

Improving leisure locally...



The team at Freedom Leisure is delighted to bring an exciting update to all the residents of Swansea.

Freedom Leisure is a not-for-profit leisure trust, therefore all surplus is reinvested in support of the objectives we share with our partners and we are proud to deliver high quality, locally-focused services. Freedom Leisure was delighted to have been awarded the leisure management contract by Swansea Council in October 2018 to operate seven leisure facilities, and as part of our bid we committed to lots of improvements which are outlined in this newsletter.

In partnership with Swansea Council we have been working hard behind the scenes to make improvements and to bring our £5.1million investment plans to fruition.

Robert Francis-Davies, Swansea Council cabinet member for investment, regeneration and tourism, said: "The people of Swansea can look forward to exciting times at their local leisure and sports facilities with a programme of investment into the facilities ensuring they're fit for the future. Along with important energy improvements, the changes will prove good for both the environment and the sustainability of important local services."

"Freedom Leisure are delivering the services on behalf of the council, and we're working together to give the people of Swansea the best leisure offer we can now and in the future." Together with Swansea Council we aim to support a happy, healthy community – enabling more people to be more active more often.

So what's been happening in your centres to improve leisure locally?

The LC Swansea

Investment work has begun at the LC with a full upgrade of the gym facilities. Over £600,000 is being invested to improve the leisure provision with the introduction of the latest TechnoGym equipment where you can even watch Netflix when you train and a new functional training area - 'Threshold'.



In a bid to get the installation completed as quickly as possible there will be some disruption, however we plan to do this in areas, so there is no complete closure and always kit available. Fitness classes will continue to run as normal.

Why not come along to our open weekend on 29th and 30th June where you can try out our exciting new facilities for free? Call us on 01792 466500 to find out more.

Another exciting development starts after the summer at The LC with the re-working of the food and beverage offering bringing a wider choice and variety of food and drinks and a more efficient serving for our customers.



Visit www.thelcswansea.com to find out more and make sure you follow us on Facebook (@LCSwansea) for the latest developments.

Morrison Leisure Centre

Morrison will see a significant investment with extensive improvements to the fitness facilities.



The gym will be doubling in size and relocating to the second floor of the centre with the addition of a new lift for accessibility. There will be the latest TechnoGym equipment, a new indoor cycling area and downstairs will see a new fitness studio allowing us to offer a wider class timetable – the final details and plans are still being worked on.



We will also be enhancing the pool changing rooms creating a more modern changing facility.

Work is due to start mid-July with local firm Tad Builders appointed as contractors and will last until the autumn – through this time there will be some disruption but no complete closure of the facility. You will also be able to use the other Freedom Swansea facilities including The LC Swansea. We thank our customers for their support during works.

Visit www.freedomleisure.co.uk/morrison for more information and make sure you follow us on Facebook (@MorrisonLC) for the latest developments.

Penlan Leisure Centre

We are bringing you a brand new reception area at Penlan and a redesigned gym.



The reception area will be moved, meaning a greater customer experience and welcome at the centre with the introduction of a new entry system, so members can access the facilities without waiting. We will also introduce a 'grab 'n' go' Costa offering – which will be a great addition for our users.

The fitness facilities will see a significant investment with brand new interactive TechnoGym equipment as well as a new fitness studios and designated indoor cycling studio.

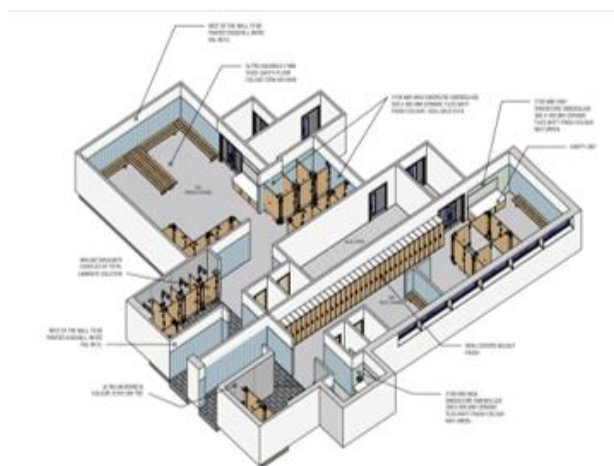


Work is due to start mid-July and Edmont Complete Solutions, have been appointed to carry out the work along with a local bespoke company Gyms9. We will not completely close for the refurbishment but during the work you will be able to use all other Freedom Swansea sites including The LC Swansea.

Visit www.freedomleisure.co.uk/penlan for more information and make sure you follow us on Facebook (@PenlanLC) for the latest developments.

Penyrheol Leisure Centre

Improvement work has started at Penyrheol with a redevelopment of the swimming changing rooms, to modernise and refresh the facilities.



