects where appropriate. For example, reading the words of songs in a primary music lesson, may support and develop reading fluency, or you might build in a chance to review atomic structure when teaching a later topic in Chemistry.”



# REFERENCE LIST

- Zilionis, G. and Kaiser, A. G. (2022). *The importance of study skills in HE for learners to enhance and develop their studies further in academia*. Available at: <https://www.lsst.ac/blogs/> [Accessed 01/10/24]
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- Meta Skills - ABZ WORKS
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- No author, *Putting evidence to work: A schools guide to implementation*. {Accessed 01/04/24}
- Cattan.S, Farquharson.C, Krutikova.S, McKendrick.A and Sevilla.A. *Almost half of children saw their social and emotional skills worsen during the pandemic- and economic turbulence played a role*. Published 01/08/23. {Accessed 01/10/24}

