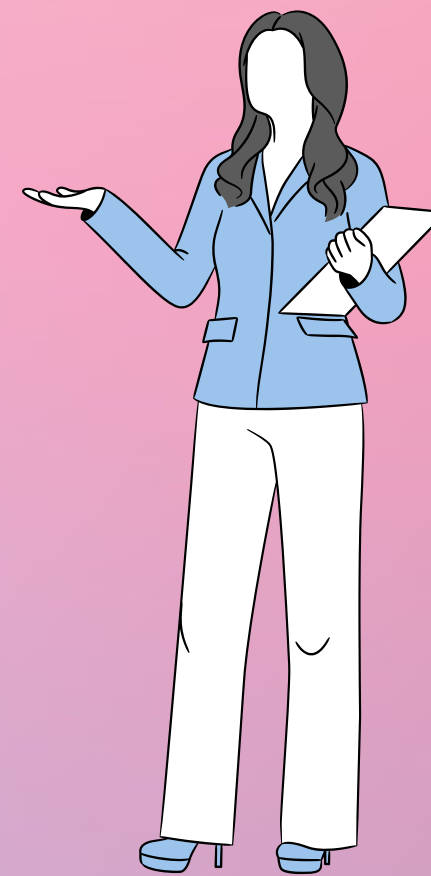


Evidence based practice Presentation



Introduction



Hello

My name is Lorren

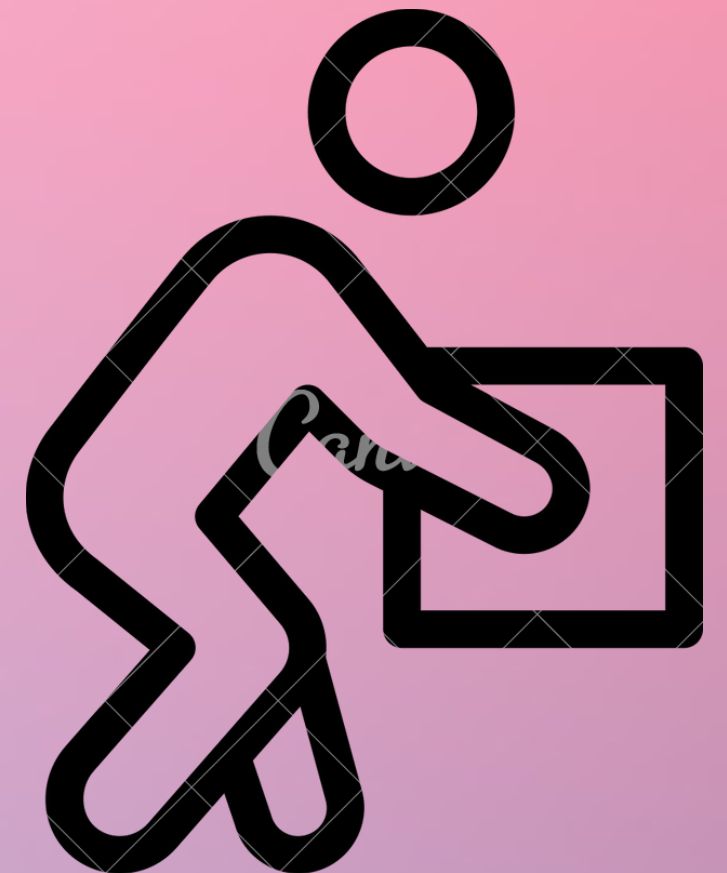
**I am currently working as a healthcare assistant in
withybush hospital in Pembrokeshire :)**

