

**Weekly Planner**  
**ECPS4022 Skills for Success in Psychology 2026/27 (Semester One)**

|                                                                              | Topic                                                                                                                                                                                                                                                                                    | Key Reading                 |
|------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|
| 30 <sup>th</sup> Sep                                                         | <b>Being a student</b> <ul style="list-style-type: none"> <li>• Why are you here? Developing a psychology student identity.</li> <li>• Knowledge, belief, evidence, and AI</li> <li>• Finding, evaluating, and using academic sources</li> </ul>                                         | N/A                         |
| 7 <sup>th</sup> Oct                                                          | <b>Being efficient</b> <ul style="list-style-type: none"> <li>• Making every hour count: Time management</li> <li>• Digital literacy for psychology students</li> <li>• Referencing for psychology students</li> </ul>                                                                   | See Moodle tile for details |
| 14 <sup>th</sup> Oct                                                         | <b>Being a good communicator of knowledge</b> <ul style="list-style-type: none"> <li>• Writing as a psychology student</li> <li>• Finding your academic voice</li> <li>• Presenting with confidence</li> </ul>                                                                           | See Moodle tile for details |
| 21 <sup>st</sup> Oct                                                         | <b>Being resilient</b> <ul style="list-style-type: none"> <li>• Assessment Clinic 1</li> <li>• Resilience, mindset and learning agility</li> <li>• Working with feedback and building future success</li> <li>• Becoming a reflective psychology student</li> </ul>                      | See Moodle tile for details |
| <b>Reading Week: Monday 26<sup>th</sup> – Friday 30<sup>th</sup> October</b> |                                                                                                                                                                                                                                                                                          |                             |
| 4 <sup>th</sup> Nov                                                          | <b>Being a professional</b> <ul style="list-style-type: none"> <li>• Research participation and EMS</li> <li>• Professionalism as a psychology student</li> <li>• Teamwork, professional behaviour and working with others</li> <li>• Assessment Clinic 2</li> </ul>                     | See Moodle tile for details |
| 11 <sup>th</sup> Nov                                                         | <b>Being a psychologist</b> <ul style="list-style-type: none"> <li>• Assessment Clinic 3</li> <li>• AI and the future psychology student</li> <li>• The BPS and networking</li> <li>• Employability, confidence and professional identity</li> <li>• Final assessment session</li> </ul> | See Moodle tile for details |

16<sup>th</sup> – 30<sup>th</sup> November: No taught sessions

7<sup>th</sup> Dec  
(9am-  
12pm)

Review of your development throughout the semester

N/A