

This essay will look upon the reflection from the discussion on the hot topic of homelessness. It will use the reflective circle as the theory, it will also include six different questions in which I will reflect upon using this theory. They are description, feelings, evaluation, analyse, conclude and action. Then at the end I will conclude my experience.

In the reflective circle the first part is known as description, the topic that we had chosen was on homelessness this is because homelessness is a macro issue in the current climate. We are ideally focused on the United Kingdom instead of the rest of the world. We then that individual plans into the group and then S.Dunne came up with their overall structure for different parts. Me and S.Dunne had spoken over the phone and bounce off each other with different structures and ideas for the discussion, we then picked different parts I had chosen to do part four.

The group discussion was made up of four students, when it came to planning S.Dunne became an official leader of the group, this could be because of S.Dunne personality traits. And the fact that she wanted to get the assignment done before her pregnancy. We all did mind S.Dunne being the official team leader for the group. It gave the group a formal structure to work on and work off as well.

The second stage is feelings, this had a strong link into homelessness within the hot topic module I was quite happy that we chose to do homelessness this was because of homelessness is an ongoing issue within the global community. I was thinking that they will be a great number of different sources and information to use and that it will be able to be spread across four different parts.

The third stage is evaluation, the good thing about doing this group discussion was that we were able to overcome the adversity of not been able to meet up in person, this allowed members of our group who had busy life schedules to communicate with the rest of the group.

For myself it allowed me to communicate with other members of the team and after the initial discussion phase we were then able to go off on our own and do are parts of the discussion. I found this quite enjoyable because I was able to work at my own pace.

The issue we had during this assessment was when it came to the planning and meeting up of the different group members, this was because of the coronavirus that has halted and stopped the basic way we communicated, we then had to talk over a social media platform known as WhatsApp before the temporary lockdown of the United Kingdom happened, we did plan to meet up but due to other members being key workers and one team member being heavily pregnant, we then decided to take a prevention rather than cure method such as isolating ourselves from each other.(BBC News, 2020)

I have also found out that I find it very difficult to work in a group, even though I did try I found it very hard to communicate with other members of my team. This did make me have to look at Eric Erickson's theory of stages of development in which I had to reflect upon that and see which side (Simply psychology, 2018)

The fourth is analyse and its aim is to understand the situation, from doing the research I found that the vast majority of people are homeless and is a vicious circle, with little or no help from the government that from organisations that are trying help the situation such as crisis. I even found that such certain organisations in my local area are trying to help. There was also information on the current climate of the coronavirus the homeless community in which they are not able to self-isolate because they have no home. (Crisis, no date)

Then it is the fifth part of the theory which is to concluded my experience, I would have contributed a lot more to the group and to start the group discussion earlier, but to also be a lot more confident in my group discussion in my part. There was also room for improvement on the way I pitched my discussion on the video in the way that I communicate with the listener.

The six and finally part of the theory is the action plan and it's goal is to help if the situation happens again, if this module arises again I will do a lot more differently such as communicate more effectively with the group, to meet up more frequent in person rather than through social media apps even though we could not have anticipated the coronavirus and then to practice my presenting skills. I will also need to improve my notetaking within the lectures and to attend the lectures and much more frequent this was my downfall in this module.

To conclude that the topic of homelessness is a very large and complicated issue in which there is no easy fix, in such cases that the government want to try and fix it by 2027 will be a very hard target for them to reach.

Then to also improve on the way that I communicate within the group and within the video presentation. I have also learnt that from being a reflective practitioner I have a long way to go to reach my self-actualisation stage in Maslow's hierarchy of needs theory and from doing this module and this group discussion, I will also need to attend the lectures much more frequent now rather than online the state has had a dramatic impact on the way I processed information and I believe it is not the best way for myself to learn, from being a reflective practitioner I now realise how important it is to analyse and reflect upon your actions within the classroom and out for this will be vital in my current circumstances and in the future.

#### Reference list

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