There will be alternate changing facilities throughout this programme of works. We are also hoping to rejuvenate the reception area, with increased seating and enhanced retail offering.

In addition, new TechnoGym fitness is being installed and there will be new access to the gym and shower facilities, making them accessible to all users throughout the day.



Penyrheol will see a new fitness studio as well as a great new functional training space – 'Threshold.'

Visit www.freedomleisure.co.uk/penyrheol for more information and make sure you follow us on Facebook (@penyrheolLC) for the latest developments.

Cefn Hengoed Leisure Centre

Swansea Council has been successful in its application to Welsh Government for funding under the Community Learning Centres and Community Hubs Capital Grant Programme to benefit facilities at Cefn Hengoed Community School and Leisure Centre.

The grant will enable significant capital investment to facilitate the community use of the school site, and the project presents an ideal opportunity to develop the sports and community facilities to benefit the local community and the school, with the potential to bring together a range of services and facilities. These include a new indoor 3G pitch, fitness suite / studio, cafe and flexible spaces. These will all be available to the school, leisure centre users and the wider community.

The Council, in partnership with the school, Freedom Leisure, the Football Foundation, Swansea City Community Trust and other partners are working closely to secure match funding for this exciting multi-million pound scheme.

Why not join us on the 15th July from 3pm at our Community Engagement Event to find out more about what's happening in your area and to give us your feedback on this project?

Visit www.freedomleisure.co.uk/cefnhengoed for more information and make sure you follow us on Facebook (@CefnHengoedLeisureCentre) for the latest developments.

Bishopston Leisure Centre



Significant investments are being made at Bishopston with work starting on July 1st with

Edmont Complete Solutions appointed to carry out the work.

We are excited to bring you an enhanced fitness experience with new state-of-the-art TechnoGym equipment.

A new fitness studio will see the class timetable enhanced giving users a wider choice of classes and in addition to this there will be brand new, dedicated changing pods, to allow day-time usage by customers.

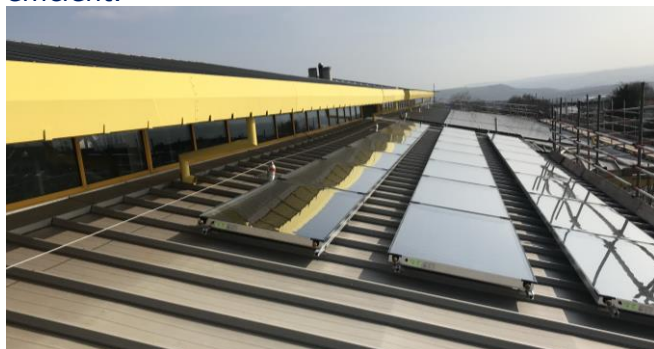
The reception area will also be redesigned, meaning a greater customer experience and flow through the centre.

If you are a member of and Freedom Leisure centres in Swansea whilst the work is being completed you can use any of the other Freedom Leisure Swansea sites including The LC Swansea

Visit www.freedomleisure.co.uk/bishopston for more information and make sure you follow us on Facebook (@bishopstonSC) for the latest developments.

Energy Efficiencies

One of the early phases of works, in partnership with sector-leading energy consultants, Leisure Energy, focuses on reducing our carbon footprint and making our Swansea centres more energy efficient.



At Morriston and Penlan, solar panels have been installed on the roof to generate electricity.

Morriston, The LC Swansea, Penyrheol and Penlan have had LED lighting installed which are more energy efficient and create increased illumination, with a more natural feel like daylight to make the environment more enjoyable for customers.

Other works across the facilities include new and more efficient air handling units at Penlan and Penyrheol and low flow yet high velocity showers at The LC Swansea. All of these will contribute to reducing the impact of the centre on the environment.

Energy savings at our Swansea facilities are estimated to reduce carbon across the facilities by nearly **500** tonnes per year. This is equivalent to taking **100** cars off the road per year or saving the entire energy use of an average house for almost **40** years!

The full extent of the schedule of works will be completed towards the end of 2019.

See you soon...

Well, that's all from us for now, we will continue to update you with all our exciting development plans as they unfold – please make sure when you visit your local centre next you update us with your latest email address so that we can keep you in the know.

Don't forget that through the exciting fitness developments across Bishopston, Penyrheol, Penlan and Morriston you are able to use all other sites including The LC Swansea.

If you have any questions or would like to know any more information about your local Freedom Leisure centre you can contact us on:

Penlan LC- 01792 588079
Morriston LC – 01792 797082
The LC Swansea – 01792 466500
Cefn Hengoed LC – 01792 798484
Penyrheol LC – 01792 897039
Bishopston LC – 01792 235040

Or you can email us on:

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