

Inclusion - working, caring & succeeding

Presented by the Health Portfolio

Sara Flay is a Welsh valleys girl, living with disability and the CEO of a group of projects called Legacy International Group. A passionate advocate of disability rights and a frustrated campaigner, she found herself in the “throws” of entrepreneurship simply because no one wanted to employ a 23 year old who on some days couldn't even get out of bed due to the muscle wasting condition she was born with.

Fast forward to the end of 2015 where she developed life threatening sepsis and while recovering in 2016 a change of career focused accompanied such a life changing event. Since 2016 Sara has focused upon social impact and the way businesses and organisations affect upon the communities they operate in, focusing predominantly since 2018 on disability led projects. With 80% of their team identifying as living with disability or a long term health condition, Legacy is leading the way in building a model of employability that embraces the skills and expertise of disabled people as opposed to avoiding hiring them due to stigma and labelling society has enforced over time.

Disguised as a social entrepreneur it is safe to say that secretly Sara is an activist and campaigner at heart.



Institute of
Business &
Management

Swansea
Business Centre

Friday 14th
February 2020

10:00-15:30

Room ASG05

Come & Join

Our guest Speakers

To learn,

Discuss

& create for the

Future.



"I started working in mental health, from seeing the struggles men have to talk. This lead me to think how can I end the stigma of speaking and how can people support their own and others wellbeing. I became an Ambassador for Hafal, especially working with their young people at the start of the last year- I also believe its brilliant we are raising awareness for mental health problems, but unfortunately we're not yet giving people the toolkits to be able to cope with the awareness"

Lloyd Ashley Professional Rugby Player- The Ospreys.

For further details please contact

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