hello

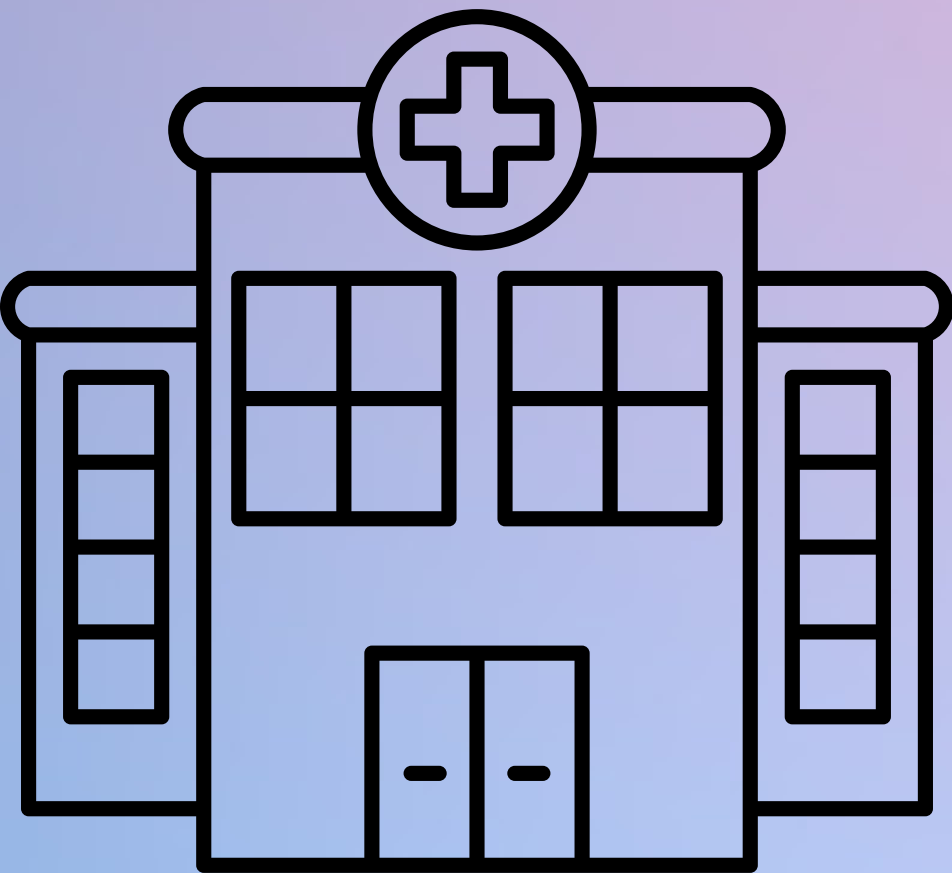


Today's topic will be..

Evidence based practice and its role for nurses in healthcare



**This presentation today will be
analysing how evidence based
practices have been demonstrated
in the workplace in a nursing setting**



**It will relate to my own personal
experiences working in the hospital**

The key themes of the presentation wil be..

- **The definition of evidence based rearch**
- **Its advantages and disatvantages**
- **Why evidence based practice is important for nurses**



What defines evidence based practice??



Developed by Florence Nightingale in the 1800s and evolving further within the medical community, evidence-based practice continues to advance in nursing

(Mackey & Bassendowski, 2017)

**Utilizing current
best evidence to
make informed
decisions about the
care of individuals**

(Chartered Society of
Physiotherapy, 2021)



**Continually
reviewing research
literature to
determine the
credibility of
information**

(National Institute of
Corrections, 2023)

There are three types of evidence in healthcare

- Evidence derived from research;
- Evidence derived from audits and routinely collected data
- Evidence derived from patient/service user experiences

(De Brún, 2013)



What are the benefits of this practice??

Cost effective

**Enhances practice
for student nurses**

**Time saving
for nurses**

**High
standards are
maintained**



Any disadvantages?



Time Limitations

**Nurses should
use their own
perspective**

**Lack of
resources and
tools for EBP**

Research can be biased

**Why is Evidence based
practice beneficial for
nurses??**



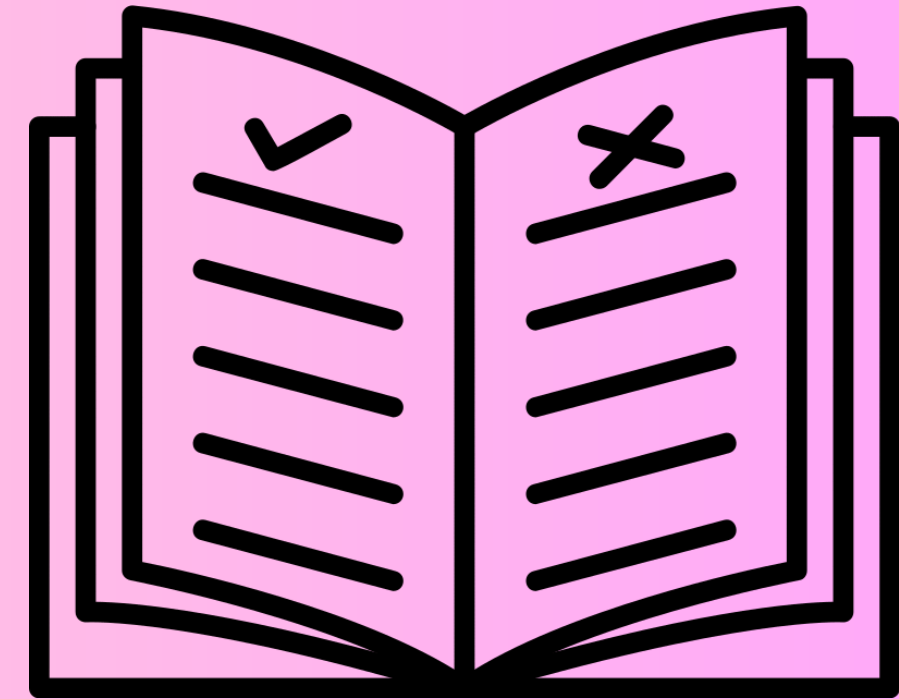
**Nursing care can be more
individualized, more
effective, streamlined,
and dynamic through
evidence-based practice.**

(Youngblut & Brooten, 2001)

**Workflow issues,
infection control,
supply
management,
charting, and
central line care**

(La Salle University, 2021)

During my own experiences working in the hospital i have demonstrated this practice by..



- **participating in company training**
- **Adehering to company manual handling procedures**
- **Keeping up to date with the most up to date policies and procedures as guidelines**

Conclusions

What have we learned from this presentation?



- **Ebp is widely used in the healthcare settings using the most up to date research, data and patient experiences**
- **It is proven beneficial but may also have some disadvantages**
- **EBP is important for nurses as it allows for more effective and streamlined care decisions for patients**

Any questions??



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