

Therapeutic Theories Reading List

Module Code	ECH 4001	
Module Title	Therapeutic Theories (Level 4)	
Classification	Reading List entry	Electronic*
Essential	Feltham, C and Horton, I., eds 2012 <i>The Sage Handbook of Counselling and Psychotherapy</i> . 3 rd ed. London: Sage	☐
Essential	Jones Smith, E. 2015. <i>Theories of Counseling and Psychotherapy: an integrative approach</i> . 2 nd ed. Thousand Oaks, California: Sage	☐
Essential	McLeod, J. 2009. <i>An Introduction to Counselling</i> . 4 th ed. Maidenhead: McGraw-Hill/Open University Press	☒
Further	Bateman, A. Brown, D. & Pedder, 2010. <i>Introduction to Psychotherapy: An outline of psychodynamic principles and practice</i> . 4 th edn. Hove: Routledge	☐
Further	Holmes, J. 2014. <i>John Bowlby and Attachment Theory</i> . 2 nd ed. London: Routledge	☒
Further	Howe, D. 2011. <i>Attachment across the Lifecourse a brief introduction</i> . Basingstoke, Hampshire: Palgrave Macmillan.	☐
Further	Kirschenbaum, H. 2007. <i>The Life and Works of Carl Rogers</i> . 2nd ed. Ross-on-Wye:PCCS	☐
Further	Rogers, C. 1995. <i>Client Centred Therapy</i> . New York: Houghton Mifflin	☐
Further	Rogers, C. 1995. <i>On Becoming a Person</i> . New York: Houghton Mifflin	☐
Further	Sanders, P. 2012. <i>The Tribes of the Person-Centred Nation: an introduction to the Schools of Therapy Related to the Person-centred Approach</i> . 2 nd ed. Ross-on-Wye: PCCS	☐
Further	Trower, P., Jones, J., & Dryden, W. 2015. <i>Cognitive Behavioural Counselling in action</i> . 3 rd ed. London: Sage	☐